

HORROR IN SRI LANKA





worlds shattered

6 (15)

A dry and sunny day. Showers possible in the west

It will be dry, sunny and warm for many central and eastern areas. There will be patchy cloud in the west with one or two light showers possibly, especially in the afternoon. Showers in the south west in the evening.

5-day torecast

	Wed	Thu	Fri	Sat	Sun	
London	<i>ii</i> 18	с 🚓	16c 🦨	15c 👛	14c 👛	140
Newcastle	: 🚓 15	c 🦨	14c 🚓	14c 🦨	11c 👛	130
Leeds	<i>🗱</i> 17	с 🚓	14c 👛	13c 🦨	10c 👛	120
M'chester	<i>iii</i> 20	с 🦾	16c 🦨	14c 🦨	13c 🦨	140
Liverpool	<i>ii</i> 18	с 🚓	17c 👛	14c 🦨	12c 🦨	130
B'ham	🧬 19	с 🧩	15c 🦨	14c 🦨	13c 🛎	140
Cardiff	🧩 15	с 🧩	14c 🧬	12c 🛆	12c 🦨	130
Plymouth	<i>ὢ</i> 14	с 🚓	13c 🦨	13c 👛	12c 🦨	120
Belfast	<i>ii</i> 16	С 👛	14c 🚓	12c 🦨	11c 🦨	130
	2	2	3	4	5	



ACROSS

- 6 Strong, resilient (5)
- 7 Delay between events (3) 8 Discreditable publicity (9)
- 13 Air (9)
- 18 High explosive (1,1,1) 19 Improvise (2-3)

DOWN

- 1 Berkshire school (4) 2 Wound, injure (4)
- 5 Unsightly (4) 9 Bullring cry (3)
- **10** Not in (3)
- 11 Unwell (3)
- 12 Measure of alcohol (3)
- 13 Election (4)
- **14** Crazy! (4)
- 15 Iran's neighbour (4) 16 Friend, associate (4) 3 Norse god of thunder (4) 17 German river (4)

MONDAY'S SOLUTIONS ACROSS: 1 Corvette, 6 Sty, 7 Right, 9 Oban, 11 Anna, 12 Cape, 14 Real, 16 Thong, 18 Bet, 19 Cinnamon. **DOWN:** 1 Casualty, 2 Rayon, 3 Ezra, 4 Tag, 5 Atherton, 8 Inca, 10 Barn, 13 Album, 15 Egon, 17 Oui.

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LAST NIGHT'S SET FOR LIFE: 11, 22, 26, 33, 47 Life Ball: 6. No winner of £10k a month for 30vrs. **SATURDAY'S LOTTO:** 7, 8, 11, 17, 34, 54 Bonus: 4. No winner of £7.5m jackpot.

THUNDERBALL: 4,23,26,29,30 T'ball: 12. No winner of £500k prize.

or readerpix@mirror.co.uk

HEALTH LOTTERY: 28, 32, 34, 37, 40. Bonus: 11. **FRIDAY'S EUROMILLIONS:** 7, 8, 32, 41, 49

Lucky Stars: 5 & 11. No winner of £31m jackpot.

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MPs & party's grassroots step up plans to oust PM

BY **NICOLA BARTLETT** Political Correspondent and **DAN BLOOM**

THERESA May could be forced out in a matter of weeks as both MPs and the grassroots step up efforts to topple her.

Mrs May will face an unprecedented vote of confidence in her leadership after 70 local Conservative association chiefs signed a petition. Meanwhile as MPs head

back to the Commons today the 1922 committee of Tory backbench MPs will meet to talk about changing the party rules to oust the PM. Chair of the

committee Sir Graham Brady is **PRESSURE** Theresa May poised to tell Mrs May that 70% of her MPs now want her

to resign from her role. The successful petition means that there will have to be an extraordinary general meeting of the National Conservative Convention.

It states: "We no longer feel that Mrs May is the right person to continue as Prime Minister to lead us forward in the [Brexit] negotiations.

We therefore, with great reluctance, ask that she considers her position and resigns, to allow the Conservative Party to choose another leader, and the country to move forward and negotiate our exit from the EU."

Many Tory MPs are angry because they fear talks with Labour will lead to a customs union between the UK and EU - a softer version of Brexit.

Minister David Lidington will today meet members of Jeremy Corbyn's top team.

Labour have said they are waiting for the Government to make an offer.

Boris Johnson topped a poll of Conservative members asked their choice of leader to succeed Mrs May - with

almost a third, 32.4%, opting for him.

Former Brexit Secretary Dominic Raab was second with 14.7%, according to a poll of 1,128 members by the Conservative Home website. ■ Alexander Temerko – who has donated more than £1million to the Conservatives - says party backers are pledging cash directly to Tory MPs who oppose the PM's illfated Brexit deal rather than giving it to the national party.

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Plea to up UK spending

THE UK should move towards European levels of spending to end austerity, according to a think-tank.

The centre-left Institute for Public Policy Research found that public spending would rise by £2,500 per person per year if the UK matched

government spending in similar European countries,

such as France and Germany. Our government uses 40% of GDP on public spending,

the European average is 48%. Harry Quilter-Pinner, of IPPR, said: "It is economically illiterate to continue cuts."

(ipso.) Regulated

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NICE TO SEE

SERIOUS But little Louis still looks fun in jumper decorated with a dog







SO PROUD Mum Kate took photos

BY **RUSSELL MYERS** Royal Editor

WITH his knitted sweater, smart white collar and neatly parted hair, birthday boy Prince Louis looks a real chip off the old block.

The rosy cheeked royal, who turns one today, giggles as he gets covered in greenery while crawling about in the garden, proudly showing off his two little front teeth.

These adorable photographs taken by his mum Kate, the Duchess of Cambridge, have been released by the Royal Family as they celebrate Louis's

CORRECTIONS & COMPLAINTS



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TUESDAY 23.04.2019 DAILY MIRROR 3 mirror.co.uk

LOU: PRINCE'S FIRST BIRTHDA



first birthday. The youngster, who is the third and youngest child of Kate, 37, and Prince William, 36, is pictured playing in the grounds of the family's Norfolk home, Anmer Hall, in photographs taken earlier this month.

In two of the photos Louis's rosy cheeks match his red jumper.

In the third he is wearing a blue jumper with a dog motif and looks more serious – though there is still the hint of a smile from the playful prince.

The mischievous energy in these snaps is typical of the tireless tot, who loves to play with big brother George, five, and sister Charlotte, three.

A royal source said: "He is the most delightful boy, always happy and smiling. He is adored by all the family, especially his big brother and sister."

In March, Kate revealed that Louis, then about 11 months old, was an

active child. She told a fellow parent during a visit to a children's centre: "He just wants to pull himself up all the time. He's got these little walkers and is bombing around on them."

A photo released soon after Louis was born showed him being cuddled by Charlotte on her third birthday, when he was only about a week old.

In November, Kate said during a visit to Leicester University: "Louis is getting bigger. I can't believe he's seven months. He's getting a big boy."

Sporting his usual big grin, the prince was last pictured about four months ago with his family for their official Christmas card.

The little prince, whose full name is Louis Arthur Charles, is fifth in line to the throne. And vesterday the sixth in line, his uncle Prince Harry, released some snaps of his own on the Instagram page he launched this month with wife Meghan.

They marked Earth Day by sharing eight snaps showcasing their passion

happy and

smiling

for the environment, including the pair pictured in Rotorua, New Zealand, last year.

Yesterday it was claimed the security bill for their possible move to Africa could cost taxpayers around £1million a year.

Advisers are reportedly working

the pair that could mean them moving $\,$ there for up to three years. It would require a dedicated team of royal

protection officers for each of them. A security source said: "The cost of protecting high profile royals would be at least £1million a year, most likely

more with roundthe-clock personal protec-He is the most tion officers, delightful boy, in-country teams and British secuand is always rity services monitoring potential threats against them. ROYAL SOURCE ON PRINCE LOUIS, WHO CELEBRATES HIS FIRST BIRTHDAY TODAY

'It would be paid for from taxpayer funds while police and

to create a Commonwealth role for the security services are already stretched. It's a mighty big ask."

russell.myers@mirror.co.uk @rjmyers

PS: Uncle Harry put some pics out too!



BACK TO NATURE Pair on Rotorua visit

A HEARTBROKEN British holi-

daymaker lost his "perfect" wife and two "amazing" children in the Sri Lanka terror attacks.

Ben Nicholson, 43, said his loved ones were killed instantly as they enjoyed Easter Sunday breakfast at the Shangri-La Hotel in Colombo.

Fund manager Ben suffered only superficial injuries and, with his T-shirt soaked in blood, immediately began searching for wife Anita, 42, son Alex, 14, and daughter Annabel, 11.

But they were later confirmed as being among the eight Britons killed in the suicide attacks. The confirmed death toll rose to 291 last night.

Ben said: "My wife Anita, our son Alex, and our daughter Annabel were killed in the bombing on Sunday morning while sitting at our table.

"Mercifully, all three of them died instantly and with no pain or suffering.

"I am deeply distressed at the loss of my wife and children. Anita was a wonderful, perfect wife and a brilliant, loving and inspirational mother to our two wonderful children.

"Alex and Annabel were the most amazing, intelligent, talented and



thoughtful children. We were immensely proud of them both and looking forward to seeing them $\stackrel{\smile}{\text{develop}} \text{ into a dulthood.}$

"They shared with their mother the priceless ability to light up any room they entered and bring joy to the lives of all they came into contact with."
Ben added: "Anita, Alex and

Annabel leave behind a large extended family and many close friends who are now grieving this tragic loss. We shall all miss them dearly.

He gave his thanks to the medical teams at General Hospital, Colombo, for treating Anita, Alex and Annabel with "great dignity and me with kindness and sympathy".

Pushpa Zoysa, in charge of emergency triage at the hospital, described finding Ben

covered in blood and asking about his family. "He had blood all over him but he was not injured, apart from a small cut to his ear," she said.

"He just kept asking about his family. He was walking around completely alone and I feel sorry for him but there were so many dead dying and

IE EASTER MASSACRE:





My inspirational wife & wonderful children brought so much joy. They lit up every room

Tribute from devastated dad who lost his family in bomb attack

have time to speak to him more?

The Nicholsons lived in Upminster, before emigrating to

people here, I didn't 2012. Anita worked for mining company Anglo America, while Ben is a partner at an insurance law firm.

> It is feared another British family including a brother and sister – died in the same attack on the hotel.

Daniel Linsey, 19, and sister Amelie, 15, are missing, feared dead, as they

Manchester was also among the dead. Bill Harrop, 56, and wife Sally were both killed. Their son Gavin is said to have survived.

It is thought Mr Harrop, who worked in various senior roles with the fire service, was on holiday in Sri Lanka having recently retired and emigrated to Australia with his family.

blast as they tried to flee. They have

joint US and British citizenship from

A former firefighter commended for

heroism during the IRA bombing of

their London-based dad.

As station manager at Philips Park fire station, Mr Harrop and his

were apparently caught in a second colleagues were among the first crews on the scene of the 1996 IRA blast. While no one was killed, Mr Harrop and his colleagues tended to the hundreds of injured and searched for a suspected second device.

Gary Keary, Fire Brigades Union secretary, said yesterday: "The FBU is shocked and saddened to hear of the loss of Billy Harrop and his wife in the tragic events in Sri Lanka."

Last night, Colombo was in lockdown as darkness fell. The capital's streets were deserted except for police and army patrols. Soldiers with semiautomatic weapons were on guard outside the Shangri-La, Cinnamon



He just kept asking about his family. He was walking around completely alone

PUSHPA ZOYSA HOSPITAL WORKER ON BEN NICHOLSON

SIBLINGS

Three of the four Povisen children

TERROR HEARTBREAK



Shangri-La blast, identified only

the "absolute carnage"

as Sam, told a radio station of

He and a friend were

having breakfast where he

saw two men wearing back-

packs seconds before the blasts.

There were people screaming and

dead bodies all around," he said.

ASOS billionaire's heartbreak as 3 of his 4 kids killed

THE billionaire fashion tycoon behind online clothing retailer ASOS lost three of his four children in the Sri Lanka terror attacks.

Anders Holch Povlsen, 46, is Denmark's wealthiest man and the largest private landowner in Scotland after buying a string of historic estates.

He and wife Anne, 40, hold an estimated 200,000 acres of the Scottish Highlands, and had planned to rewild the landscape.

Jesper Stubkier, communications manager for Mr Holch Povlsen's wholesale fashion business Bestseller, said: "I can confirm that three children have been killed.

'We have no further comment and we ask that the family's privacy is respected at this time.'

He declined to comment on the identity of the children or whether other members of the family had been visiting Sri Lanka. It is also unknown which of the blasts claimed their lives.

BEARS

Three days before the attacks Mr Povlsen's daughter Alma shared an Instagram photo of three of the four children, calling them "three little bears", in front of a swimming pool lined by palm trees. The other three are called Astrid, Agnes and Alfred. According to Forbes, Mr Holch Povlsen is worth £6.1billion. His father, Troels, began his fashion empire with a single store in 1975.

Mr Holch Povlsen now employs 15,000 people and owns brands such as Jack & Jones and Vero Moda, along with almost a 30% share of ASOS.

He and his wife live at a former royal palace near Aarhus, Denmark. They also own 12 Scottish estates, including Glenfeshie in the Cairngorms.

Last week they said their 200-year vision for rewilding the land will be passed to their children.



said there was "lots of speculation at the moment but there is no hard knowledge" about those behind the series of blasts.

He said the UK would offer Sri Lanka support. "If there is any help that the UK can give, we would want to give it," he added.

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Mayadunne and daughter

Nisanga, thought to be aged in her

raiding a house in the capital in

the hours after the attacks.

Another 500 people were injured.

sioner Dean Haydon confirmed "at

Met Police Assistant Commis-

Three police officers were killed

30s, also died at the Shangri-La.

THE EASTER MASSACRE:



FROM JEREMY ARMSTRONG IN COLOMBO, SRI LANKA

PICTURES ROWAN GRIFFITHS

OFFICERS in Sri Lanka had known of a possible terror plot for weeks before the Easter Sunday atrocity, but the warnings were not heeded.

The nation's Prime Minister said there will be a probe into why the security services failed to act properly on the information.

He added he and his Cabinet had not been told about the warning.

Police and security chiefs now face mounting criticism.

The warning of terrorist activity first emerged on around April 4.

The PM, Ranil Wickremesinghe, admitted security services had been "aware" of possible attacks.

He said: "We must look into why adequate precautions were not taken. "Neither I nor the ministers were kept informed."

The atrocity is said to have been led by an extreme Islamist group in Sri Lanka called National Thowheed Jamath, with support from abroad.

A foreign intelligence agency had learned the NTJ was plotting suicide attacks on churches in Colombo.

On April 11, a week after the initial warnings, police in Sri Lanka reportedly circulated a document entitled "Information of an alleged plan attack" to security chiefs.

Chaos at the heart of the government meant the warnings were never passed on to the Cabinet.

A row between the President and the Prime Minister meant the PM was kept out of security meetings.

Authorities blame the attacks on an

Tip-off weeks before atrocity

Chaos led to PM being in dark

international network of extremists with possible links to Islamic State. At least seven of the attackers used

suicide vests, with Christian worshippers targeted.

A Cabinet spokesman said: "All the suicide bombers were local...

"There was an international network without which these attacks could not have succeeded."

President Maithripala Sirisena will request foreign help to track down those who helped master-

mind the plot from abroad. His office said: "The intelligence reports indicate foreign terrorist organisations are behind the local terrorists. The president is to seek the assistance

of the foreign countries."
Police said 24 people had been arrested after the blasts at churches and hotels.

There was more panic in the capital Colombo yesterday after

look at why adequate precautions were not taken

a suspicious package was found in a van.

SRI LANKA'S PRIME MINISTER ON REVELATION

We must

Armed police were deployed and officers detonated the package – around 50 yards away

from St Anthony's Church, which was the centre of one of the attacks on Sunday – in a controlled explosion.

There were reports of confusion and chaos as frightened crowds fled the area. It came as footage emerged reportedly showing one of the terror-

Only monsters would attack worshippers

TARGETING worshippers on the holiest day in the Christian calendar is beyond heinous and my heart breaks for those who have lost their loved ones.

Pakistan's PM Imran Khan branded the attacks "horrific", saying his country stood with Sri Lanka in its hour of grief.

Islam, Christianity and Judaism share many commonalities and people of all

COMMENT

three faiths have lived for centuries side by side in communities across the world.

Sri Lanka is a completely multi-cultural country with large numbers of Buddhists, Hindus and Christians. A Sri Lankan

gove radio Jam

government official claims domestic radical Muslim group National Thowheed Jamath carried out the bombings.

And whoever was behind these attacks that ripped through hotels and churches, killing hundreds and injuring many more, the timing could not be more galling.

Just as the atrocities in Christchurch, New Zealand, took place in a mosque

SECURITY LAPSE FEARS







ists going into St Sebastian's Church in Negombo before the explosion there.

FEARS

area around

vesterday

Images show a man wearing a large backpack walking into the building.

Other pictures show what some people say are blood stains on a statue of Jesus at the church.

Police sources have confirmed that the terrorists who targeted the Shangri-La hotel in Colombo had pamphlets and paraphernalia associated with extremist Islamic ideology.

The killers had checked into room

616, where investigators also found two iPhone chargers. The blast was a result of at least 55lbs

of C-4 plastic explosives, though the conclusions await formal confirmation.

Interpol is deploying a team of investigators, including experts in disaster victim identification, to Sri Lanka to assist local authorities.

Workers at the city's morgue say they faced a grim task in identifying some of the victims.

holiest night of the year when we believe

that past sins will be forgiven and future

night to pray and were fasting yesterday

Ramadan. It should be a time for soulful

As far as I'm concerned no Muslim

in preparation for the month of

reflection, prayer and peace.

Many practising Muslims stayed up all

blessings will be decided

scheduled as a national day of tribute to the mourning, while the threat of further medical and emerattacks remains.

Police found 87 bomb detonators at the main bus station in the capital.

The Queen led messages from the Royal Family to express their horror at the atrocity.

Her statement said: "Prince Philip and I were deeply saddened to learn of the attacks in Sri Lanka and send our condolences to the families and friends of those who have lost their lives. I pay

could commit acts of unprecedented violence like this.

one of us, and we condemn these attacks like all right-thinking people.

The religion of those who have fallen is of no consequence - in a mosque or a church - it only matters that we stand united against all acts of terror.

gencv services **BLAST** Security forces in position as van explodes providing support to those... injured. Our thoughts and prayers are with all Sri Lankans at this difficult time." Around 200,000 Britons visit the nation each year.

The US State Department said terrorist groups were continuing to plot potential copycat attacks. It told American citizens that

possible targets included tourist locations, transport hubs, shopping malls, hotels, places of worship and airports.

The National Thowheed Jamath was formed in Kattankudy, eastern Sri Lanka, in 2014. It had no history of mass fatality attacks. Sources claim the group had publicly supported IS.

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VOICE OF THE MIRROR: PAGE 8



BLOODIED Statue at St Sebastian's

Bombers were local but style suggests input from outside

ANALYSIS

BY **CHRIS HUGHES** DEFENCE EDITOR

THE Sri Lankan bombings are believed to have been carried out by a little-known local group called National Thowheed Jamath or National Oneness of God.

It has previously limited its insurgency to vandalising Sri Lankan Buddhist sites but its ideology follows a deep-rooted commitment to monotheism, that there can be only one religion.

This can also be taken to mean that all other religions must be destroyed, echoing the twisted beliefs of the world's biggest terror group and death cult Islamic State.

Officials say all the attackers were Sri Lankan but the style of attack suggests and outside jihadi group had input.

Security officials did receive a foreign intelligence warning of an attack by them 10 days before the atrocity. It strongly hints that communication between NTJ and an outside group was intercepted.

Perhaps the American National Security Agency or our own GCHQ listening station was involved.

Inevitably the finger has to point at IS, whose commanders in the dying days of the caliphate in

Syria ordered fighters to "go to your homelands" and attack.

The co-ordination and planning involved in these attacks also points to a major terror organisation with resources and backing. Sri Lankan minister

Raiitha Senaratne said while the bombers were Sri Lankan, the atrocities could not have been carried out without an "international network" being involved, falling short of naming IS or perhaps al-Qaeda.

Sri Lanka's government is also appealing for foreign help in identifying who the bombers were talking to internationally.

There have been reports of extremists travelling to Syria to fight with IS and returning to the country. Intelligence officers will be trying to trace them and western intelligence agencies will be going over recent communications for evidence of IS involvement.

during Friday prayers, on the holiest day of the week for Muslims, these multiple attacks on churches and hotels took

place on Easter Sunday. What kind of monsters relish attacking worshippers at prayer?

Coincidentally, the day before Easter Sunday was a significant date for Muslims too as it was Shab e Barat, the

A curfew was imposed until today,

Whoever was behind it, they are not

VOICE OF THE

United for

THE unbearable pain of families who lost loved ones in the Easter Massacre in Sri Lanka is heartbreaking.

It is impossible to imagine the agony of Ben Nicholson, whose wife and two children were so violently taken from him. Or to fail to be angry that British retired firefighter Billy Harrop will have saved many lives in his career then cruelly loses his own in a terrorist attack.

To stop bloodshed the authorities must bring to justice those responsible for the slaughter of close on 300 people and prevent terror cells sourcing fresh recruits.

Whatever assistance the government in Sir Lanka requires, Britain and the world's family of nations must provide it.

Terrorism is a global, indiscriminate enemy. We mourn the dead, comfort the grieving and stand defiant.

Rotten state

WAITS of more than a year to see an NHS dentist is our most precious public service decaying in the hands of rotten Tories.

Average delays of 16 months to get on lists in Devon and Cornwall are unacceptable and evidence of a growing crisis when parts of Merseyside and Yorkshire are said to be as bad.

Our teeth and oral hygiene are a vital part of our health, so erecting obstacles to patients receiving treatment is unforgivable.

We all must take partial responsibility for our teeth but Tory Health Secretary Matt Hancock must take significant responsibility for unacceptable gaps in NHS dentistry.

He is another self-interested Conservative who should focus on the day job instead of obsessing about how he can supplant Theresa May and be Prime Minister.

ove endures

HEARTS will be melted by elderly couple Jim and Irene Richardson renewing their wedding vows in the church where they married 75 years ago.

Times have changed since 1944 but how refreshing that love remained the one constant on their diamond anniversary.



Paul Routledge picks his comedy cabinet for the... Houses of

IF they can elect a comedian as premier in the Ukraine, why not here?

The Government is a laughing-stock, so we might as well go the whole hog and put a comic in No10.

In Kiev, voters are celebrating the victory of Volodymyr Zelensky, a satirist who plays the

part of president Petro Poroshenko on TV and is now the real thing.

He did virtually no campaigning, no interviews and published no manifesto – and romped home with 73% of the vote.

In a farcical head-to-head with his rival in a crowded football stadium, Volodymyr simply shouted: "I'm not you!" and they loved it.

We could do that. Imagine John Cleese taking on Theresa May in TV hustings at Wembley. I could sell tickets for that. And he already

has experience of government, at the Ministry of Silly Walks.

Just imagine Basil Fawlty highstepping into Downing Street: an improvement on Prime Minister's Questions.

There is ample precedent abroad, and I don't mean the United States.

There's a big difference between a fool and an entertainer. Donald Trump doesn't tell jokes. He is one.

Stand-up performer Beppe Grillo went for it in Italy, and his Five Star Movement now shares power in Rome.

Slovenia has a comedian as president, ditto Guatemala.

And we have no shortage of contenders for comedian in chief...

PRIME MINISTER

Impressionist Rory Bremner leads the field. On stage, he's been every politician of modern times - more Gordon than Brown could ever be. and a better Bush than George Dubya.

But it takes a woman to beat a woman, so it has to be "Jo Brand for Prime Minister!'

She has the wit to cut the Tories to pieces and, as an ex-psychiatric nurse, the commitment to save the NHS.

But iolly Jo needs a comedy Cabinet to rule the parliament of fools.

CHANCELLOR Scourge of the taxman Ken Dodd isn't around, so step forward Ricky Tomlinson to serve as Chancellor of the Exchequer, with a policy of

"austerity my a**e!" **FOREIGN**

Perfect for Alan B'Stard, aka Rik Mayall - all those trips abroad for taxpayer-funded nookie. But Alexei Sayle can 🕦 do the job. He's a strong

internationalist, and author of Thatcher Stole My Trousers.

EMPLOYMENT

Eric Idle is Minister for Employment, for obvious reasons.

HEALTH

Hahahaliament

Miranda Hart swaps her midwife's cape for the Department of Health. She has a better bedside manner than Jeremy Hunt.

TRANSPORT

Chris "Failing" Grayling is

a tough act to follow at Transport. I mean, how could anybody make a bigger fool of himself?

So let's try Russell Brand, never ashamed of putting both feet in where one will do. He'd cancel HS2,

once somebody told him it was a railway line, not a new recreational substance.

DEFENCE

Defence is a bit of a problem, because Labour luvvies are not really wannabe



squaddie material. The job goes to Rob Brydon, not as a reward or because he looks like incumbent Gavin Williamson, but as a punishment for all those bloody awful P&O cruise ads on the telly.

CULTURE / EUROPE

Tommy Cooper would have made a perfect Culture Secretary. "Not like that, like this!" Without him, it's Eddie Izzard, actor, comedian, Labour stalwart and doyen of the arts world. He doubles up - no problem for him - as Europe Minister.

HOME OFFICE

Who else could take over the Home Office but the star of The Office, Ricky Gervais?

He backed Jeremy Corbyn at the last election, and Tony Blair before that, so obviously he has a sense of political humour to bring to the Cabinet's bed of nails.

SCOTLAND

Naturally, Billy Connolly relocates from Los Angeles to become Scottish Secretary

MINISTER WITHOUT **PORTFOLIO**

Deadpan Jack Dee can go around being sarcastic to all the other ministers, while carrying a portfolio marked "Minister Without Portfolio" as Peter Mandelson once did.

DWP

French and Saunders are a double-act at Work and Pensions, but no post could be found for Jim Davidson - he's not funny.

BEST OF THE REST WE LOST

Oh, the treasure of comic talent that the nation has missed in bygone years! Les Dawson at the Treasury. Peter Sellers, aka Dr Strangelove, at Defence.

George Formby doing the Northern Powerhouse as well as the Liverpool Playhouse.

H-h-h-Harry Worth, Victoria Wood, Frankie Howerd and Eric Morecambe in any post.

Our Jo Brand government would put a smile on anybody's face. Except, perhaps, joyless Theresa's.

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COMEDIAN Volodymyr Zelensky, 41, first announced his candidacy for Ukraine's presidency during a televised New Year's Eve comedy performance.

Mayall as Alan B'stard

For three years he has been starring in a hit TV sitcom, the Servant of the People,

playing a teacher turned president bent on fighting corruption - and his political party has the same name as his show.

His election campaign was largely conducted in comedy shows and on social media but he won a landslide with 73% of policy so far but supports Ukraine's ambition to one day join the European Union and NATO. Volodymyr also wants Vladimir Putin's Russia to return Ukraine's annexed Crimean Peninsula.



SOAP star Hayley Tamaddon

has revealed she is pregnant

with her first baby after fearing

The former Emmerdale and

Coronation Street actress said she

was expecting with her boyfriend Adrian at the "ripe old age of 42". She said: "I'm so pleased to tell

you all. I'm expecting my first child

with my wonderful boyfriend

Adrian. I've always wanted to be a

mum and didn't think I could have

Hayley played Del Dingle in

Emmerdale from 2005 to 2007 and

Andrea Beckett in Coronation

Corrie and Emmerdale stars

including Georgia

Taylor, Samia Longchambon,

Jennie McAlpine, Bhavna Lim-

bachia, Catherine

Tyldesley, Jane Danson, Shobna

Matthew Wolfenden.

Ex-EastEnder

Laurie Brett, who

a n d

Gulati

Street for two years until 2015.

children. We couldn't be happier."

she could not have children.



ONLY 10 people know the identity of Line of Duty's baddie H, according to the show's writer Jed Mercurio.

Speculation whether Ted Hastings could be the head of the giant network of corrupt officers and criminals reached fever pitch on Sunday night.

The show creator said: "I do actually know who H is, but very few of us do.

"The number of people who genuinely know right now is less than a dozen. It's something that takes us in interesting places."

Actor Adrian Dunbar, who plays the AC-12 boss, said: "It would be strange for Ted to be a baddie."

■ Motherland star Anna Maxwell Martin appears in the final two episodes of series five as a police chief drafted in above Hastings.

VICKY'S CHOIR: PAGE 20



EMOTIONAL Tomlinson

Sad Louis: It's time I tried a new direction

BY **KELLY ALLEN**

LOUIS Tomlinson has said his sister's recent death has made him reconsider what success means.

The One Direction star, whose 18-year-old sister Felicite died last month after suffering a suspected cardiac arrest, posted a long message online, saying he wanted to "get this off my chest"

Louis, 27, said: "I feel like I've been mistranslating it for the last three years.

"Everything I've ever known, in my career, is straight down the middle pop. I couldn't help but crave a 'hit' single..

"Trying to fit into Top 40 radio when in fact maybe I should start with what I love and work from there."

He added: "Turning a page today. Enjoy today and enjoy the ride! Don't get lost on the way up."



She met Adrian after splitting from Hollyoaks star Joe Tracini. Her happy news was greeted with congratulations from other Congrats pour in from fellow stars

I've always wanted to be a mum but thought I couldn't have kids

HAYLEY TAMADDON ON

played Jane Beale, said it was

Wonderful news".

She added: "I had my one and only at 42. And I loved it."

Hayley was previously engaged to dancer Darren Charles but broke it off in 2010 when he cheated on her as she skated to victory in ITV's Dancing on Ice.

She also dated comedian Marcus Brigstocke, who left his wife of 12 years and kids for Hayley in 2011 after working with her in a touring theatre production.

She said at the time: "I still feel 21. It would be lovely to have kids in the future but for now my main concentration is my work.

"I'm not scared of nappies or screaming babies but I'm just not at that point. I'm a workaholic."

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NET LOSS Girls play game

video games does not harm their social skills but girl gamers struggle to make friends, research suggests.

Girl gamers aged 10 had weaker social skills than those who played University of Science and Technology also discovered that disadvantaged youngsters were at

The team also examined the amount of time children spent playing games with friends or

or with strangers online had less opportunity to form friendships.

NTNU's Prof Lars Wichstrom said: "Youths who struggle socially might be more inclined to play games.

Video-gaming girls 'struggle to make friends' THE amount of time boys spend on aged six to 12, revealed. problems, as were children with a Researchers at the Norwegian higher body mass index.



More to worry about as Diane carries the ca

RIGHT now the UK is knee deep in knife crime, austerity and an NHS crisis.

Mirror readers are concerned about schools, the homeless, feeding their families, climate change, religious extremism and trying to ensure their kids do not grow up worse off than they are.

I suspect they really couldn't **FUSS** Over Diane's can care less about Diane Abbott enjoying a canned mojito on a train last week.

Yes, she's the Shadow Home Secretary, and yes, Transport for London has had an alcohol ban in place since then-London Mayor Boris Johnson announced it in 2008.

Abbott broke the law. Yet that law was brought in to address anti-social behaviour on public transport. Not 65-year-old pensioners scrolling through their phones minding their own business

So while Susan Hall, who sits on the London Assembly's Police and Crime Committee, stamped her feet in indignation along with Tory MPs Paul Scully and Bob Blackman, ordinary Londoners were



Last thing on

people's minds

is a politician

in need of a

cold drink

circulated," she wrote. "I'm sincerely sorry for drinking on TFL." Cue the hashtags #istandwithdiane and #jesuisdiane as ordinary people made their feelings clear.

"I spent the day defending her even though I'm not a fan'

wrote one tweeter. Hundreds either posted cans they'd bought in solidarity or selfies they'd taken on public transport holding them in support.

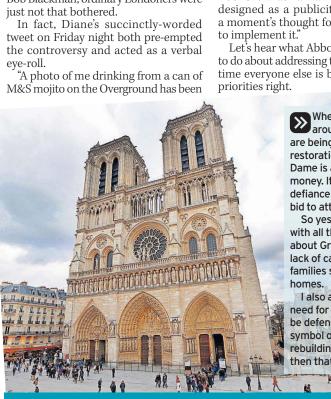
When Christians are among the many faiths being targeted around the world and this country remains paralysed by Brexit, the last thing on peoples' minds – left or right - is a politician in need of a

cold one on a hot day.

Clearly Abbott's critics haven't been on a night bus, a late-night weekend tube or the summer District Line from Wimbledon after the tennis when el vino tends to flow.

The real issue is the enforceability of that 2008 law, described back then by Transport Union general secretary Bob Crow as "a half-baked gimmick designed as a publicity stunt without a moment's thought for the people told

Let's hear what Abbott's critics intend to do about addressing that. In the meantime everyone else is busy getting their



When churches around the world are being destroyed, the restoration of Notre Dame is about more than money. It is about defiance in the face of a bid to attack Christianity.

So yes, I agree totally with all the arguments. about Grenfell and the lack of cash for the families still without

I also agree with the need for Christianity to be defended. If the symbol of that defence is rebuilding Notre Dame then that's fine by me.

So not only are teachers having to pay for stationery and books – one in five add their own cash to squeezed school budgets - they are still not being protected from violent kids and attempts to violate their personal space. No wonder so many are choosing to guit the profession.



Man takes child to edge of eroding 500ft cliff



BY **DANYA BAZARAA**

A MAN cannot resist dangerously peering over a crumbling 500ft cliff - while carrying a young child under his arm.

Another visitor also took up a position worryingly close to the edge, sitting down and appearing to take a photo of the view with her phone.

The Seven Sisters cliffs near East-

bourne, East Sussex, were a magnet for visitors yesterday. But they are gradually being eroded by the sea.

The National Trust says of the beauty spot: "It can be extremely dangerous to stand near the cliff edge and we advise visitors to act sensibly. We have warning signs in place."

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Coal racer is oldest at 72

A 72-year-old has become the oldest competitor in the World Coal Carrying Championships.

David Page came 21st in the veterans race in 20C the hottest in the event's 56-year history.

The retired handyman said: "I am happy because I was taking over a few people, a few stragglers."

It was nearly cancelled in Gawthorpe, West Yorks, last year due to snow.

A 7st 12lb (50kg) sack is carried 1,013m uphill.



Baroness Lawrence

'Fight racism within school'

THE mother of murdered teen Stephen Lawrence says schools need to step up and challenge racism from an early age.
On the first Stephen

Lawrence Day yesterday, Doreen Lawrence said children must learn to "embrace inclusion".

She added: "Education is a powerful way of inspiring young people."

Stephen was stabbed to death aged 18 in Eltham, South East London, on April 22 1993.



A DRUNK woman who forgot to change her home address on the Uber taxi app ended up paying a £275 fare after accidentally ordering a ride from London to Newcastle.

Helen Smith, 25, wanted to get back to Surrey after a boozy day out with friends in the capital.

But she forgot her address in the app was set to Newcastle, where she used to attend university.

Helen fell asleep in the back of the taxi

before waking up an hour later in Milton Keynes, 60 miles north of London.

. When she realised her mistake, she asked the driver to do a U-turn and head to her current home in Guildford. The whole trip ended up costing her £274.69.

Chemical engineer Helen explained: "I feel so embarrassed. I was a bit too drunk and just fell asleep. I was devastated when I woke up. I feel really stupid and completely ridiculous.

"I got too drunk. I'm supposed to be getting more responsible as I get older,

she got carried away while drinking with two friends in London on Friday.

When she wanted to go home at 1am, she had already missed the last train to Guildford. She decided pay £80 for the 30-mile Uber journey back to her flat, instead of finding a hotel room.

But in her drunken state, Helen clicked on her former address in Newcastle, which was stored in her online account.

She said: "I fell asleep as soon as I got

in the taxi. I woke up at Milton Keynes and I couldn't believe it. I thought I said I wanted to go to Guildford when I got in. But I can't remember what his reply was. He woke me up and said, 'Are you sure you want to go to Newcastle?'.

"I said, 'What, no. Why would I want to go to Newcastle?'. I ended up getting home at about 4am."

An Uber spokeswoman said: "We are currently looking into this issue."

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'Older women are exploited by IVF clinics'

BY **STEPHEN WHITE**

IVF clinics have been told to stop "trading on hope" after the fertility watchdog said older women were being exploited.

Sally Cheshire, chair of the Human Fertilisation and Embryology Authority, believes some private clinics are using "selective success rates".

Mrs Cheshire, 50, said she had been offered IVF treatments at a fertility show by clinic staff who were not aware of her role.

She said: "Some of the private sector clinics use very selective success rates in their sales tactics, which we are trying to stop.

'Clinics shouldn't be trading on that hope."

She also said: "We now see things like 'guaranteed baby or your money back".

The number of women having fertility treatment has doubled since 2004, to 10,835 cases in 2017.

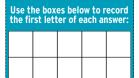


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- Entry details in Saturday's Day-2-Day Puzzle.

QUESTION 3 – Akabusi. silver medallist in the 400m relay at LA's Olympic games in 1984.

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JOINT EFFORT Pair cutting the cake

DURING 75 years of married bliss, Jim Richardson always had one regret - that he never thanked his late mother in his wedding day

Now the retired farmer, 95, has put that right as he renewed his vows with wife Irene, 94, on their diamond

Granddaughter Sandra Taylor, 52, who organised the church service, said: "I asked to put in the prayers to thank his mum for everything she did for him while she was still alive."

Jim and Irene, who met at a village dance, married on April 12, 1944, during the Second World War.

For their anniversary the couple sat and stood in the exact positions as the original ceremony, also conducted at the same time of 2pm at their local church in St Michael's on Wyre, Lancs.

Irene requested the hymn All Things Bright and Beautiful, while Jim got his wish to walk out to the Wedding March. Sandra added: "It went amazingly. They were very excited about it. The blessing was just lovely."

Among those gathered were Jim and Irene's four children, eight grandchildren, nine great-grandchildren and one great-great-grandchild. The couple later celebrated by cutting a

tall" after the blessing, adding of his marriage: "I would do it all again. I'm

can always go to one another with your troubles. It has been a lovely life."

Jim proposed to Irene as they cycled together – stopping at a wood to get down on one knee and present a ring.

They farmed in Sowerby and Treales before retiring in 1970 and moving to a bungalow in St Michael's, where they enjoy tending a large garden. Jim also worked as a snowplough driver.

Sandra said the couple were still very independent, adding: "Grandad still drives. I take him to the supermarket for shopping once a week that's all we are allowed to do."

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VOICE OF THE MIRROR: PAGE 8

Shot Brit Faye an 'inspiration'

THE family and friends of a British aid worker shot dead in Nigeria have said she was an "inspiration".

Faye Mooney, 29, died after gunmen stormed a holiday resort, also killing a Nigerian man and kidnapping three others last Friday.

Her devastated sister Ruth said: "You were my

idol. Everything I did I did for you. We were born 17 months apart and grew through this world together as women, as sisters."

Faye, originally from Manchester, worked for the humanitarian organisation Mercy Corps in Lagos. She was



BRAVE Faye Mooney

at the luxury Kajuru Castle villa near Kaduna in the north-west of the country when it was attacked. Her family said: "Her bravery and her belief in a

better society took her to places others feared.

"We are so proud of who she was and of

"We are so proud of who she was and of everything she achieved in her short life."

No group has claimed responsibility but Boko Haram and Islamic State insurgents are in the area.

Protest sees 1,065 arrests

THE number of arrests at London's climate change protests hit 1,065 yesterday after the demonstrations entered a second week.

Police cleared activists who had been occupying Waterloo Bridge but a sanctioned protest continues at Marble Arch.

The Met Police said that 53 of those arrested had now been charged.

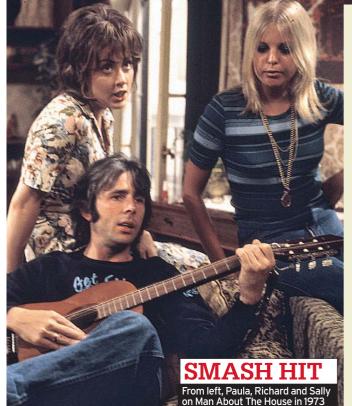
Flat fire death 'was murder'

A MURDER probe has been launched by police after a woman was found dead in a burning flat.

The body of 27-year-old Leah Fray was discovered on Sunday morning in morning in the Highfields area of Leicester.

Police said: "We owe it to this young woman and her family to find out who is responsible for her death."

MAN ABOUT HOUSE



Where are her co-stars now?

RICHARD O'SULLIVAN

Played the main role of Robin Tripp in Man About The House, and got his own spin-off show, Robin's Nest. Richard, 74, had a stroke in 2003.

PAULA WILCOX

Starred as Chrissy Plummer on the ITV hit. Now 69, married Paula has had a long career and still works.

BRIAN MURPHY

Played George Roper. Brian, 86, lives in Kent with his wife, Linda Regan, who was April in Hi-de-Hi!

YOOTHA JOYCE

Portrayed Mildred Roper, wife of George. Their pair got a spin-off show, George and Mildred. Yootha died in 1980 aged 53 of liver failure, with Brian Murphy by her bedside.

DOUG FISHER

Starred as Larry Simmonds. He also had roles in The Stud, Yes, Minister and Goodnight Sweetheart. He died in 2000, aged 59, of a heart attack.

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BY PETER ROBERTSON

t one time, in the 70s, Sally Thomsett was everywhere. Whether it was on TV, as Jo in the wildly popular Man About The House, or on the big screen in The Railway Children or Straw Dogs, she was the very definition of a household name.

Then, suddenly, she disappeared from the limelight, seemingly overnight. But that was far from the end of her story. In fact, her love life is nearly as convoluted as any plotline she's ever worked on.

Having grafted non-stop for years, Sally wanted a break. She went travelling and ended up in Los Angeles, where she married Danish film producer Claus Hede Nielsen.

A few years later, estranged from her husband, she met her current partner, Paul Agnew, and, to her surprise, got pregnant at

the age of 46 with her daughter, Charlotte. Sally, now 69 and back in Britain, has been with Paul for more than 20 years, but they have never married because she's still wed to her second husband, Claus.

She says: "I haven't seen Claus since 1985. I don't know where he is to divorce him. I think he went back to Denmark, or to LA. I'm still legally his wife, but I haven't got a clue where he is.

"What does it really matter? It's not as if he's bothering me."

Before Claus, Sally's first husband was Nigel Newman, the son of a shipping magnate. She was 21 when they wed, after five years together. She later admitted she realised she had made a mistake just six weeks after the wedding.

Years later, having Charlotte changed her perspective. She says of her career: "I thought, I'm not SO CLOSE
With Charlotte
going to be my
best while
I've got a little
child, so I won't
do any acting.

"I'll take seven years out and when she's old enough I'll go back to work. But the timing didn't turn out well. That was the time of Big Brother and reality TV starting, and they'd stopped making nice comedies.

"I've done a few chat shows and things like that, but actual acting is what I want to do. I'd say the chances of that happening are zilch.

"The actresses of my ilk who are still working are doing things like campervanning with four other famous people. No way I'd do that.

"Nor would I go on Big Brother or in the jungle – they can offer me £10million and I still wouldn't do it. But I'd still say I was very, very lucky because I'm proud of the work I did." While Sally loved performing as a child, she sometimes found auditions difficult. She recalls: "When I was 12, I auditioned for a Michael Winner movie.

"When I went in to see him, he looked me up and down and told me to turn to the side."

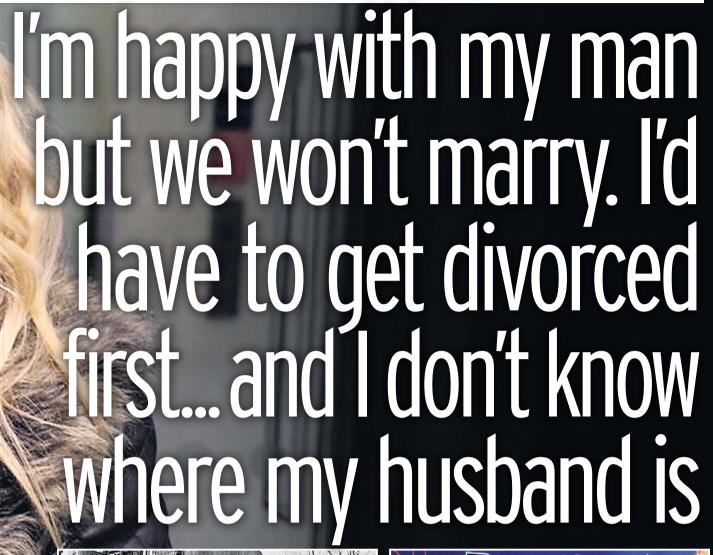
Sally says the late director made a sleazy comment about the effect her figure might have on the audience, so she walked out.

A few years later, she did a panto with a well-known entertainer, who she says told her: "Come to my dressing room, I want to discuss part of the show with you."

She adds: "I did because he was the star of the show, and he said, 'Sit on my lap', which I also did'."

She claims he then offered to teach her how to kiss. Again, she fled. But, despite those experiences, she can't really see the point in the MeToo movement. She says: "It was







Right, in 2010

CONTENT

Sally Thomsett is out of spotlight

clearly awful and has affected quite a lot of people, but it was so long ago and a different world then. I wouldn't condone anything, but just leave it.

"It's not going to do any good."
Sally made the transition from child actor to a grown-up star with ease. From the mid-60s, she appeared in everything from David Copperfield starring Ian McKellen, to classic police shows Dixon Of Dock Green, Z Cars and Softly, Softly.

"The one thing massively in my favour was that I didn't look as old as I was," she says.

And her youthful looks led to one of her most memorable roles. At age 20, she played 11-year old Phyllis Waterbury in The Railway Children – little sister to Bobbie, played by Call The Midwife's Jenny Agutter.

She says she had a "fabulous time" making the 1970 film – which starred Bernard Cribbins, 90, as station porter Albert Perks – but her favourite role was as the flirtatious Janice in psychological thriller Straw Dogs.

"For the audition I put on loads of make-up, a short dress and high boots to try and look as sexy as possible, as Janice was supposed to be a bit tasty.

"When I walked in, Dustin Hoffman, who played the lead role, was there and he was mega at the time, but so nice. Sam Peckinpah [the director] told me, 'Go to the ladies room, wash your face and take that stuffing out of the pockets in your frock'. I thought, he's rumbled me."

But she got the part. She later went on to star in six series, plus a film, of the hit ITV sitcom Man About The House, from 1973-76. Sally and Paula Wilcox played

single women sharing a flat with chef Robin, played by heart-throb Richard O'Sullivan, who Sally dated in real life. But theirs was not a starry romance, as she recalls: "I was with Richard for three years. But we never said, 'See you at eight outside the cinema'. We used to stay in and watch TV. The two of us rarely went out together."

Sally has visited Richard since he moved to a retirement home in London after a stroke in 2003. She says: "The last time I saw

> Richard, a few years ago, I went with Paula and Brian [Murphy, who played the landlord George Roper]. We had a good laugh."

It seems like Sally has a lot to smile about these days. She no longer acts, but she still gets royalties and goes

like I know them," she says.

Daughter Charlotte, who is
Sally's personal assistant, helps
manage her meetings. She says:
"We go everywhere together.
We're having such good fun that
if I did get a good role, it'd get in
the way. I'm still friends with
pretty much all the people I

conventions. And she has

thousands of followers on

Twitter and Facebook. "I feel more popular now than I've ever

felt. These people online – I feel

worked with, including Paula.

"She's done a lot of nice work since the 70s, but then she didn't have children. If that hadn't happened, I may still be carrying on. But this is much more fun."

■ Sally Thomsett is special guest at The Film Fair at Conway Hall, 25 Red Lion Square, London, on Saturday, 10.30am-4pm.

mirrornews@mirror.co.uk

> @DailyMirror

I won't go on Big Brother or go into the jungle, not for £10million. I want to act

SALLY THOMSETT ON RECENT CAREER OPPORTUNITIE



BY **adam aspinall**

THE logbook of the last female British pilot killed in the Second World War has come to light 74 years later.

Brave Lesley Cairns Murray flew Spitfires, Hurricanes, Swordfish, Defiants and Seafires doing ferrying duties with the Air Training Auxiliary.

Murray died aged 28 on April 20, 1945, when her Hudson V AM854 spun out of

control and plunged to the ground near Popes Field in Taplow, Berkshire.

Her passenger, air cadet Geoffrey Regan, 16, was also killed in the crash.

Murray was born in Edinburgh in 1917 and learned to fly under the Civil Air Guard scheme in 1939. She applied to the ATA in March 1941, finally being called up two years later in May 1943.

Her final training report in July 1944

read: "This pilot promises to become a ferry pilot of high order. She will be an asset to any pool she joins."

The ATA transported 309,000 aircraft from factories to airbases across Britain, flying unarmed and without a radio, using only a map to guide them.

There were 164 female pilots, of which 17 were killed in service.

Richard Poad, chairman of the ATA

Museum in Maidenhead, Berks, said: "Lesley Cairns Murray was the last female pilot of the ATA to be killed during war time. The ATA is a forgotten story of courage, skill and sacrifice."

Murray's logbook is being sold tomorrow by C&T Auctions, of Ashford, Kent, who expect it to fetch £1,200.

adam.aspinall@mirror.co.uk

@MirrorAsp

Thai tuk-tuk in record bid

A FREIGHT firm boss who bought a Thai tuk-tuk on eBay during "a boozy night" hopes to break a world speed record in it.

Married dad-of-two Matt Everard, 46, splashed out £3,000 for the 1971 Bangkok taxi in 2017.

He has since spent £20,000 doing up the vehicle, including installing a new faster engine.

Matt, of Billericay, Essex,

aims to break the 68mph tuk-tuk record on May 13. He said "It's potentially

He said "It's potentially unstable but fun to drive."

Mum of five's hit-run death

A MUM-of-five has died and family members hurt in a hit-and-run crash.

The woman, named locally as Joanne Bailey-Collinge, 34, was killed when her Volkswagen Polo was in a collision with a Mercedes and a Volkswagen Amarok.

Her daughters, aged four and 13, and her husband Andy, 29, were injured.

Police arrested three men in the Mercedes and are hunting the other driver after the smash in Wigan, Gtr Manchester.



Book an eye test at specsavers.co.uk



EXCLUSIVE BY MARTIN BAGOT



TENS of thousands of patients face a 16-month wait to see an NHS dentist.

Thousands are turning up at A&E in desperation to have painful teeth removed as the Tory funding crisis continues.

Dentists blamed lack of funding, with practices not paid to treat extra patients once quotas are filled.

Henrik Overgaard-Nielsen, chairman of the British Dental Association, said: "The crisis in NHS

DELAYS Dentist crisis

PATIENTS IN 16-MONTH WAIT FOR NHS DENTIST dentistry is hitting practices without dentists, and says parts of Yorkshire and fallen more than £500million in Department of Health said:

communities from Cornwall to Cumbria. Underfunding and a failed contract

patients are seeing the result."

Devon and Cornwall have 48,000 people on waiting lists, with average waits of 477 days - up from 18,500 in 2016, counhave left dental cillors there claim. The BDA

Merseyside are similarly hit.

Cornwall independent councillor Loic Rich said: "Unless we want the whole thing to go private we must do something."

Government funding has

real terms under the Tories head of population to £29.69.

A million people in pain were turned away last year, official figures show. The

"We are working closely with since 2010, from £41.83 per NHS England to improve access to dental services across the country.

> martin.bagot@mirror.co.uk @MartinBagot



as sea witch Ursula from The Little Mermaid.

the US talent show's Disney-themed week

The American Idol judge, 34, got into character

by wearing a black and purple tentacle dress for



CONTROVERSIAL Vaping

Prof's vaping advice blast

A LEADING professor has criticised watchdog Public Health England for its messages on vaping.

The London School of Hygiene and Tropical Medicine's Prof Martin McKee claimed PHE was "doing everything it can to promote e-cigs" and ignoring warnings on risks.

He said: "Nicotine in e-cigs is not a harmless drug and there are other things such as flavourings that are inhaled."

PHE has urged smokers to switch and said e-cigs are 95% less harmful than tobacco smoking.



FIXTURE Michael Owen

Footie stars' charity date

MICHAEL Owen, David Seaman, Jamie Carragher and Glen Johnson will play for England again – in aid of children's charity Unicef.

The ex-internationals will be part of the line-up managed by Sam Allardyce which takes on a World XI for Soccer Aid.

Their opponents will include Line of Duty actor Martin Compston, sprinter Usain Bolt and ex-Chelsea striker Didier Drogba.

Owen said: "It's

fantastic cause.

Soccer Aid 2019 will be held at Chelsea FC's Stamford Bridge on June 16.



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LY HUDSON

Warning: may contain sarcasm... and cats



Ooh this is sneaky. Imagine stroking your sweet, trusting pet with this new tool - la la la, nothing to see here, everything's fine and normal. I'm just giving you a lovely scratch with this nice brush I have attached to my hand. Enjoying it? Good. I'm so pleased Relax let vourself do HA HA! REALLY YOU ARE HAVING A SHOWER, SUCKER! So cruel... although actually it would only really be used on dogs, wouldn't it? That changes everything. Completely hilarious.



Going down... **Dentally** challenged Dentists have revealed that the days of perfect,

uniform veneers - a la every single reality star ever, and Simon Cowell - are over. Ariana Grande (whose gnashers appear to be - gasp! her own) has sparked a new trend, for a "wonky smile."

So people are now getting their imperfect real teeth replaced with imperfect fake ones, which definitely isn't a waste of time or money at all.



EARTH-SHATTERING **CELEBRITY BOMBSHELL**

'All the cheese. All the time."

Jennifer Garner



INVESTIGATIVE JOURNALIST OF THE WEEK

"Two questions. Where did The Easter Bunny come from? Wasn't around when I was a kid. And what has a bunny got to do with eggs? Just askin'."

Eamonn Holmes

ina tr

EMILY Maitlis is Newsnight's new female lead presenter, and will head up the show's first allfemale presenting team.

This is what she'll probably be remembered for. But it's not all she's done during her time on this planet. Emily has achieved other incredible firsts like giving an honest answer to the celebrity interview's most clichéd question.

Because when asked who she'd invite to her dream dinner party, Emily didn't agonise over the perfect list to make herself sound cultured and interesting. She told the truth.

Ten people who would ideally all say no," Emily said. "I would have that wonderful sense of, 'I asked them all, sadly they couldn't come'."

This refreshing realness proves something I've long suspected. It's great to spend time with people... but



HONEST Queen flaker Emily Maitlis

We'll be mates for life but we won't have to

see each other, which is great

> I knew my friend must be feeling the same – she is not my friend for nothing – but we were now in a stand-off. No one wants to be a premature Flaker Out-er, after all...

it's even better not to. And the sweet spot between the two is when you've made plans to see someone, which fall through.

Flaking Out is the most underrated skill of our time. It's an art form, and should be appreciated as such.

A few weeks ago I was due to have dinner with a friend I hadn't seen for ages. It had been long arranged. When the day came, it was grey, freezing and pouring with rain.

Yes, I'd have a good time if I went, but there was a bus and tube between us, and my sofa had never seemed more tempting.

In the end, I broke first, with a 2pm text, that old chestnut, "Still on for tonight? Hope so!" Meaning, of course, "Hope not!" She, obviously, left it an hour before replying (you have to continue the dance, and not be too eager) that unfortunately something had come up at work and we'd

have to reschedule. We swapped sad face emojis and all was right with the world.

The mutual Flake Out, perfectly executed. Nothing Out. cements a relationship like it. I've never felt closer to my friend, albeit the opposite of literally.

There's no doubt we'll be mates for life. Which is great, because then we don't have to actually see each other for another few years at



NAME: Tiger Woods

APPEARANCE: Handsome fluffball **SPECIAL SKILLS:** Tiger - so named because he lives on a golf course - isn't your usual riffraff, he's special. His father was a prize winning cat in Europe. He has a large helping of

je ne sais quoi about him. And as such, he expects a certain level of service from his people. For example, Tiger enjoys playing with toys very much... just one thing: they must have pink feathers. Anything without a pink feather will not only be ignored, it will be taken as an outright insult. Now that's not too much to ask, is it?

> If the feline in your life is good - or entirely reasonable - enough to be Cat Of The Week, send a photo and details to polly. hudson@mirror.co.uk

ANSWER OF

Q: Where do you work out?

Katherine Parkinson: "Work out

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A SERIES of gas explosions that followed a factory fire caused travel chaos as rail routes and roads shut.

East Midlands Trains said lines into London, Nottingham and Sheffield were "disrupted" by the blaze and blasts in Derby.

Fire chiefs said gas cylinders had exploded in the fire, which was not suspicious. No one was hurt.

Local John Collins said: "I heard four massive booms. Thought my windows were going to cave in. You can see smoke all over the city."

Hue and cry at pink door

A WOMAN in a listed home was told to repaint her pink door - after 33 years living in the house.

Janine Renshaw-Beauchamp said she was "horrified" to be told the door had to be repainted in a more conventional hue.

Cotswold District Council initially said the colour was "causing harm to the conservation area" in Cirencester, Glos.

But the council, which was criticised by locals, has said it is not planning to take further action.

OUR DAILY PUB QUIZ

The term hat trick originates from which sport?

Which Pacific islands were originally called the Sandwich Islands?

Brian Wilson Sco-founded which 60s pop group?

An obtuse angle is less than how many degrees?

5The remains of which English king were found under a car park in Leicester?

ANSWERS: PAGE 41

36 migrants in boat busts

THREE boats holding 36 migrants, including women and children, were intercepted by the Border Force in the English Channel yesterday.

The migrants, who said they were Iranian and Iraqi, were medically assessed before being handed over to immigration officials.

A Home Office spokes-person said: "Anyone crossing the Channel in a small boat is taking a huge risk with their life and the lives of their children."



Moor blaze 'started by BB

ABERYSTWYTH



MOORLAND was savaged over Easter with one "devastating" blaze possibly started by a £2 disposable barbecue.

The first erupted on Ilkley Moor in West Yorkshire. then one in a protected area at Marsden, a third at Saddleworth, Greater Manchester, and another near Tintwistle, Derbys.

In Marsden, near Huddersfield, 13 crews battled the fire over 750 acres in an area cared for by the National Trust.

Lead ranger Craig Best told how a "£2 barbecue had turned into a

firefighting bill in excess of £10,000". A helicopter deployed to carry water from reservoirs cost £2,000 an hour.

EDINBURGH

He said the "distressed" group whose barbecue started the blaze called for help on Sunday night. Conservation work worth £200,000 was lost.

Emergency services put out a 50-acre blaze on Ilkley Moor, which then reignited yesterday.

Police said one of three men arrested has been

charged with arson. The other two were released under investigation.

FIRES Marsden

BY **LOUIE SMITH**

25.0

THE "bake" holiday heatwave smashed records yesterday but temperatures will fall by more than 10C within days.

All four home nations had their hottest Easter Mondays since records began in 1910 - with England highest at 25C.

But thunderstorms are forecast to roll in from the South West tonight, bringing showers.

Temperatures will drop to the seasonal average of 13C by the weekend, with possible weather warnings.

The Met Office's Emma Smith said: "We'll see lots of thundery showers. The West and North West may see quite high winds."

England's previous 24C high was smashed in Heathrow, Northolt in Ealing and Wisley, Surrey.

Scotland hit 23.6C in Achnagart, in the north-west Highlands.

In Wales, Porthmadog and Cardiff both reached 23.5C, with 21.4C in Armagh, Northern Ireland. Eurostar services ground to a halt last night after a train heading for London hit and killed an intruder on the track near Lille.

louie.smith@mirror.co.uk

SOMETHING'S WRONG

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TODAY: TUESDAY 2019

On this day

50 YEARS AGO (1969)

Robin Knox-Johnston became the first person to sail non-stop around the globe alone. And in 2007, at 67, he was the oldest to sail solo round the world. 92 YEARS AGO (1927)

Cardiff City beat Arsenal 1-0 in the FA Cup final, the only win by a non-English side in the tournament's 147-year history.

51 YEARS AGO (1968)

The first decimal coins appear in the UK. The new currency was phased in gradually over the following three years.



Today's giggle

What do you call a man

with gravy and potatoes on his head? Stew.







Michael, 65

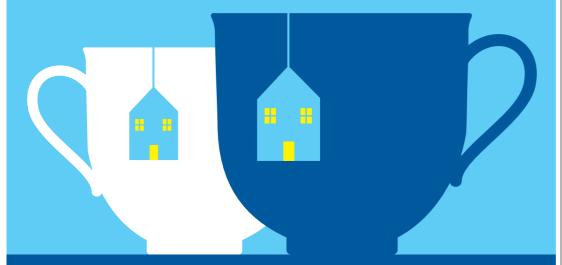
Birthdays

Model **Gigi Hadid** is 24. Her younger sister, Bella, is also a model. Slumdog Millionaire actor Dev Patel is 29. English comedian **John Oliver,** who's a big star in the US, is 42. US filmmaker and activist Michael Moore is 65. And many happy returns to Mirror reader **Janice** McKeown from Hebburn,

Tyne and Wear, 70 today. ■ If you'd like us to mention the birthday of a loved one, write to Birthdays, Daily Mirror, One Canada Square, London E14 5AP or yourvoice@mirror.co.uk



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ACTOR VICKY

ew songs could be more apt for this choir to perform than The Beatles' In My Life. As they belted out the lyrics, "there are places I'll remember, all my life, though some have changed", there wasn't a dry eye in the 2,000-strong audience.

Because all 20 members of the choir have been touched by dementia.

The inspiring group was formed by Line of Duty star Vicky McClure and the song has a special significance to the 35-year-old actress, who chose it for the choir's big performance in a new BBC documentary.

'It's all about love and memory," says Vicky, who lost her grandmother to the condition. "It struck a chord with me when my Nonna was diagnosed.

"This song is like it's written for somebody who's living with dementia. This song is about memories and sometimes we remember certain things and sometimes we won't.

"It's about love that we never forget, because it's a feeling, not a memory.

> changing her mood,

calming her

VICKY MCCLURE ON HER OWN GRAN'S DEMENTIA

Vicky formed the choir after her gran Iris died from dementia in 2015.

The choir, who all live with dementia, rehearsed over three months leading up to their big performance at Nottingham's Royal Concert Hall and felt the benefits of singing.

"My Nonna inspired me to join the fight against dementia," Vicky says. "She was very bold, bright, had a

cracking sense of humour, a very dirty laugh. The dementia stripped all that. It leaves the shell of you.

"I saw how music helped her, changing her mood, calming her down, and for a while bringing us back to the old Nonna."

The choir members range in age from 32 to 87 and are from Vicky's home town of Nottingham. Among them is ex-music teacher Rae Burton who hadn't touched a piano for 10 years after her Alzhei-

ith encouragement from Vicky and choirmaster Mark De-Lisser, the 53-year-old is able to play Ludwig van Beethoven's Für Elise perfectly.

"It's like a glorious reawakening," she says. "I feel good. It's been 10 years, I don't know where that's come from."

Mum-of-three Julie Hill was a county council deputy leader but she had to give up work after her diagnosis.

The 50-year-old says: "Before I had my diagnosis I was never in. Every day I was at work, in the evenings I was having to go to different parish council meetings. Suddenly that's all gone."

Julie raised her three daughters alone but the roles are reversed, with her girls looking after her.

Her 25-year-old daughter Erin says: "I panic about her 24/7. The last couple of months she's gotten a lot worse. Movements, speech, everything has gotten



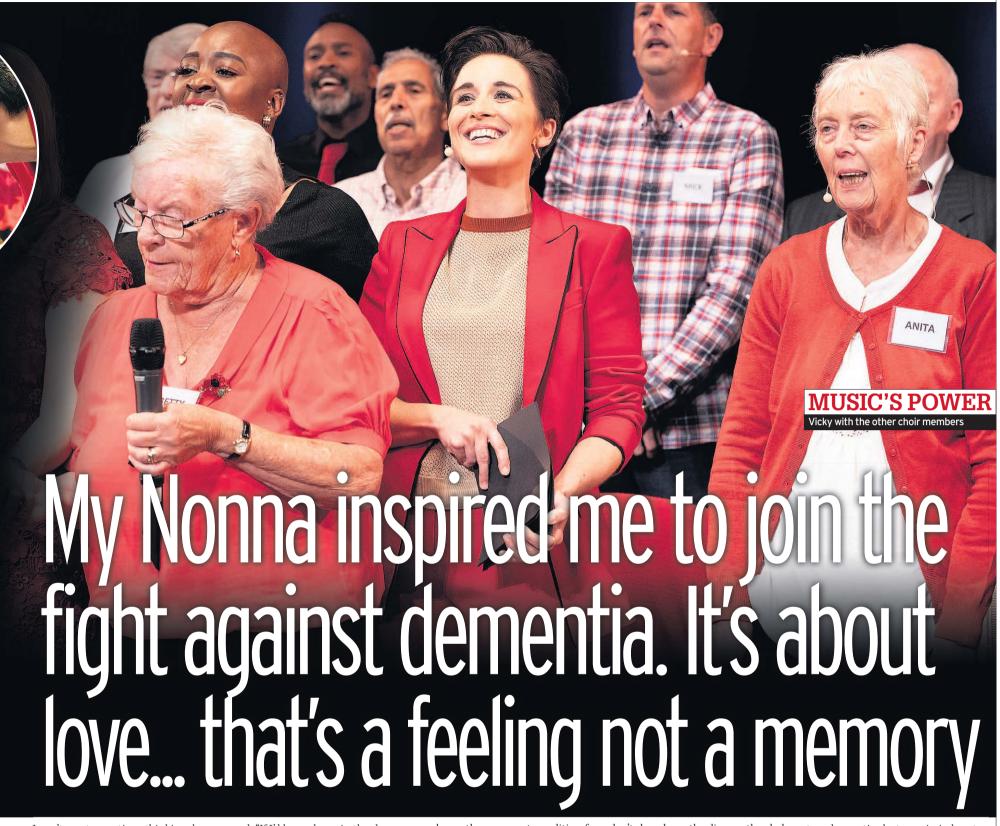
AMILY HELP Erin, mum Julie and Julie's mum Shannon

worse. We've always relied on my mum. It's hard. She doesn't like it but it's what we've got to do."

Julie adds: "Having to let the girls take responsibility for what should still be mine, your independence, having to let go to somebody else, it's really hard."

Joining the choir has given Julie a new lease of life. "Music makes you feel alive.





sorry I am this has happened to me. I don't have time," she says. "I don't know how long I've got to remember things, I need to pack in as much as I lot better," she says. A latecomer to the old Maurice Keeling can and remember it."

Choir member Betty Tattersall was diagnosed with Alzheimer's three years ago but when she puts her record player on it improves her mood. The 82-year-old sings Que Será,

I can't waste my time thinking, how word. "If I'd been down in the dumps I'd start singing. That makes me feel a

> A latecomer to the choir is 87-yearold Maurice Keeling, a former professional singer who performed for the Queen and Princess Margaret.

But dementia has robbed him of his voice and he is unable to reach many of the notes. "It's something I've done all my life and I can't do it. It's Será in her kitchen and knows every unbelievable," he says. But Maurice

works up the courage to audition for a solo part and is overwhelmed by the applause from his fellow singers.

Professor Seb Crutch, of University College London, said: "Music is really having an impact on people. Their temperature goes up in rehearsal, with heart rate and movement going down.

'This means people are focused and calm. The results related with how they were saying they were feeling. It's very positive. The drugs we've got

don't slow down the disease, they help vou to function better. Choirs do the same – they help you function.

"Music has something above and beyond being with friends and socialising. There's a special ingredient." Vicky hopes music therapy for

dementia patients will be rolled out into care homes and urges families to give it a go.

"Music is as powerful as a drug," she says. "There isn't any medication to stop dementia, but music is key to making people with dementia feel better. We've got to share this now to the masses. You'll see the benefits on vour own family."

She is determined to bring about change. "It's clear the Government don't put enough funding into research. I am passionate about looking into that," she says.

And she admits she worries there could be a genetic link. "I don't know what I'm going to die of, it could be dementia. But I can't live my life between now and whenever, worrying about it to that degree.

'We did discuss in the documentary whether I wanted a test that can give you an idea as to whether or not you have the possibility of getting dementia, but I'd rather not know." Our Dementia Choir with Vicky McClure, BBC1, May 2 at 8pm.

rhian.lubin@mirror.co.uk

Youngest member Dan, 32, has dramatic improvement after joining inspiring group

is 32-year-old Daniel Bradbury, who was diagnosed with early onset dementia two years ago.

It is caused by a genetic mutation inherited from his dad Adrian, who died from the condition when he was just 36.

Fewer than 600 people worldwide have been diagnosed with it. But

dramatically after he and wife Jordan took part in Vicky's choir.

Jordan, 30, says: "When we got there we were greeted by the most amazing, inspiring people.

"Dan's mood and how he was throughout the whole process was so much better. It was like seeing the old

time is limited, as his memory worsens by the day, and devastatingly, the dad also struggles to be around his two-year-old twins Jasper and Lola.

"His tolerance of the children is really low," says Jordan. "We have small doses, a five-minute cuddle, then we break away because Dan struggles

Daniel last year, now wants to make the most of their remaining time.

"It's the longest and cruellest goodbye," she says. "I think I've finally come to a place - not of acceptance but where I am accepting of what is happening to him. It doesn't mean I'm not angry at what's happening.'

iessica.boulton@mirror.co.uk



He's the former Made in Chelsea lothario who left the I'm a Celeb jungle because of steroid abuse. Then he cleaned up, and dished up a sickly sweet "new dad" reality TV show. Now, in what I can only think is a gift to caption writers everywhere, **Spencer Matthews** is inexplicably posing with a cock on his head. As this is a family newspaper, I'll just say he looks a bit of bird brain...

m sure it's just a scheduling freak,

but there's been a fair few maudlin

Phoebe Waller-Bridge's Fleabag and

The latest sadcom - or should that be

Ricky Gervais's After Life have grabbed

glumedy? - from the BBC3 production

line deserves to stand alongside those

all the attention - and rightly so.

 \perp comedies on TV lately.

We know winter is coming but surely it's not Christmas already? For I think I've finally found what Mariah Carey has been wanting all these years... The Iron Throne.

Maybe, it won't be Daenerys Targaryen, Arya Stark or Jon Snow taking power, but a reallife fiery dragon instead.

Prepare to bend the knee for Mariah, Queen of Divas and Mother of tantrums...



THE DIARY

with Jessica Boulton

Miliband's now a Green

So the Extinction Rebellion is storming ahead into a second week of climate change protests - as thousands vesterday flooded into London's Natural History Museum.

And with both sides of the debate getting heated, this looks set to be just the first wave in a global fight to save the planet. Yet who has stopped to

wonder what Earth would really be like if we do actually tackle climate change?

Ed Miliband certainly has. In fact, the former Labour leader rather fancies himself in Downing St. How do I know? Because

he's acting the part in a bizarre short film "What If", which currently has more than 20,000 hits on YouTube.

Made by the team behind Channel



4's The Age of Stupid, it is set in a parallel universe where the Green Party's Caroline Lucas is President of the EU, single-use plastic and petrol cars are banned, and oil corporations are going bankrupt.

However, it is the scenes with Ed playing "Fred Miliband" - that will really delight his supporters.

Addressing the nation outside No10, it appears he's finally PM as he makes the gung-ho vow: "It is our moral duty to work tirelessly with other countries to win the fight against climate change – and that is what I am now going to do!"

Clearly the film has a serious message. But fortunately for Ed – sorry Fred - it's also a world where everyone is vegan.

So there won't be a career-killing repeat of this moment...







If you've got time to count and be offended a hobby might help.

DIY SOS star Nick Knowles was hammered by a troll for overusing the word "amazing". Fortunately, he nailed his comeback.



The Bay's Lindsey Coulson refuses to be interrogated on the police drama's label as

"the new Broadchurch" - and for good reason.

"I never watched Broadchurch, which is a

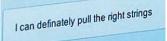
dreadful thing to say because I know the whole world has." Lindsey, 58, tells

me ahead of tomorrow's final

episode, "But Broadchurch was south so it's nice Morecombe Bay has a look in. It has a beautiful vista.' Full points for trying to entice

holidaymakers, Lindsey. But I'm not sure The Bay - with its grooming, drugs and murders - is guite the ad the local tourist board is looking for...

THE LINE OF DUTY SHOCKER WE'RE **DEFINITELY ALL TALKING ABOUT...**



No, not the grisly murder that spelled the end of John Corbett, but this telling typo that fingered Hastings.

The BBC's clearly taking its mantra to "inform, educate and entertain" seriously when typos are a plot twist.

Someone's lost their Becks appeal! Twitterer Ian Walker was looking through old editions of footie mag FourFourTwo when he scored this corker: A 1998 feature tackling the subject of what players would look like in 2020. Either they were wide of the mark with Mr David Beckham... or Posh will have



on last night's telly Back To Life, BBC1/iPlayer:

> sharp as Fleabag and as lifeaffirming as After Life. It also has a neat slice of Broadchurch-style intrigue on top for good measure.

two, though, Back To Life is as

Daisy Haggard (who co-wrote this six-parter with fellow comedy actress Laura Solon) plays Miri Matteson, a troubled yet

optimistic young woman who has just returned to her home town on the Kent coast after being released from prison.

We don't find out immediately why she'd been locked up - but we know it must have been something

> an 18-year stretch. There were also the small matters of someone painting "Psycho Bitch" on the front garden fence of the family

bad because she'd done

home, her mum hiding all the kitchen knives and her useless and brilliantly unsubtle parole officer warning her: "Don't Google yourself."

By the end of last night's second episode the picture was becoming a little clearer, although there was a tantalising suggestion that all was not quite as it seemed.

For some reason, that left me rooting for Miri and hoping that we will discover she'd been the victim of a massive miscarriage of justice.

Tempting as it is to binge-watch the entire series on iPlayer, I think I'll keep this as a weekly treat.

Back To Life fills Fleabag's old Melancholy Mondays slot perfectly.

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<u> J</u>aving a ackpool

on Blackpool seafront, posing for a photo with the crew.

Peter, 45, joined staff from Heritage Tram Tours yesterday.

The company joked: "We do love a celebrity passenger on our tours. will do instead!

"He kindly allowed a photo with the driver and conductor on Boat 600 this afternoon."

He was last seen in public a year ago at a charity screening

BY NADA FARHOUD



WAKE-UP CALL

complaints, was poor, t h e research by consumer group Which? showed. While smaller

providers pay big networks to carry their signal, the survey People are miffed found they tend to be better value

and provide better customer support than larger counterparts.

Natalie Hitchins, of Which?, said: "The continuing reign of smaller networks over the big players goes to show how important customer support and value for money are.

If you think you are paying too much or are not getting the level of service you expect... you should shop around for a better deal.

"You might save yourself some money and probably a lot of grief." One in eight customers of EE, the

BY NADA FARHOUD Consumer Features Editor THE largest mobile phone providers are guilty of poor customer service and support despite costing more than small rivals, research shows. Vodafone was ranked worst of 13 firms, followed by EE and O2. Vodafone received one-star ratings for customer service, value for money and technical support. One in five customers said the firm's service, such as handling complaints, was hang-ups Customers slate mobile providers

largest network, rated it as poor for value. It was one in 10 at O2.

For the fourth year running, Three achieved the highest ranking among the big four providers.

It got average scores in most categories, but around four in five said it was good or excellent value.

A smaller network, Giffgaff, was the only company to achieve a fivestar rating for value for money.

Almost all of its customers said they would recommend the firm to

others. Which? awarded star ratings after asking over 6,000 members to rate their provider.

EE said: "We're bringing the best experience and service in the UK to our customers."

O2 said: "We relentlessly focus on delivering the best possible service for our customers

Vodafone was unavailable for comment yesterday.

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MEDIA

TUESDAY 23.04.2019 DAILY MIRROR 25

Hay, it's Carol CAROL Vorderman bales out of

a 26-mile walk for a well-earned rest on a seat of straw.

Carol, 58, posted snaps of herself in the Brecon Beacons in South Wales over the weekend. The TV presenter said: "We

are so lucky to live in the UK. So very, very, very lucky. Look at this scenery."

She credits "getting up to mischief" with a "number of special friends" for keeping her . trim and youthful.



Slim chance of nailing Dando's killer says cop

EXCLUSIVE BY MATTHEW YOUNG



JILL Dando's murderer will only be caught if the gun which was used to kill her is found, according to the policeman who investigated the crime.

Hamish Campbell was the officer in charge after the Crimewatch host, 37, was shot 20 years ago this month.

He said: "What remains outstanding is the handgun.

"If that were to be discovered, and could be directly attributed to a person, and that person's timeline determined for **THEORY** Hamish



VICTIM TV star Jill

April 1999, then perhaps matters uld progress.

But after two decades, it becomes a remote possibility. The Dando investigation is

clear on what evidence it has at a forensic level, and what the witnesses said they saw or heard or knew in 1999. They remain unchanged."

Jill was gunned down on her London doorstep on April 26, 1999.

Barry George, now 59, was jailed for the murder in 2001 but the conviction was quashed in 2008.

TV investigator Mark Williams-Thomas last year claimed he had been given the name of the killer.

But Mr Campbell said all "new leads" that crop up as years go by should be questioned.

Especially when persons state the theories through the media or TV, and not the police," he said.

m.young@mirror.co.uk 🏏 @MatthewYoung7



Mirror OFFERS

Angela Woodhouse's choice of the best deals and ideas for your garden



WALL-MOUNTED METAL ROOSTER CLOCK

Now £19.99 plus £3.95 p&p

This elegant garden wall clock features a rooster perched on top and an attractive spiralpatterned bracket. It has a Roman numeral face with black time hands. Simply mount to your preferred wall or fence using the sturdy built-in mount (screws not supplied), and keep track of time while you are enjoying long lazy days in the garden. Constructed from powder-coated steel for durability, this clock makes a handy addition to any garden or conservatory. Requires one AA battery (not included). Measures diameter 60.3 x D4cm.

G2625 Metal Rooster Garden Clock



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Simply push the metal spike into the ground; ideally in a position where animals have been active, along paths or around flower beds. Its PIR motion sensor will detect cats that enter the controlled area and emit an ultrasonic sound for five seconds. The pest will learn to associate the noise with its own movement, leading to a change in behaviour. It covers a 110-degree arc, to a distance of up to 26ft (8m), giving a total unobstructed working area of 286 sq. ft.

If the cats have a habit of feeding and fouling in your garden, it can take 14-28 days to deliver the full deterrent effect. Occasional visitors will usually be stopped within a week. Powered by three x AA alkaline batteries (not included). Measures: H26 x W8cm.

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Sept £269pp | Oct £249pp Price exclude baggage & transfers - these are available at a supplement please call for further details

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HEALTH

Isn't menopause a woman's issue should men be muscling in on it?

An estimated 13 million women in the UK are now experiencing menopausal symptoms - and among them is likely to be your wife, sister, boss, mum, friend.

A woman's quality of life can be significantly affected by the symptoms, which undoubtedly mean yours will be too.

Ruth Devlin, author of new book Men... Let's Talk Menopause (Practical Inspiration Publishing) wrote her guide "to help men understand this phase in their partner's life", pointing out that many "know something is going on but feel at a loss as to how to help".

A quarter of women say their relationships have been affected. One in 10 have seriously considered giving up work completely. And research from menopause website healthandher.com reveals 25% of women want to reduce their working hours because of their symptoms. This will obviously have a knock-on effect for everyone.

Menopause is also seen as one of the last taboos – pretty much at the stage where

discussing pregnancy was 25 years ago. Having a supportive partner can help a woman through this time more seamlessly. Demystifying the subject helps everyone.

What exactly is the menopause?

■ All women experience the menopause differently and there is no "one size fits all" set of symptoms or solutions.

Officially it is defined as when a woman's periods have stopped for a full 12 months and she is no longer able to get pregnant. This happens when her ovaries stop producing eggs and levels of hormones – particularly oestrogen – begin to fluctuate and fall.

As these hormones become more erratic, this leads to typical symptoms of perimenopause (the time leading up to the menopause, which lasts on average around three to four years but can be longer) until her periods stop completely.

On average, women hit the menopause at 51 or 52 but it can happen anywhere between the ages of 45 and 55. It is not a disease or an illness - it is a completely natural time in a woman's life, but symptoms like hot flushes, interrupted sleep, tiredness, anxiety, memory problems, mood swings and low selfesteem can leave her feeling vulnerable and struggling.

How do you know when your partner/ **U**mother/sister/ colleague is going through it?

Even experienced health professionals who work with menopausal women often don't recognise the symptoms in themselves, so it's not easy.

It is also complicated by the fact some women breeze through with no symptoms, around 80 % experience some and a small percentage have such debilitating symptoms they find it difficult to function. This is not helped when things like achey joints, tiredness and brain fog can also be simply chalked up to signs of ageing.

Some women can also be reluctant to talk about their symptoms - feeling they will be conclusive evidence they are old and dispensable - and to admit to it at work can make them seem weak at a time when job security is already precarious.

What you can do is familiarise yourself with as much available information



There is no your partner and openin probably a give like forgetfulnes less visible but which seem unnecessai feeling hopeles sharp, capal hers Doctors p distres

BROUGHT Take a TO YOU BY Break's

PUZZLE MAGAZINES

Quizword & Crossword

Two sets of clues, two different answers - all on the same grid. Choose one or the other.

PUZZLE:

Ouizword

ACROSS

- **6** 2001 comedy-crime film starring Nicole Kidman and Ben Chaplin (8.4)
- 8 1991 comedy-drama film starring Steve Martin and Victoria Tennant (1,1,5)
- Oliver –, South African politician; president of the ANC from 1967-91 (5)
- 10 Department of northwest France capital Alencon (4)
- Paul Best Actor in a Leading Role Oscar winner for The Color of Money (6) Young eel (5)
- 15 See 13 Down
- Capital of
- Norway (4) 19 The - 1961 film
- comedy starring Tony Hancock and George Sanders (5) Another name for Vitamin A (7)
- 22 Engineer who designed the bouncing bomb used by the RAF in 1943's Operation Chastise (6,6)

DOWN

- John -, director and co-star of 2018 horror film A Quiet Place (8)
- 2 In Greek mythology, the infinite space that existed before creation (5)
- Collective name for the sepals of a flower (5)

- **6** 1941 romcom starring Gary Cooper and Barbara Stanwyck (4.2.4)
- Author of novels Mantissa and
- 11 C M –, England Test cricketer who took 7-50 against Pakistan in Birmingham
- 12 and 14 Down Region of the northeast United States including Rhode Island and Vermont (37)
- 13 and 15 Across
- See 12 Down
- Small Furasian mammal closely related to the weasel (5)

Jenny –, actress who played Jessica 6 in 1976 action film Logan's Run (7) Steve –, 1986 Commonwealth

- 800m gold medallist (4)
- Daniel Martin (4,6)
- in 1978 (3)
- 2010 novel by Jane Costello (2,6,6)
- 2004 film drama featuring Matt Dillon, Sandra Bullock and Don Cheadle (5)
- **20** Alan -, US astronaut; a member of the Apollo 12 mission (4)

Solutions in tomorrow's

Crossword

20

ACROSS

10

15

- 6 Small songbird (5,7) Liquidiser (7)
- Follow (5)
- Slip or blunder (4) 10 Teasing language
- or repartee (6)
- 14 Of the monarchy (5) Topics (6)
- 16 Area of
- mown grass (4)
- **19** Of the eye (5) 21 Assumed identity
- or character (7)
- 22 Malinger (5,3,4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW! Call 0903 655 6060 (60p/min) to hear FULL SOLUTIONS to CROSSWORD and QUIZWORD,

and to hear 5 EXTRA CLUES for CROSSWORD and QUIZWORD too! Or text CROSSCLUE or QUIZCLUE to 61011 (£1/text) for 5 clues

DOWN

- 1 Bonding
- substance (8) Takes notice of (5)

Take a break

- To or in pieces (5)
- 4 Store of weapons (7)
- Bereavement (4)
- Occupation of a dwelling place (10)
- Device worn on the ear (7,3)
- **11** Lettuce (3)
- 12 Wide inlet
- of the sea (3) 13 Cloth for
- drying dishes (3,5) 14 Annul or repeal (7)
- 17 Malice (5)
- 18 Prink (5)
- 20 Pulls with a rope (4)

Two-speed coffeebreak

Two sets of clues - but the answers are the same

Cryptic clues

ACROSS

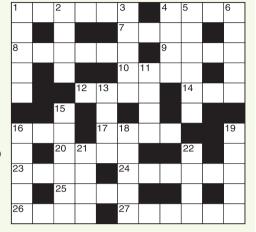
- 1 London police gets everyone an implement (6)
- 4 Agreement sounds full (4)
- Tiny part of a cat (4)
- Man set out part of a flower (6)
- Remove during jousting (4)
- Youngster has wrong rig left (4)
- 12 God of both orders (4)
- Swimmer feeling around (3)
- **16** Lashed around tree (3)
- 17 Window sounds
- a nuisance (4) 20 Now editors have to
- have been obliged (4)

 23 Equal with one couple (4)
- 24 Harm barrier, with time (6)
- 25 Yield a plant ovule, say (4)
- 26 Still in the venture (4)
- Calculate new shape of conker (6)

DOWN

- 1 Craftsman's mother and child (5)
- 2 Pale sort of spring (4)
- 3 Got an alternative routine (5)
- **4** Not good at needing money (4)
- Talisman gives a stubborn fellow time (6)
- **6** Whole time alto was performing (5)
- 11 Press club (4)
- Expect chap will get work (4)
- Excellent selection (6)
- Enough to have beer with politician (5)
- 18 Mathematical crawler (5)
- **19** A shade naive (5)
- 21 Navy bird? (4)
- 22 Rely on financial institution (4)

Solutions in tomorrow's Daily Mirror



Quick clues

1 Wooden hammer (6)

- Alliance (4)
- Particle (4)
- 8 Flower part (6) Evict (4)
- 10 Child (4)

ACROSS

- 12 Norse deity (4)
- **14** Long fish (3)
- 16 Burnt matter (3) 17 Sheet of glass (4)
- **20** Was indebted to (4)
- **23** Brace (4) 24 Injury (6)
- 25 Surrender (4)
- **26** Level (4) 27 Estimate (6)

TERMS & CONDITIONS: Calls cost 60p/min plus your phone company's access charge. Texts cost £1 + 1 standard network

rate message. SP Mi Telecom Ltd. Helpdesk 0330 880 6060. Min age 18+. All lines close midnight tonight except where stated. Std Trinity Mirror Rules apply, see www.mirror.co.uk/rules.

DOWN 1 Artisan (5)

- Jump (4)
- 3 Ballroom dance (5)
- 4 Impecunious (4)
- 5 Lucky charm (6)
- 6 Sum (5) **11** Metal (4)
- 13 Aspiration (4)
- **15** Option (6)
- 16 Sufficient (5) **18** Viper (5)
- Colour (5)
- 21 Small bird (4)
- 22 Shore (4)

Solutions in tomorrow's Daily Mirror

CHECK THE SOLUTIONS NOW!

TWO-SPEED COFFEEBREAK 0903 655 6060 (60p/min)

The name game

Hidden in the grid is the name of an English city. Answer the guestions, then rearrange the letters corresponding to your answers to fill in the name.



BOX1: Where in the human body would you find the labyrinth? Inner ear (N)

Small intestine (O) Brain (S) **BOX2:** What colour is a Welsh poppy?

(pictured) spent 19

Red (T) Blue (E) Yellow (A) BOX3: Stanley Matthews

years playing for which English football team? Manchester United (H) Nottingham Forest (A)

Stoke City (B)

BOX4: A modern trumpet has how many valves?

Two (L) Three (G) Four (M)

BOX5: In a game of Cluedo, what is the only character surname to follow the title Colonel? Mustard (R) Green (N) Plum (O)

BOX6: The name of which English county, when missing one letter, becomes the name of a region in Italy? Dorset (R)

Kent (U)

Cumbria (I)

BOX7: Leopold Bloom is the central character of which novel? Ulysses (M)

Brave New World (W) Treasure Island (C)

BOX8: Which capital city does NOT appear in a Frank Sinatra film title? Rome (F)

London (H) Paris (K) **BOX9:** What would be collected and studied by a lepidopterist? Butterflies (I)

Leaves (E)

Stamps (A)

BOX10: Who was the first British monarch to be seen in a moving picture? George IV (B) Edward VII (G)

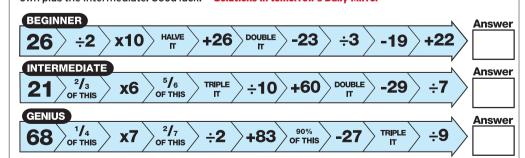
Solutions in

tomorrow's Daily Mirror



30-sec brain teaser

Boost your brain power with our 30-second test. Start with the number on the left and follow the instructions. Beginners should aim to complete the puzzle in 30 seconds. Intermediates should finish their own puzzle and the Beginner's Challenge. Genius players have 30 seconds to complete their own plus the Intermediate. Good luck! Solutions in to





Solve our ten-letter anagram below

Solutions in tomorrow's Daily Mirror



THE **ORIGINAL**



BROUGHT **Take a**PUZZLE TO YOU BY **Break'S** MAGAZIN

£75 Codebreaker

We've taken a completed crossword puzzle and replaced each letter in the grid with the same number throughout. The starter word TOW shows you that 5=T, 6=0 and 2=W, so write these letters wherever their numbers appear in the grid. The completed grid will include all letters of the alphabet. Remember, none of the answers are proper nouns. Solutions in tomorrow's Daily Mirror

ABCDEFGHIJKLMNØPQRS//UVWXYZ

1	2	3	4	5	6	7	8	9	10	11	12	13
	W			_	0							
14	15	16	17	18	19	20	21	22	23	24	25	26

to be won!

HOW TO ENTER: Call 0901 293 3000 (£1/call) and tell us which letter is represented by the number '1' in today's Codebreaker. Or text DMCODE and your answer, name and postcode to 61011

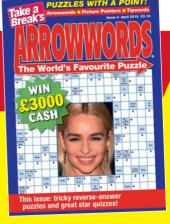
(£1/text). The winner will be drawn at random after lines close at midnight tonight FOR 5 CLUES: **0903 655 6060** (60p/min) or text **CODECLUE** to **61011** (£1/text) for 5 clues

Last Tuesday's winner: Cynthia Haslam, Derbeyshire

Calls to 5 CLUE LINES cost 60p/min plus your phone company's access charge. Texts cost £1+1 standard network rate message. £75 CODEBREAKER ENTRY calls cost £1/call plus your phone company's access charge.

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16	6	21	24	18	5		17	26	16	8	13	12	23	17
12		24		1		21		13		24		23		26
21	12	18	26	8	13	24		9	13	26	23	5	24	3
23		9		7		11		26		21		3		23
12	23	26	21	24	15	1	26	4	19		3	1	23	24
17		12		4		23		26		9		21		5
25		3	26	5		4			17	6	6	24	19	
5				12		⁵ T	⁶ O	² W		12				16
	13	26	3	10	26			26	-	23	6	8		26
24		21		24		11		22	-	18		24		12
18	4	26	3		8	3	6	2	8	24	26	5	24	23
4		9		21		12		6		5		2		13
6	1	5	18	12	14	24		3	24	5	18	12	23	26
3		24		3		14		20		12		22		23
5	26	3	17	24	5	24	21		2	26	11	5	24	21



THE ORIGINAL

Just a bit of fun

Which one of our four definitions is correct?

HUMDUDGEON

- 1 Person who's behaviour is dishonest or insincere
- 2 Ordinary, banal 3 Basement with
- good sound acoustics
- 4 Imaginary illness

Solutions in tomorrow's Daily Mirror

Angela Woodhouse's choice of the best deals and inspiring offers for your home

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Picture pointer

Arrowwords are like crosswords, but the clues are printed inside squares on the grid. Write your answers in the blank squares in the direction indicated by the arrows. Solutions in tomorrow's Daily Mirror

Most peculiar	▼	Display	Annual prize for peace	₹	Pimples	₹	Gained freedom	Courage, bravery	Gloomy	▼					
Bops to music	*	*	*				Computer screen (1,1,1)	▶▼	*						
Celine —, Think Twice singer	•				Burns slightly	•						1	1		V.
Ţ							US city,	>			The second		Ma.		
Daisy- like flower		Wedding assent (1,2)		Clumsy	Examine deeply	•	Vegas								
llower		∀		*			John —, British actor		Shri ll bark			S. C. R.			1
Make use of	Caribbean republic		Drench		Actress, — Hannah	*	₩		*		Ploy, subterfuge	₹	Leans	¥	Michael —, presenter
→	*		*		₹	Take the wheel		Side by side	→		*				
Greek holiday island	_	Chosen	>					Catering guru, — Leith	>				The heavens		By itself (3,2)
.						District		Inspect accounts	Dozing	>			*		*
Reduce the strength of		Spiced beverage, — latte		Book of the Bible	→	*		*	Snuggle cosily	•					
•		*		Plump	•						Chest muscles (colloq)	Addiction clinic?		Located	
Nits	Shallow boat		Shoplifting deterrent (inits)	Radial or cross-ply?	Gesture with your head	•			Cat —, TV host	Urge	→	*		*	
Agree- ment	≯		*	*	Children's author, — Blyton	•			*	Weird, uncanny	>				
.					— of Base, Swedish pop group	Meta l container	Fresh- water fish	•					Christmas festival		Sme ll strongly
Succulent		Large area	>		*	*	▼	Snare		Leo —, 1970s singer	>		*		*
.▶											Cornish town	>			
					→			Positive electrode		Fruit machine option	₹	Electronic detection device		Soviet revo- lutionary	
	4500				Corrie's Mrs Sharples	Liam —, ex-1D member	•	*		*		North American deer	>	*	
1	76	16	3	- 1	Anti- aircraft fire	▼	— low, stay hidden		Combine	>					Outlaw, — Kelly
		4		L	Shipping paper, — List	•	*					Tavern, pub	*		*
	-		1	1	Provide assistance	•			Overboard actress, — Hawn	>					
	1		1		Goalie							Conclusion	•		

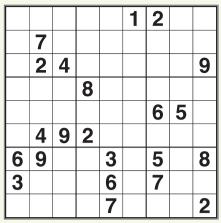
EASY SU-DOKU



The rules for Su-doku couldn't be easier. All you have to do is fill the empty squares so that each row, column and 3x3 block contains all the numbers 1 to 9.

Solutions in tomorrow's Daily Mirror

SU-DOKU TOUGHIE

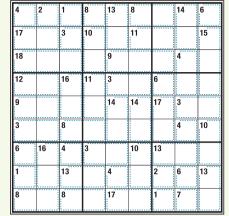


The rules for Su-doku are easy, but this one's a toughie! Each number from 1 to 9 must appear only once in each horizontal and vertical line, and only once in each 3x3 grid. **Solutions in tomorrow's Daily Mirror**

CHECK THE SOLUTIONS NOW! Call **0903 655 6060** (60p/min) to hear **SU-DOKU 5 NUMBER CLUES** or **FULL SOLUTIONS** to the easy and toughie su-dokus.

Or text **EASYCLUE** or **TOUGHCLUE** to **61011** (£1/text) for **5 CLUES**

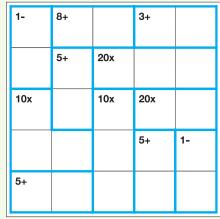
KILLER SU-DOKU



Killer Su-doku is based on the traditional grid and every column, every row and every 3x3 box must contain the digits 1 to 9. But the dotted squares must be filled with numbers that add up to that in the left corner.

Solutions in tomorrow's Daily Mirror

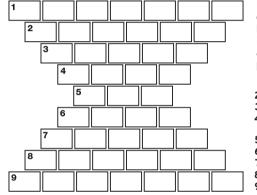
HITOSHII



The totals given in the areas bounded by bold lines (cages) can be the result of addition, subtraction, multiplication or division. The numbers 1-5 can appear once in every row and column. Note that numbers can be repeated within cages.

Solutions in tomorrow's Daily Mirror

Brickwork



Enter the solutions to the clues in their numbered layers of the wall. Each word must be an anagram of its neighbours, plus or minus one letter.

- 1 Short newspaper article
- 2 Partial, one-sided3 Incidental remark
- Speaker's raised platform
- 5 Help, assistance 6 Keen, enthusiastic
- Backless sofa
- Enter by military force 9 Dodging, eluding

Fivers

From the letters of the words given below, form six five-letter words to fit the grid. Three letters have been inserted already and here is a clue to the first word reading across: Employees



Bingo



61

68

HERE are the numbers for Day 2 of Game 15 on your Bingo card. TO WIN a full house £250 prize all

15 numbers on the **Game 15** grid
must be correctly crossed off with the **Daily Mirror numbers.** If you're still short by Saturday, buy the Sunday Mirror and the Sunday People for more numbers and the chance to win a £100 prize.

TO CLAIM Call 01420 525501

(Rol 01 868 8620). Lines are open today 10am-3pm due to the bank holiday. If you get a full house on any other day, you will need to phone and make your claim on the following Monday. No responsibility accepted for failure to call within stated hours. Terms as published. Std Reach Rules apply, see www.mirror.co.uk/2019bingorules

SU-DOKU TOUGHIE

9 3 8 1 5 4

3 1

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5

Hide'n'seek wordsearch

Exercise your artistic side with this wealth of creative words. Two artistic pastimes are revealed with the leftover letters.

ow's Daily Mirror

Solutions in tomorrow's Daily Mirror

ACHIEVE BEGET BUILD CARE CAUSE CLEVER DEVELOP DRAW UP ELECT ERECT FABRICATE FASHION FERTILE FORMULATE GENERATE GIFTED INSPIRATION INTENT **INTRODUCE MAKE**

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MANUFACTURE NOURISH ORDAIN ORIGINAL PLAN

PROLIFIC SECURE RAISE SPAWN RENDER STAGE RESOURCEFUL SUPPLY

TALENT THINK UP VISIONARY **YIELD**

YESTERDAY'S SOLUTIONS

CROSSWORD

ACROSS

13. Last 15. Motive

17. Dogleg 19. Dunk

20. Apiarist 23. Torpedo 24. Trade

25 Small

26. Aries

DOWN

1. Nappy 4. Grabs 10. Close 11. Comrade 12. Omelette

QUIZWORD

- **ACROSS** Globe

- Olive Rowan Hokusai Disraeli
- 13. Utah
- Rabbit **Taurus**
- 17. 19. Cusp
- 20. Bulawayo 23. Oil Palm 24. Ellis
- 25 Monza
- 26. Lyons

DOWN

- Lewis Benjamin 2.
- Visitor Fredericton
- Chile
- Vichyssoise 14. Vasarely
- 16. Basilio
- Jumma Adlon 21. Adlor 22. Jazz

2. Adore 3. Preserve 5. Ramp 6. Bradawi 7. Accommodate Bradawl

- Acute 9. Get-together 14. No matter
- 16. Tantrum 18. Spoof 18. Spoof 21. Image 22. Hell

TWO-SPEED COFFEEBREAK

ACROSS: 1. Tempo, 4. Label, 7. Ado, 9. Beaten, 11. Wing, 12. Elm, 13. Benefit, 15. Eclipse, 18. The, 19. Note, 20. Depend, 23. Age, 24. Sense, 25. Gaped.

DOWN: 1. Table tennis, 2. Pat. 3. Ode, 5. Brief, 6. Light-headed, 8. Once, 10. Arm, 13. Bap, 14. Nee, 16. Latin, 17. Soda, 18. Tie, 21. Egg, 22. Pea.

NAME GAME

BAND OF GOLD 1F, 2L, 3O, 4G, 5O, 6D, 7D, 8B, 9A, 10N.

CODEBREAKER

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PICTURE POINTER A A N S

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EASY SU-DOKU

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HITOSHII

KILLER 20-DOKO								
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BRICKWORK

HIDE'N'SEEK WORDSEARCH

MIRRORGRAM

GAMFKFFPFR

A dab of oil or grease

30-SEC BRAIN **TEASER** Beginner 37

Intermediate 111 Genius 3

JUST A BIT OF FUN

1 Small paper lantern

2

1 4

1 Soldier, 2 Soiled, 3 Solid,

4 Idol,

5 Oil **6** Lion,

7 Lingo, 8 Goblin, 9 Ignoble

MINDBOGGLER

1 Rigmarole.

3 Springbok.



30 DAILY MIRROR TUESDAY 23.04.2019

mirror.co.uk/ horoscopes

Aries March 21-April 20

You can't always get what you want. Don't give up on a cherished dream but accept that you may have to wait for the right time to achieve your goal. Your instincts about when and where to make your move might be slightly off today but very soon, your intuition will be back on track

For more call **0905 789 4171** (80p/min + networ access charge)

Taurus April 21 - May 21 People are looking to you for leadership. Your team may be inexperienced or uncertain of how to progress and it will be up to you to devise a plan and make certain everything goes according to expectations. Put your skills to good use and you will be a good help to people working on a special project.

For more call **0905 789 4172** (80p/min + network access charge)

Gemini May 22 - June 21 Recently you have had to be resourceful. It may have been necessary to delay a big purchase due to money problems. Today, either you or your partner will receive some wonderful news that should get your bank balance in the black. Someone has something to celebrate so get ready to party.

For more call **0905 789 4173** (80p/min + netwo

Cancer June 22 - July 23

Whatever plans you had for the day will need to be pushed to one side as other demands need your attention. If your family life is starting to suffer due to you working long hours, it is time to make some changes. Cut back your hours and start putting your loved ones first.

For more call **0905 789 4174** (80p/min + network access charge)

Leo July 24 - August 23 Someone is using their power to intimidate others and some people aren't as sure of themselves as they look. A colleague doesn't want you to know how threatened they feel by your ambition. The reason you struggle to reason with them is because they see you as a potential rival.

For more call **0905 789 4175** (80p/min + network access charge)

Virgo Aug 24 - Sept 23 You aren't as certain about your feelings or as confident about your aims as you are making yourself out to be. Don't let your ego interfere with a close relationship.
Be open to discussing touchy topics. Also, by putting your ego aside you won't take constructive criticism, personally

For more call **0905 789 4176** (80p/min + network access charge)

Libra Sept 24-Oct 23

You thought you were certain about making a bold move but now the time has come you aren't so sure. Someone with a powerful personality is making you doubt yourself. There's something in the back of your mind making you question your decisions. Lean on a Taurean for support.

For more call **0905 789 4177** (80p/min + network access charge)

Scorpio Oct 24 - Nov 22 An unexpected situation could arise that will demand your attention. If you are needed in an emergency, you won't let anyone down. You'll be able to make quick decisions and you won't hesitate to swing into action. There's a change in someone's behaviour but there's no time to consider this.

For more call **0905 789 4178** (80p/min + network access charge)

Sagittarius Nov23-Dec21 Something you find in the back of a cupboard or a letter that falls out of an album will make you wonder about your family history. After talking to an older relative, you might start planning a trip to visit the land of your ancestors. You're keen to find out more about

For more call **0905 789 4179** (80p/min + network

vour roots.

Capricorn Dec 22 - Jan 20

Even if you are dying of boredom inside, it is critical that you continue to perform your job well. Try to look as if you are enjoying work and vour boss will be suitably impressed. Glowing reviews will improve business. Are you looking for work? Explore jobs involving education or advertising.

For more call **0905 789 4180** (80p/min + network access charge)

Aquarius Jan 21 - Feb 19

You have a chance to undergo a dramatic transformation. Intuitively you feel this is right for you and yet you are still holding back from making this change. If you fail to take that leap you will look back on this moment and wonder: why, didn't I? It is natural to feel nervous about a new phase.

For more call **0905 789 4181** (80p/min + network access charge)

Pisces Feb 20 - Mar 20

You feel compelled to sever ties that no longer bring you pleasure. Let go of associations and situations that do not serve you well. Next you will want to build on and strengthen any important relationships. It feels wonderful to be with someone who isn't afraid to express their feelings.

For more call **0905 789 4182** (80p/min + network access charge)

Calls cost 80p per minute plus your telephone company's network access charge - maximum of 5 minutes duration. You must be over 18 and have the bill payer's permission.

Service provider Spoke. Helpline 0333 202 3390



TEXT**'SISTERS'** + YOUR QUESTION TO **61011**

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CARTOONS























Perfect pasta BBC Good Food daily recipe to collect

Penne with chorizo & broccoli

Fuse Italian pasta with spicy Spanish paprika sausage in this midweek supper with greens and cream cheese

400g penne

small head of broccoli, broken into small florets

200g cooking chorizo, diced

2 garlic cloves, crushed

1 tbsp fennel seed

200g low-fat cream cheese with garlic and herbs

Parmesan and rocket leaves, to serve

Cook the penne following pack instructions, adding the broccoli for the final 3 mins. When cooked, drain, reserving a splash of the cooking water.

Meanwhile, fry the chorizo in a large dry releases its oils. Add the garlic and fennel seeds, and cook for 1 min more. When the penne is cooked, tip it into the pan with the chorizo, Add the cream cheese, stir together until melted, adding a splash of the reserved cooking water so the sauce coats the pasta.

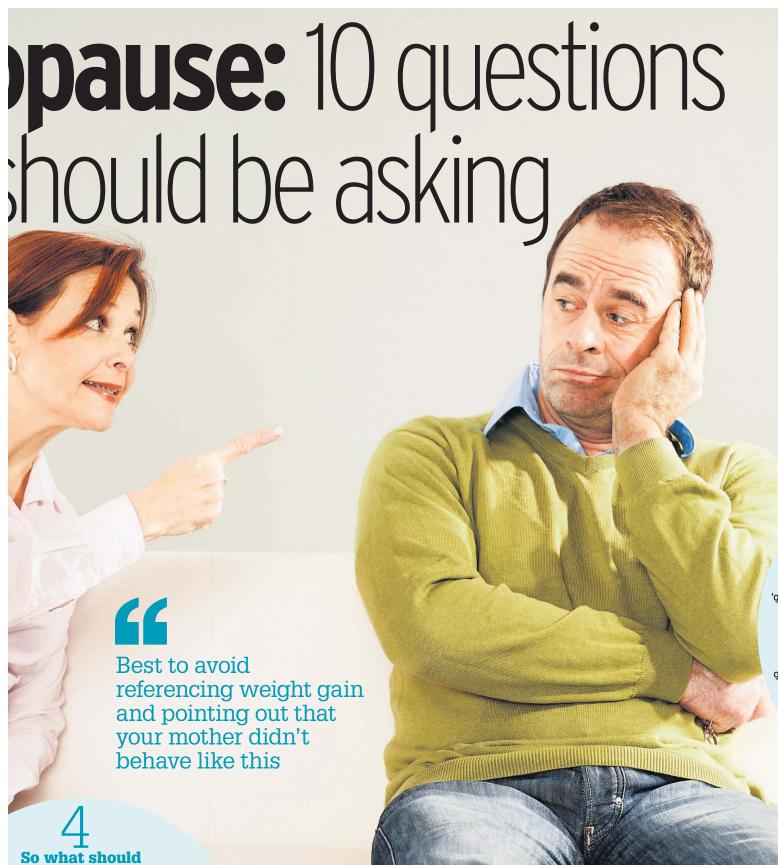
Serve in bowls, scattered with a few Serve in bowls, scattered with a leaves and some grated Parmesan, if you like.



33 MY SON'S LIMP TURNED OUT TO BE CANCER
34 DR MIRIAM STOPPARD

Be your best

GET IN TOUCH YOURHEALTH@MIRROR.CO. UK EDITED BY AMY PACKER



neat set of symptoms you can tick off, but if is spending the nights flinging the duvet off g the window in the middle of winter, this is away. The psychological symptoms, however ss, anxiety, loss of confidence and identity - are can be more disconcerting. Be alert to changes out of character - is she biting your head off rily, bursting into tears often, talking about is without any seeming reason? Is that strong, be woman in your life increasingly doubting elf and getting upset and forgetful?

I look out for?

ised state fearing they are in the early ges of dementia, not realising these could be menopausal symptoms. as possible so you are better placed to empathise and help.

I can't do a thing right - how do I cope with her mood swings?

had with the part of the pausal woman in their life, and it can be a testing time for any relationship. Psychologist Dr Megan Arroll, co-author of The Menopause

Maze says: "Don't take things personally: the anxiety, brain fog and sleep disruption associated with the menopause may be causing some out-of-character behaviour like a short temper and mood swings – but once symptoms are under control, she'll be back to herself."

Should I suggest she starts taking HRT?

The Government's National Institute for Health and Care Excellence (NICE) and the British Menopause Society (thebms.org.uk) say this is statistically the most effective treatment for

menopausal symptoms. Many women rave about how it makes them feel like "themselves" again. On the other hand, many manage their symptoms well with lifestyle changes like a balanced diet, regular exercise, sleep and a herbal supplement – so it is entirely her decision how she approaches it.

Realistically, how can a man help?

"Do your research," says Dr Arroll.
"Find information about the menopause yourself as it can be hard for someone struggling with symptoms to explain

everything. When discussing it, be mindful to communicate with compassion as women sometimes feel they are at fault for not coping well enough. This will help solidify your relationship and allow it to evolve into its next phase."

All the experts say women who eat well and exercise are more likely to have an easier menopause, so suggest you both try to get healthier. Exercise together, eat nutritious food and try to cut down on alcohol.

Does the menopause mean the end of our sex life?

A small number of women find their libido increases, but most find the reverse. It is helpful to understand this is the result of her hormones and be aware of how the dip in oestrogen is likely making her feel – tired, sweaty, possibly with sore and tender breasts and a drier vagina that can make it harder to become aroused or orgasm.

Many women also find they start to carry extra weight around their middle so they may not want to be seen naked.

Hard as it is being on the receiving end of sexual rejection, the likelihood is she feels just as conflicted about her lack of interest and enjoyment as you do.

Don't pester her into having sex. Be patient – this is a transitional phase.

What should a man definitely not say or do?

Author Ruth Devlin says: "Never, and I mean never, say, 'oh it must be your hormones...' or 'go and take a chill pill'. These comments will just rile her." Ditto any mention of being dried-up, hysterical or mad. Referencing weight gain is probably best avoided, as is mansplaining the menopause or pointing out that your mother didn't behave like this. A bit of humour can go a long way to help challenging conversations but take your cue from her. Dr Arroll adds,

'Be patient. It can take time for a women to find treatments and strategies to manage her symptoms and navigate her way through the

menopause maze."

Is there anything I can buy for her to make her feel better?

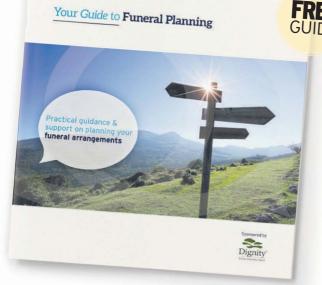
You could invest in a fan for the bedroom and possibly a duvet each so if she wants to fling hers off in the night, you are not left out in the cold.

Some good quality essential oils could also prove useful. A 2016 study showed that inhaling lavender essential oil twice a day over 12 weeks reduced menopausal hot flushing, while geranium oil may help alleviate anxiety in menopausal women.

And in 2014, researchers found postmenopausal women who used neroli essential oil reported an increase in sexual desire.

BY **JANE COLLINS**

HAVE YOU PLANNED YOUR FUNERAL YET?



ost of us don't like to think about it, however planning and arranging your funeral in advance makes good sense. Especially when you consider how the cost of funerals has risen over recent years. But where do you start?

Funerals can be complex and confusing, and making a wrong decision with your plans could cost you or your family thousands of pounds, as well as stress for them when

the time comes. So we've teamed up with Dignity, one of the UK's most respected and experienced funeral specialists to help you with this.

It's the first step to helping you make the right choice

PRACTICAL ADVICE AND SUPPORT

Dignity have sponsored an independent, easy to read and informative 'Guide to Funeral Planning', produced by specialists in the over 50's market, and they are offering a FREE copy of this to all Mirror readers.

> The guide provides practical advice and support on helping you plan your funeral arrangements in advance. It tells you about the different ways of doing this, plus the costs involved. So to find out the best solution for you, contact

us today for your free copy.

Request your FREE independent 'Guide to Funeral Planning' today and at the same time receive your Mirror

Money Funeral Plan guide

provided by Dignity



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Find out more by calling FREE on **0800 633 5154**, quoting MGNL99ND

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Once you have enquired Dignity will act as an independent Data Controller and process your personal information to provide you with further information about the funeral plan, this may involve contacting you to confirm you have received all the information that you require. Dignity will also process your information for our legitimate business purposes as defined in our Privacy Policy. For more information on how we use your information, or how to opt-out please see Dignity's Privacy Policy at www.dignityfunerals.co.uk. "Dignity" is comprised of the Dignity Plc Group

How we share your information

As you have been introduced to Dignity by The Mirror we will share limited information about you with them to prevent duplicate communications, and for our own business processes.

32 DAILY MIRROR TUESDAY 23.04.2019



SHE'S best known as the straight-talking, feisty face of Saturday night telly, working as a judge on Britain's Got Talent, and before that, Strictly. But Alesha Dixon isn't always as confident as she might want her audiences to believe.

"I've definitely been crippled by fear," she says. "At school I was a contradiction. Outwardly, I was a confident, brave individual who went for it and was unafraid. But inside, I always had a niggle in my brain, moments of self-doubt which made me question my abilities."

Alesha, 40, first rose to fame as the MC in girl group Mis-Teeq back in 2001, but only now realises she has been suffering from imposter syndrome since being a child.

Self-doubt is a common problem

that can affect anyone, no matter how successful they appear to the outside world. But feelings such as nagging selfdoubt or a fear of being exposed as a fraud are signs of imposter syndrome.

In a study, hair brand TRESemme discovered 88% of working women in the UK have experie n c e d imposter

syndrome at some time. And one in be there or not." four admit they haven't pursued a professional dream because of a lack of confidence.

Alesha, who works as an ambassador for the brand, says: "For most of my teenage years most things petrified me.

"I remember being terrified to even pick up the phone to enquire about a street dance class I liked the sound of - but once I did, within two weeks I had been approached about joining the band."

Alesha had an imposter syndrome crisis when she took the leap from



JUDGES Alesha with Amanda and Simon on Britain's Got Talent

contestant to judge on Strictly Come Dancing in 2009.

"I wouldn't have said yes to the job if I didn't think I couľd do it, but when it was announced I was joining the judging panel there was so much negative feedback and I really started to question myself," she admits.

T felt quite down but eventually I was able to make myself look at the bigger picture. I had to tell myself I

wouldn't have been offered the job if I wasn't capable, and I ended up having the best three years - it's one of the best jobs of my life.

"I could have spent three years on that panel feeling like an imposter, feeling insecure, but you only get one life and I realised there was no point wasting it by questioning whether I should

I was terrified

about a street

dance class.

weeks I was

approached

the band

about joining

But in two

to enquire

Alesha says having a name for her feelings of insecurity has helped her find ways to deal with it.

"It makes it easier to figure out practical things that can help you overcome it, even if that is simply being more aware that this is just something your brain is telling you, so you can fend off the negative thoughts."

Over the years Alesha has tried her hand at everything from designing her own jewellery range to writing children's books about a girl superhero. Now she is attempting to

forge a new path as an actress, but yet again her imposter syndrome has been giving her self-doubt.

"For a while I've been saying I want to try acting because it's a new challenge and it is something creative that I have always wanted to do," she says. "But there is a little voice that I haven't quite got to grips with yet that says, 'Are you good enough to do this?'. When I go to a casting I question myself and in a way that is holding me back.

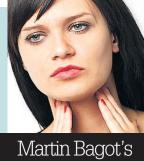
'It's a tricky one because once you get that first job and get that confidence from experience, you'll be OK when you walk into the next audition. But before you do, stepping out of your comfort zone is scary and there is still a part of me that feels like an imposter."

Having recognised the problem for what it is – all in her head – Alesha now finds her self-doubt easier to cope with. "One of the things I've found most helpful is deciding that I'm not afraid to fail. When I go to an audition for an acting role, I'm out of my comfort zone so I have self doubt, but I've managed to get to the point where I'm not afraid to be told no or for something not to work.

"Now I see it as an opportunity to learn rather than it being a negative - the things that are the making of you are the moments when you are most challenged.

"I've always had strong instincts which have been a good guide for me, and while I've definitely been crippled by fear, I don't allow that fear to stop me from trying - and that's the most important thing."

■ TRFSemme has teamed up with the International Centre for Research on Women to create the Presence MasterClass, a live three-day course available free online next month. It aims to help women clarify their professional ambitions and equip themselves with the tools to not only look their best, but to speak and act without feeling inadequate. See tresemme.com/uk/ powervourpresence.html



Autoimmune diseases, in which the body attacks its own healthy tissue, are on the increase

Some estimates say a fifth of us have malfunctioning immune systems, with many aoina undiagnosed.

One common autoimmune disease, particularly among women, is Hashimoto's thyroiditis. Named after the Japanese doctor who first described the condition in 1912, it is triggered when the immune system attacks the thyroid gland which produces crucial hormones.

Symptoms can include tiredness, weight gain. bloating and depression.

A clinical trial of 34 women found going gluten free drastically improved patients' conditions. Sarah Brookes, nutritional therapist at the online Autoimmune Hub, said: "This adds to the growing evidence that gluten is associated with Hashimoto's and many autoimmune conditions."

The study was published in the journal Experimental and Clinical Endocrinology and Diabetes.

■ Half of tea drinkers believe having a brew before bed disrupts their sleep, research reveals. And they could well be right, according to Lisa Artis, adviser at The Sleep Council. "Caffeine blocks the sleep-inducing

chemicals in the brain, making it harder," she

Meanwhile New York University

has reviewed more than 8,000 websites to identify the 20 most common assumptions about sleep.

Among the top myths not backed up by scientific research was that people need just five hours.

Lead author Rebecca Robbins said: "Sleep is a vital part of life that affects our productivity, mood, and general health and well-being.

■ MARTIN BAGOT is the Mirror's Health Correspondent

Son's limp from garden fall was a killer cancer

ALISON Biggs knew something wasn't right when her nine-year-old rugby-loving son Frankie cried after falling over in the back garden.

But she never imagined the incident in July 2015 was the first sign of the cancer which would take him from her just two years later.

'Frankie's nickname was Frank the Tank, which he got from rugby because he was so strong no one could pull him to the ground," says Alison, now 42.

'He never moaned about anything and he never got upset - so for a fall to bring him to tears was quite something."

After the fall Frankie developed a limp, so his mother took him to their local surgery, where she was told he had ligament damage.

Frankie saw four GPs over the next nine weeks and was eventually referred for physio. Alison says: "I was told he



RUGBY FAN Frankie, right, with his family

had to have three sessions before they would even think about an MRI, but when I caught him coming down the stairs on his bottom as his knee hurt so much I decided enough was enough."

She took him straight to their local hospital in Epsom, Surrey.

"Again we were told it was ligament

damage but I refused to go anywhere until they gave him an X-ray," she says.

"Finally a doctor said, 'If this child has been walking like this for nine weeks, it must be checked'. From that moment, everything was on fast forward."

The X-ray revealed Frankie's kneecap was broken. "They took blood – though I couldn't work out why they needed to and put his leg in a cast," says Alison.

'Next thing we knew, they were cutting the cast off for an MRI - and by early evening my husband Lee and I were told it was cancer."

Frankie had osteosarcoma, the most common type of childhood bone cancer, and the tumour in his left leg had broken his knee cap in half.

By the time it was discovered, the disease had spread to both knees and he had 20 small tumours in his lungs.

'We were mortified," says Alison. "How do you tell a nine-yearold child he has cancer? The doctors asked if he had been unwell or developed



would be cancer."

end of October, just before his 10th birthday, and in January surgeons removed half the bone from his thigh down to the middle of his shin and gave him a bionic leg.

"He was going to be the first child in Surrey to have two bionic

monitoring with CT scans every couple of months and they said everything was

sarcoma is very clever and things went downhill very rapidly."

getting older son Alfie, now 13, ready for school and heard Frankie coughing. "I went to check on him. There was blood everywhere. A tumour had burst a blood vessel in his lung," says Alison.

was removed, but a week after he came out of hospital the family was dealt another blow - he had a seizure and a scan revealed the cancer was in his brain. Alison says: "When Great Ormond Street sent their palliative care team to see us I knew it meant they

stubborn I still wanted to try to beat it, so we started treating him with cannabis which Lee had spent weeks researching," says Alison.

"It didn't cure the cancer but it worked brilliantly as pain relief. The one thing I can take from the whole experience is that Frankie didn't die in pain.

"After the lung operation he made me promise not to send him back to hospital. The GOSH team left us with three boxes of drugs, but Frankie didn't need any pain medication because of the CBD treatment.

"Osteosarcoma is a brutal condition and we watched other children passing out in agony and being pumped with ketamine which didn't even touch the sides. But Frankie remained very chilled and relaxed to the end.

"The night he passed away, on January 31, 2018, he had multiple fits and we realised he was bleeding internally. I managed to knock him out with anti-seizure medication GOSH had left for us and said to Lee, 'Phone for an ambulance, I can't do it any more'.

"Frankie died on the way to the hospice. He was mad about cars and it's what he would have wanted - to go out driving at 100mph with blue lights flashing."

Seventy-five children and teenagers are diagnosed with osteosarcoma a year and the disease, lagging behind other

cancers in terms of new treatments, has been prioritised by the National Cancer Research Institute.

The overall five-year survival rate is around 50% due to a lack of research investment.

"They say osteosarcoma is rare, but I'd see a different child in the hospital every week. And over two years we watched six kids we became really close to pass away," says Alison. "After Frank died we

wanted to do something in his name and a family looking good," says Alison. "But osteo-BATTLER With dad Lee after leg op dren With Cancer UK

and the Bone Cancer Research Trust in the same room."

In memory of Frankie, the two have joined forces to advance research into osteosarcoma, bringing together 60 research scientists worldwide.

"It will be Frank's legacy," says Alison. "I read every year people donate £38m to a donkey charity in Devon, but so many children are dying it can't be right.

"I want my son's name out there as it might make people give to childhood cancer research instead. Hopefully we can start to save lives."

■ To donate or find out more visit childrenwithcancer.org.uk or bcrt.org.uk

bruising or if his lymph nodes were up. But Frankie was so active and hadn't shown any signs. It was so shocking. It still makes me go cold just thinking about it. I hadn't thought for a second it

It was so shocking.

It still makes me go

cold thinking about it

Frankie started chemotherapy at the

legs but unfortunately his first round of chemo hadn't worked so, instead of the next op, he had to start much more aggressive drugs to stop the

tumours spreading." The second course was more successful and by May 2016 the

family was hopeful. "Frankie only needed

Just before Christmas 2017, Alison was

The lower lobe of Frankie's left lung



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DID YOU KNOW? We're happiest at 16 and 70

There's a lot of anxiety about adolescent mental health, but according to a new report, based on data collected by the Office for National Statistics over seven years, people in Britain are at their happiest at 16.

After that, it's mainly downhill until they reach rock bottom in their 50s; then levels of overall contentment start to rise again, reaching a new peak at age 70.

This U-shaped curve is common in higher-income countries but the pattern is different elsewhere.

In former Soviet Union countries happiness levels start to lower in childhood then decline steadily with age. In sub-Saharan countries, the levels are low throughout.

We're lucky to get two bites of the cherry then.



How could abortion still be a criminal act in 2019? How could women still be living under a cruel paternalistic law this day and age? But it's true.

Abortion remains illegal. The 1967 act only allowed exemptions to it. The law simply hasn't kept pace with changing social mores and the expansion of personal liberty. Hence my shock.

Abortion is illegal in the UK under the 1861 Offences Against the Person Act. The 1967 Abortion Act created exceptions in England, Wales and Scotland if two doctors agreed that the procedure was necessary and it took place on approved premises. It allowed termination up to 24 weeks of pregnancy provided that continuing involved a greater risk to the physical or mental health of the woman or her existing children. There's no time limit if there's a substantial risk to the woman's life or foetal abnormalities.

simply brought

in exceptions

Most abortions take place before 12weeks, using pills. If a woman orders them online, however, and takes them without two doctors' consent, she could be jailed. The RCGP has called for abortion to be decriminalised in the United Kingdom after a poll of its members found that nearly two thirds supported the move.

The RCGP's call is supported by other medical groups, including the British Medical Association, Royal College of Obstetricians and Gynaecologists, Royal College of Midwives, Faculty of Sexual and Reproductive Healthcare, and the Royal College of Nursing. Surely abortion should be governed by medical authorities, not the criminal justice system.

Professor Helen Stokes-Lampard, chairwoman of the RCGP, said: "This is about providing non-judgemental care to our patients so that women who face the difficult decision to proceed with an abortion are not disadvantaged by the legal system."

Abortion providers say they still see women facing barriers and delays because the procedure is illegal, creating health risks because abortion is safer the earlier it's performed.

Clare Murphy of the British Pregnancy Advisory Service said: "It is simply appalling that women can still face prison for ending a pregnancy under laws dating back 150 years.

"Decriminalisation does not mean deregulation but it does mean abortion services could be delivered in accordance with the robust laws and frameworks that govern all other healthcare procedures, with women's needs centre-stage."

GOOD NEWS Physical activity protects against depression

High levels of physical activity are linked to a reduced risk of depression. The question is whether exercise has a direct protective effect or if the link simply reflects the fact that depressed people are less inclined to exert themselves. A specially designed study seems to point to the relation being causal and that exercise does reduce risk of depressive illness. Whether increasing physical activity will lower the rate of depression is another matter.

What's this metallic taste in my mouth?



Symptoms:

You have a metallic taste in your mouth which you can't get rid of, your period is late and your breasts are sore.

You have a strong metallic taste in your mouth which came on when you started your chemotherapy treatment for prostate cancer. It never goes away.

You have a nastv taste in your mouth and when you brush your teeth you spit blood. You haven't had a check-up at the dentist for ages.

It could be:

Pregnancy where a metallic taste in the mouth is one of the first signs along with nausea and sickness, sensitive breasts and tender nipples. It's due to a change in the nature of saliva caused by pregnancy hormones.

A change in taste is quite a common side effect of cancer treatment like chemotherapy and radiation therapy.

Gum disease where pockets in your gums fill up with food debris which ferments, gives off unpleasant odours and also causes plaque and loosening of your teeth.

There's no way to stop the taste, nor should you try, but you can mask it with highly spiced foods very strong mints or by using chewing gum.

Try eating stronger tasting foods like ginger or spices and suck any strong-tasting sweets like mints and toffees. Strong chocolate helps too.

See your dentist for a check-up, have your teeth descaled, use a mouth wash to get rid of any infection and pay attention to oral hygiene. Use interdental brushes.

REASONS TO EAT POPCORN

Being a whole grain, popcorn is high in fibre, contains protein, vitamins and minerals, is low in fat and sugar and has no cholesterol.

Air-popped popcorn with no oil provides the best health benefits. You can do this by heating popcorn kernels in a popcorn maker or in a pan with lid on. Most people would eat popcorn at the cinema with toppings or flavourings but these added extras have little nutritional value and just add fat and sugar. Microwaved popcorn may also contain additives and usually a lot

Watch out for brands with a lot of sugar.

of salt too.

WEBSITE OF THE WEEK

ms-research.org.uk

Multiple Sclerosis Research Treatment and Education (MS Research) is a national charity dedicated to furthering our understanding of MS and

developing better treatments.

They believe research is vital in order to find better answers to the problems those who have MS and those close to them face every day.

Research also seeks to maximise vital opportunities to bring us closer to an eventual cure, to help to overcome the inadequacies and inequalities of treatment, and further our understanding of MS and its impact.



MOBILITY (SALES)





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DEARCOLEEN

Britain's most straight-talking problem page

BEREAVEMENT HAS AFFECTED MY SEX DRIVE

Dear Coleen

My younger brother died at the end of last year after a long illness. I've being doing well in terms of coping with what happened and getting on with my life, but my sex drive has pretty much disappeared.

My girlfriend has been patient, but I can tell she's getting worried and frustrated, and I don't want to lose her. She's been the only good thing in my life since all this happened.

I don't really know how to talk to her about it, though. I'm 30 and she's 27. Can you help?



Coleen says

There's no surprise your sex drive would diminish in your situation sex is the last thing on your mind when you're trying to get through this horrible thing that's happened to you. I've never heard anyone experiencing grief say, "Yeah, but my sex life is great".

Yes, it's tough on your girlfriend, but if you're open and honest, then she'll understand. She might not if you don't communicate with her.

Please don't be one of those guys who doesn't seek help - it sounds as if you've been trying to hold it all together and putting on a brave face for everyone else, but the stress is going to show itself somehow - ie, your sex drive.

You're putting so much pressure on yourself because you're worried you're going to lose your girlfriend.

It would help to speak to your GP about a referral (they can also reassure you that your sex drive will return) and you can also visit the bereavement charity cruse. ora.uk for support.

Sister moved in with me and she is a nightmare

Dear Coleen

About six months ago, my sister, who's a single mum, sold her flat and moved in with me as her son was going away to university. I'm divorced and both my kids are grown up and have their own families, so I thought we'd be great companions for each other. It seemed the perfect solution for both of us.

However, it hasn't gone as I thought it would. She's very particular when it comes to housework and tidiness she literally pours my tea down the sink and puts the cup in the dishwasher before I've had a chance to drink it! And she's so obsessive about tidying, I don't know where any of my stuff is and have to ask her constantly. She's pretty bossy, too.

We've always got on pretty well over the years, so I never thought we'd end up in this situation and I hate it. I've confided in my children, but I haven't spoken to my sister yet.

Would it be awful to ask her to move out and rent somewhere else when she has sold her flat to move in with me? She's driving me up the wall.



Coleen says

This situation is in danger of exploding and causing a real rift. Do I think she'll take kindly to you asking her to move out? No! And I do think you might be jumping the gun slightly here - talk to her first and tell her you're finding it hard to live with the obsessive tidying.

Getting on and being able to live actually addressing it. In a situation least she's keeping the place tidy!

together happily are two different things. I get on with my sisters, but I think there's only one I could actually live with. And it's going to be weird at first, especially if you've both been used to living on your own. So I think it's about adjustment and also changing your expectations.

You're stressed about it, but not

like yours the family dynamic from your childhood often comes into play - it sounds as if she's become the bossy

dearcoleen@mirror.co.uk

sister again and you've become unable to speak up for yourself. You've gone back to being kids.

When I'm with my siblings I go back to being the baby of the

family and hardly speak, but when I'm not with them, as everyone knows, I never shut up!

If you can work out some boundaries, then it might work fine - ie, she can organise her own stuff but leave

And get her opinion on how she thinks things are going – she might be eeling the same!

I know it's not easy starting these conversations, especially if the idea of a confrontation puts you off but, if you don't do this, the situation could deteriorate to the point where even her very presence irritates you.

On the bright side, she could have moved in and behaved like a pig. At

I'd like to reply to the woman arguing with her brother over their mum's ashes (Dear Coleen, April 9).

We had a similar situation when my father died. He had made no plans and my mother had no idea what to do. In the end we bought a large planter and a tree, and placed the container with his ashes inside and put the tree in it.

My mother and the family were able to sit in the garden and spend time thinking about him. Eleven years later when my mum passed away, we were able to remove the container from the plant pot and we buried them together in our grandparents' plot, reuniting them

We were all very happy with this outcome. I hope my suggestion helps. M Brooks, via email

HE'S SO HURTFUL WHEN HE DRI

Dear Coleen

I've been with my husband for 11 years and we have one daughter together. Our relationship is good but we frequently have stupid arguments over irrelevant stuff, like paint colours or the plot from a TV show.

One thing that really gets to me is that when we're out with friends and he's had a few drinks, he makes really snide remarks like, "When we actually used to have sex" or "When you still found me attractive"

I never bring it up at the time, as I wouldn't want to embarrass him or our friends, but it does upset me.

Why does he behave like this when we're out and what should I do about it?



Coleen says

Perhaps he finds it hard to admit these things to you, but when he's had a drink, the filter comes off. So I think there's probably some truth in these comments in terms of how he's feeling - a bit insecure, he's worried you don't fancy him any more and he's only brave enough to say it

where you can't (or won't challenge him) and it's dressed up as humour.

Rather than bring it up when you've been drinking or wait until the next time he irritates you, it's better to just say calmly, "Look, I get really hurt when you say those things when we're out with friends, and if that's how you really feel, then we should talk about it. Be honest with me.'

You've been together 11 years so something is keeping you there, but perhaps you need to work out in what way you want the relationship to carry on.

I think these comments upset you because deep in your heart you know there's truth in them. If there wasn't, you might find it funny or have a sharp comeback.





Tell Coleen Nolan about them and she'll give you an honest answer... every weekday in the Daily Mirror

EMAIL: dearcoleen@mirror.co.uk

WRITE TO: Coleen Nolan, The Daily Mirror, One Canada Square, London E14 5AP. sorry, but Coleen can't reply personally.





EMMERDALE ITV, 7pm and 8pm

It's looking like another setback for Robron's baby dream. Their potential surrogate Natalie finds out about Aaron and Liv's criminal past, which slightly puts a spanner in the works when she backs off. But Faith is determined to make Natalie change her mind. Meanwhile, Maya spins some more lies to David about why she is selling her car.

Elsewhere, Max turns up at Tall Trees threatening Billy's whole family and they end up having a vicious fight.



BBC1, 7.30pm

The grand plan to rescue Louise from the shipping container didn't exactly go to plan, with Midge knocking Keanu unconscious and locking him in with her. Phil and Ben continue hunting for Louise down at the docks but as Phil leaves Danny a threatening message, someone whacks him from behind.

Shirley tries to talk Jean out of her plan to find Sean. And Jay and Ruby celebrate their official status, but the smiles don't last for long as Lola appears.

N THE **DAILY MIRROR** SATURDAY



More TV and film news online at **mirror.co.uk/tv**



BEN FOGLE: NEW LIVES IN THE WILD

NOT content with the nine-to-five drudge or weary commute, intrepid adventurers have now decided to up sticks and move to the middle of nowhere.

And as Ben Fogle will testify, there are "middle of nowhere" locations all over the world.

In this latest instalment, he heads across the Atlas Mountains and into the heart of the Sahara Desert to meet Karen Hatfield. The British-born

former festival director left her life in Melbourne after getting fed up with her desk-bound job.

After an epiphany on a holiday in Morocco, she decided to buy a three-acre plot in the desert there, miles from civilisation, and build an artists' retreat. "It's my little piece of heaven," says Karen.

But with no running water, paved roads or mains electricity, it's pretty basic. "It feels slightly biblical, like a different era," says Ben.

And later, incredulous, on a trip out in a Jeep to a local market, he asks: "Without signposts, how do you know which route to take?" "Instinct," comes the answer. During the course of his stay, Ben helps add a 150kg bamboo roof to Karen's latest building project. He also finds time to trek into the desert with camels and climb sand dunes. Karen also explains how locals were suspicious of the single white female business owner when she first arrived.

It's a fascinating insight into life in one of the most unforgiving regions of the world, and there's emotion, too, as Karen explains how tragedy struck recently, making her future in the desert uncertain.



TRUST ME

BBC1, 9pm

The James Stewart Spinal Unit is proving to be a somewhat scary place to be in this hospital-based thriller.

Corporal Jamie McCain has only been there five minutes and he's already seen one death and a curious incident of a pair of scissors in the leg. Not to mention the incredibly bad bedside manner of most of the medics.

Last time, Jamie (Alfred Enoch) had managed to crawl over to reach Danny's iPad - how he managed to sneak it back to bed we don't know. Anyway, now he's got the iPad but he doesn't know the password to get into it.

Meanwhile, we hear boss Dr Watson (John Hannah) lamenting Danny's "untimely death", but is he to be trusted?

Jamie confides in Dr Zoe Wade (Katie Clarkson-Hill), who is scoffing Diazepam at every opportunity, that Danny thought there was a killer on the ward.

And Debbie (Ashley Jensen) tells Dr Watson something that thickens the plot. Everyone's behaviour is erratic - trust no one!

HARD TO PLEASE OAPS

ITV, 8.30pm

Gadgets are taking over the world and for the most part, we've no idea how they work.

This amusing series sees eight older celebs get to grips with technology, largely complaining that there's no point to any of them.

"Who would ever want one of these?" asks John Sergeant, struggling to build a home sauna that looks like something from the set of Doctor Who.

Meanwhile strange noises are

coming from the other room as Amanda Barrie and June Brown test out a vibrating exercise machine. "I'd sooner ride a horse," quips 92-year-old June as she wobbles about.

Elsewhere, the ever deadpan Michael Whitehall joins Ruth Madoc for a futuristic camping trip, complete with quick-pitch tents. But it still proves too much effort.

"I'm not somebody who normally complains, but it's been a long two minutes," he moans.

Next time, Harry Redknapp battles golfing gadgets. This is possibly the most British series you'll ever see.



film ratings



(R) Repeat

BBC1

AM 6.00 Breakfast Morning headlines 9.15 Health: Truth or Scare

10.00 Homes Under the Hammer Featuring properties in South Wales, Kent and Cheshire

11.00 The Customer Is Always Right Featuring a hook that clips onto almost anything

11.45 Close Calls: On Camera A film extra is taken ill at the top of a cathedral tower (R)

PM 12.15 Bargain Hunt In Glasgow (R) 1.00 BBC News

> 1.30 Regional News; Weather 1.45 !mpossible Quiz show

2.30 Escape to the Country Host Jonnie Irwin heads to

the Suffolk countryside 3.15 Money for Nothing Sarah Moore fixes disused items

3.45 Home Is Where the Art Is The artists are in Cheshire

4.30 The Repair Shop Audrey, aged 97 years old, brings in a beautiful vintage concertina

5.15 Pointless Low-scoring quiz 6.00 BBC News

6.30 Regional News; Weather

BBC2

AM 6.25 The Repair Shop (R)

7.10 The Super League Show 8.00 Celebrity Painting Challenge With Jane Seymour, Phil Tufnell, Josie d'Arby and George Shelley (R)

9.00 BBC News; Weather 10.00 LIVE World Championship

Snooker Seema Jaswal introduces coverage from Sheffield's Crucible Theatre where the Rocket, Ronnie O'Sullivan, aims to book his place in the last 16

PM 12.15 Politics Live Discussion, presented by Jo Coburn

1.00 LIVE World Championship Snooker Coverage from this morning's matches at the Crucible in Sheffield, before action resumes at 2.30 with Judd Trump starting his 2019 Crucible campaign

6.00 Eggheads Jeremy Vine hosts the general knowledge quiz

6.30 Island Medics A behind-thescenes look at life at the UK's most remote hospital (R)

AM 6.00 Good Morning Britain The latest news and weather

8.30 Lorraine Host Lorraine Kelly presents the morning show

9.25 The Jeremy Kyle Show Talk show dealing with a range of family confrontations

10.30 This Morning Presenters Phillip Schofield and Holly Willoughby introduce the morning magazine show

PM 12.30 Loose Women The panel discusses more topical issues with a celebrity guest

1.30 ITV Lunchtime News

1.55 Regional News; Weather

2.00 Judge Rinder Studio courtroom show in which criminal barrister Robert Rinder rules on real-life cases

3.00 Tenable List-based quiz, hosted by Warwick Davis (R)

4.00 Tipping Point Ben Shephard hosts the coin-drop auiz

5.00 The Chase Fast-paced quiz, presented by Bradley Walsh

6.00 Regional News; Weather 6.30 ITV Evening News

CHANNEL 4

AM 6.25 Cheers Three episodes (R) 7.45 Frasier Three episodes (R)

9.10 Everybody Loves Raymond Double bill of the sitcom (R)

10.10 Ramsay's Hotel Hell (R)

11.05 Car SOS Reality series PM 12.00 Channel 4 News

12.05 Couples Come Dine with Me A competition in Essex (R)

1.05 Escape to the Chateau: **DIY** Reality series (R)

2.10 Countdown Colin Murray is in Dictionary Corner 3.00 A Place in the Sun Jasmine

Harman helps a couple find a property in Cadiz (R)

4.00 A New Life in the Sun Two plant nursery owners struggle with a drought in France

5.00 Four in a Bed At the Star Inn 1744 B&B in Leicestershire

5.30 Extreme Chocolate Makers Featuring an edible castle and four-poster bed

6.00 The Simpsons A well-known filmmaker comes to town (R)

6.30 Hollyoaks Peri confronts Ste and drops a bombshell Take a Puzzles

CHANNEL 5

AM 6.00 Milkshake! Children's TV

9.15 Jeremy Vine Topical debate 11.15 Traffic Cops Reality series (R)

PM 12.10 5 News Lunchtime

12.15 Can't Pay? We'll Take it Away! Reality series (R)

1.10 Access Showbiz updates (R)

Home and Away See 6.00pm for details

1.45 Neighbours See 5.30pm for details

FILM Snatched at Birth (2017/PG) Crime drama, starring Kaitlyn Black and

David Gallagher **

4.00 Friends Double bill: Rachel schemes to make a handsome client ask her out on a date: Ross finds himself attracted to Emily (R)

5.00 5 News at 5

5.30 Neighbours Kyle begs Sheila not to reveal the contents of Georgia's letter to Gary (R)

6.00 Home and Away Jasmine supports Tori after a close call with the baby (R)

6.30 5 News Tonight VITH A POÎNT!

The original and best-selling **Arrowwords mag**

7.00 The One Show Matt Baker 7.00 and Alex Jones introduce a selection of topical features

from across the country 7.30 EastEnders Billy puts Ruby in an awkward situation.

Meanwhile, Jean asks Stacey to help her track down Sean 8.00 Holby City Jac's top dog status is challenged when a new surgeon instantly causes a stir. while Dom is irritated when Carole starts work on reception, and Donna is

flattered when a new career

opportunity is presented

9.00 Trust Me Drama set in a Glasgow hospital, starring Alfred Enoch, Jamie continues to disrupt the unit with his recurring night terrors but as he obsessively searches for the truth, his behaviour becomes increasingly erratic

10.00 BBC News

10.25 Regional News; Weather 10.35 Eating with My Ex Former couples sitting down to iron out the breakdown of their relationships include Tom, wants to find out of Franki

was the one that got away 11.05 I'm Coming Out Following in which Owen films himself coming out as bisexual to his parents after struggling throughout his teenage years with his sexuality

11.30 Getting High for God? Mawaan Rizwan travels to Rio de Janeiro in Brazil, to ioin the congregations who use the ancient Amazonian hallucinogenic substance ayahuasca in church services

to enhance the worship (R) 12.00m't Weather for the Week Ahead 12.05-6.00am BBC News. Headlines **Antiques Road Trip**

Collectibles and valuables experts embark on a journey around a region of the UK in search of items that could potentially make them the most profit at auction and see them declared the winner (R)

8.00 Your Home Made Perfect Angela Scanlon presents as two different architects compete using virtual reality to present their vision of remodelling a property in Kent, before the couple choose which one to build

Surgeons: At the Edge of Life Surgeons at Birmingham's Oueen Elizabeth Hospital carry out radical operations to help change patients' lives, including the hospital's largest-ever removal of excess tissue, and corrective surgery

10.00 Don't Forget the Driver Kayla is left alone with the new guest, and Green's day trip is to a hydrotherapy pool

10.30 Newsnight In-depth investigation and analysis of national and international stories, with Emily Maitlis

World Championship Snooker Highlights Rob Walker presents action from day four of the event at the Crucible Theatre in Sheffield. Among the action was 2015 champion Stuart Bingham in his first round encounter

12.05am World Championship Snooker Extra. Seema Jaswal introduces highlights from first round matches **2.05** Pilgrimage: The Road To Rome. The celebrities wake up in a yurt in Tuscany (R) 3.05 Inside the Factory (R) **4.05** Murder, Mystery and My Family (R) **4.50-6.30am** This Is BBC Two

7.00 Emmerdale Aaron is forced into a confession, Ellis presses Billy for information, and Amelia tries to clear the air

Save Money: Lose Weight Dr Ranj Singh examines various weight loss products, treatments and gadgets

Emmerdale Chas and Faith try to turn things around, Pete finds a new confidant, and a guilty Maya accepts an offer

8.30 Hard to Please OAPs Jack Whitehall's dad Michael joins actor and singer Ruth Madoc on a futuristic camping trip

The Widow Georgia and Adidja make a journey deep into the Congolese wilderness that yields unexpected consequences. Meanwhile, in the search for answers, Martin puts himself and Ariel closer to Azikiwe's dangerous path

10.00 ITV News at Ten 10.30 Regional News; Weather 10.45 Run for Your Life Lord Sebastian Coe, Dame Kelly Holmes and Daley Thompson CBE support her mission to

put a qualified PE teacher in

11.50 The Bay Joy at Holly's safe recovery is tempered by her reluctance to speak about what happened to her, until a confession to Lisa shines a new light on Dylan's killer. Plus, Med starts to suspect Lisa is hiding something (R)

primary schools

12.40am Tenable. Warwick Davis hosts the top 10-list quiz show (R) 1.30 Jackpot247 3.00 All Star Family Fortunes. Jennifer Metcalfe and her family compete against Joe Pasquale and his family to win thousands of pounds for their chosen charities (R) 3.45-5.05am ITV Nightscreen

Channel 4 News The latest | 7.00 main headlines, in-depth interviews and analysis of topical political developments and current affairs. Plus, a look at the day's leading sports events as well as up-tothe-minute weather reports

8.00 Food Unwrapped Goes **Vegan** Jimmy Doherty tries to go vegan for a week in the USA, while Matt Tebbutt sets out to learn why some vegan products are more expensive. and Dr Helen Lawal asks if we

should raise children as vegan The Great British School **Swap** Friendships start to form among the children but one of the Tamworth boys discovers a cultural divide when he develops feelings for a Muslim girl. Plus, the children have a lesson about race

10.00 First Dates Upmarket flower seller Calum brings a bouquet for construction project manager Lucy, while graphic designer Chris meets former professional tennis player Natalie, and serial dater Jack charms fire-breather Safina

11.05 Ramsay's 24 Hours to Hell and Back Chef Gordon Ramsay visits Shanty on 19th, an iconic restaurant in the West End theatre district of Allentown, Pennsylvania, and sets out to restore it to its former glory in a single day

12.05am Celebrity SAS: Who Dares Wins for Stand Up to Cancer (R) 1.00 Grand Designs: The Street (R) 1.55 Undercover Boss Canada (R) 2.45 Supershoppers (R) 3.15 Coast vs Country (R) 4.10 All Star Driving School 4.35 Kirstie's Vintage Gems (R) 4.55-5.50am The £100k Drop (R)

Secrets of the National Trust with Alan Titchmarsh The presenter

hears the story of Erddig, a mansion in North Wales whose servants and owners had a close relationship (R)

7.55 5 News

The Yorkshire Vet Peter 8.00 Wright receives an emergency call to help a ewe who has prolapsed while giving birth, and Julian Norton helps pug Ffion, who managed to break a leg during a particularly rowdy playtime session

9.00 Ben Fogle: New Lives in the Wild The host travels across the Atlas Mountains of Morocco to meet Karen, who left her job as a festival director in Melbourne to open up a three-acre retreat

10.00 The Murder Next Door Documentary about the dark side of neighbourly relations, telling the harrowing story of pensioner Maire Rankin, who was murdered in Newry,

for artists in the Sahara

Northern Ireland, on Christmas Day in 2008 11.05 The Last Hours of Marilyn Monroe Dr Richard Shepherd looks into the

death of the Hollywood star, using her private medical record and autopsy report to paint a picture of what led to her untimely demise (R) 12.05am Wannabe Porn Stars: The Sex

Business. Following adult film stars who are new to the industry (R) 1.00 Teleshopping (R) 3.00 Access (R) 3.10 Shop Smart, Save Money (R) **4.00** My Mum's Hotter Than Me! (R) **4.45** House Doctor (R) **5.10** Great Scientists (R) **5.35-6.00am** Wildlife SOS (R)

DAVF Freeview 1

- 6.00am Teleshopping 7.25 Dara O Briain's Go 8 Bit 8.20 Top Gear 10.20 American Pickers 12.20pm Top Gear: Polar Challenge 1.25 Top Gear: Bolivia Special 3.00 Sin City Motors 4.00 Steve Austin's Broken Skull Challenge 5.00 Top Gear. Motoring series
- **7.00 American Pickers** Mike Wolfe and Frank Fritz turn more trash into cash
- **8.00 Hurricane Man** The team braces itself for the devastation of Hurricane Florence in North and South Carolina
- 9.00 Would I Lie to You? Double bill: Rhod Gilbert, Vernon Kay, Dara O Briain and Denise Van Outen join the panel show; featuring Charles Dance, Stephen Mangan, Isy Suttie and Gok Wan
- 10.20 Mock the Week Dara O Briain welcomes guests Kevin Bridges, Ed Byrne and Chris Addison to the panel
- 11.00 Dave Gorman: Modern Life Is Goodish
 The comic scrutinises nature's warning
 signs, enlisting celebrities, insect
 repellent and Doctor Google
- 12.00m't Have I Got a Bit More News for You 1.00 QI XL 2.15 Mock the Week 2.45 Crackanory 4.00-6.00am Teleshopping

W

- 6.15am Extreme Makeover: Home Edition 8.00
 Tipping Point 10.00 The Bill 11.00 Inside the
 Ambulance 12.00noon Tipping Point 2.00
 My Dream Home 4.00 Renovate My Home:
 Leave It to Bryan 5.00 Tipping Point 6.00
 John Torode's Australia. Culinary series
- 7.00 Fantasy Homes by the Sea World champion powerboat racer Daisy Coleman seeks a Pembrokeshire home after spending the past 14 years away
- 8.00 Inside the Ambulance The medics of West Midlands Ambulance Service race against time to help a woman who has taken an overdose of paracetamol
- 9.00 The Shift: Women on the Force Acting Inspector Vicky investigates a late-night assault, and PC Jade helps a couple whose home was ransacked
- 10.00 999 Rescue Squad The Hazardous Area Response Team is called when a police chase ends with a crackage five trapped teens in the wreakage
- **11.00 Inside the Ambulance** As 8.00pm **12.00m't** The World According to Kids
- 1.00 Rent a Cop 2.00 John Bishop: In Conversation with... 3.00-6.05am Shopping

REALLY Freeview 1

- 6.00am Helicopter Heroes 7.00 Cruise TV 8.00 Homes Under the Hammer 10.00 Tipping Point 12.00noon Escape to the Country 2.00 Fantasy Homes by the Sea 3.00 Sarah Beeny's Renovate Don't Relocate 4.00 Most Haunted 5.00 Ghost Adventures 6.00 Antiques Road Trip. Antiques contest
- **7.00 Escape to the Country** Alistair Appleton is in East Sussex to help an artistic buyer find a country home
- 8.00 Antiques Road Trip Charles Hanson and Christina Trevanion begin in Manchester, before a head-to-head encounter at the auction in Birkenhead
- 9.00 This Farming Life Spring arrives for the farmers, and John hires extra staff to help with more than 6,000 lambs
- 10.00 Nurses Who Kill Profiling Vickie Dawn Jackson, who was convicted of killing 10 patients at a Texas hospital
- 11.00 Cops UK: Bodycam Squad Officers drugs disguised as ice cream in a raid12.00m't Partners in Crime 1.00 I Fell for a

Psychopath **2.00** Shopping **4.00** Helicopter Heroes **4.45** My Extreme Weight Loss

Journey 5.30-6.00am Give a Dog a Home

DRAMA Freeview 20

- 6.00am Teleshopping 7.10 Dickensian 8.00
 Juliet Bravo 9.00 Pie in the Sky 10.00 Classic
 Holby City 11.00 The Bill. Police drama
 1.00pm Classic EastEnders 2.20 Bergerac
 3.20 Lovejoy 4.20 Pie in the Sky 5.20 Birds
 of a Feather 6.00 Brush Strokes 6.40 Bread
- **7.20 Last of the Summer Wine** Clegg takes to the hills with a metal detector to look for treasure, while Compo is forced to replace his worn-out trousers
- 8.00 Judge John Deed Diana Hulsey takes her case against the mobile phone company forward and asks Jo to adopt her son when she passes away. Meanwhile, Rochester and the Trade Secretary attempt to derail the case
- 10.00 New Tricks A former escort finds God and confesses all, leading the veteran detectives to reinvestigate a timeshare magnate's mysterious death
- 11.15 Taggart The detective and Jardine investigate the murder of a young woman, the latest in a series of brutal attacks at the hands of 'the Mechanic'
- **2.05am** The Bill. Police drama series **2.55** Dickensian **4.00-6.00am** Teleshopping

GOLD

- 6.00am Teleshopping 7.35 The Piglet Files 8.35 Goodnight Sweetheart 9.55 Last of the Summer Wine 12.00noon 2Point4 Children 12.40 Keeping Up Appearances 1.20 Hi-de-Hi! 2.00 The Green Green Grass 2.40 2Point4 Children 3.20 Keeping Up Appearances 4.00 Last of the Summer Wine 6.00 Hi-de-Hi! 6.40 The Green Green Grass
- 7.20 David Jason: Planes, Trains and Automobiles Documentary series
- **8.20 Dad's Army** An old comrade-in-arms dredges up the past and calls the glory of Corporal Jones into question
- 9.00 Mrs Brown's Boys Double bill: Agnes is beside herself that Trevor has been called back to the missions; baby fever hits as Maria prepares for motherhood
- 10.20 Fawlty Towers Double bill: Basil tries to throw a party for Sybil on their wedding anniversary; a public health inspector threatens to close the hotel
- **11.50 Blackadder the Third** Edmund tries to get Baldrick elected as an MP
- 12.25am Live at the Apollo 1.25 The Young Ones 20 Greatest Moments 2.20 The Rebel 2.55 Harry Hill's TV Burp 4.00-6.00am Shop

YESTERDAY F'view 19

- 6.00am Time Team 7.10 A Very British Murder with Lucy Worsley 8.00 Time Team 9.00 The World at War 10.00 Private Lives 11.00 Forbidden History. Documentary 12.00noon Time Team 2.00 The Life of Mammals 3.00 Attenborough's Natural Curiosities 4.00 Private Lives 5.00 Wartime Crime 6.00 The World at War. Documentary series
- **7.00 Impossible Engineering** The London Array, which is designed for producing electricity whatever the weather
- 8.00 Abandoned Engineering Featuring a concrete structure stranded at sea, a cliff-top ruin and a metal monster
- 9.00 The Green Green Grass Three episodes: Boycie faces sleepless nights and an EU farm inspection; Boycie considers a move into local politics; Boycie decides to motivate his workers
- 11.00 Porridge Double bill: Fletch and Godber think about what they'd be doing outside; a day digging drains gives Fletch a chance to take advantage
- 12.20am Porridge. Comedy 1.00 Time Team
 2.00 A Very British Murder with Lucy
 Worsley 3.00-6.00am Teleshopping

ITV REGIONAL VARIATIONS

MERIDIAN As ITV except: 1.55-2.00pm ITV News Meridian 6.00-6.30pm ITV News Meridian 10.30-10.45pm ITV News Meridian. Headlines

CENTRAL As ITV except: 1.55-2.00pm ITV News Central 6.00-6.30pm ITV News Central 10.30-10.45pm ITV News Central. A look at the latest regional headlines and topical issues

WALES As ITV except: 1.55-2.00pm ITV News Cymru Wales 6.00-6.30pm ITV News Wales 10.30-10.45pm ITV News Cymru Wales. All the latest news headlines from across the country west As ITV except: 1.55-2.00pm ITV News West Country 6.00-6.30pm ITV News West Country 10.30-10.45pm ITV News West Country

ANGLIA AS ITV except: 1.55-2.00pm ITV News Anglia 6.00-6.30pm ITV News Anglia 10.30-10.45pm ITV News Anglia. Rounding up all the latest news headlines from across the region

WESTCOUNTRY As ITV except: 1.55-2.00pm ITV News West Country 6.00-6.30pm ITV News West Country 10.30-10.45pm ITV News West Country. The latest local headlines

ALIBI

- 6.00am Shopping 7.20 Murdoch Mysteries 9.05 Rizzoli & Isles 10.00 Sue Thomas: FBEye 11.00 Unforgettable 12.00noon Miss Fisher's Murder Mysteries 1.00 Motive 2.00 Murdoch Mysteries 4.00 Rizzoli & Isles 5.00 Rush 6.00 Motive
- 7.00 Miss Fisher's Murder Mysteries 8.00 Murdoch Mysteries Crabtree goes undercover at a chess tournament to investigate the murder of a Russian chess master
- 9.00 WPC 56 The hunt for the person who attacked Eddie compromises Pratt's relationship with his son
- 10.00 The Coroner Jane and Davey investigate when the patriarch of the local aristocratic family is discovered stabbed to death
- 12.20am Murdoch Mysteries. Crime drama 1.20 Quantico. Drama 2.25 Murdoch Mysteries 4.00-6.00am Shopping

TV/2 Freevie

- 6.00am The Planet's Funniest Animals
 6.20 Totally Bonkers Guinness World
 Records 7.10 You've Been Framed! Gold
 8.00 Emmerdale 8.25 Coronation Street
 9.25 The Ellen DeGeneres Show
 10.20 Superstore 11.10 You've Been
 Framed! Gold 12.10pm Emmerdale
 12.40 Coronation Street 1.40 The Ellen
 DeGeneres Show 2.35 The Jeremy
 Kyle Show. Talk show 5.50 Take Me Out.
 More single men including pig farmer
 Jimmy join Paddy McGuinness
- **7.00 You've Been Framed! Gold**Four episodes of comedy clips
- 9.00 Through the Keyhole Shane Richie, Rachel Riley and Alex James join Keith Lemon on the gameshow 10.00 Family Guy Animated comedy 11.25 American Dad! Animated series
- 12.25am FILM Scre4m (2011/15) Horror, starring Neve Campbell and Courteney Cox ★★★ 2.30-6.00am Teleshopping

BBC WALES/S4C

Wales As BBC1 except: 1.30-1.45pm BBC Wales Today 6.30-7.00pm BBC Wales Today 10.25-10.35pm BBC Wales Today

Wales As BBC2 except: 7.00-7.30pm Give a Dog a Home 7.30-8.00pm Nightshifters

54C 6.00am Clwb Cyw. Children's TV shows 12.00noon Newyddion S4C A'r Tywydd 12.05 Mamwlad 12.30 Alpau Eric Jones 1.00 Rhannu 1.30 Garddio A Mwy 2.00 Newyddion S4C A'r Tywydd 2.05 Prynhawn Da 3.00 Newyddion S4C A'r Tywydd 3.05 Cymru Wyllt 4.00 Clwb Cyw 6.00 Newyddion S4C A'r Tywydd 6.05 Celwydd Noeth 6.30 Rownd A Rownd 7.00 Heno. Magazine 7.30 Pobol Y Cwm. Rhys feels awkward when his father turns to him for relationship advice regarding Ffion 8.00 Ffit Cymru. A look at whether the temptation of chocolate eggs has affected people's fitness plans 9.00 Newyddion 9 A'r Tywydd 9.30 Drych. Following professional pest controllers as they come to the rescue and endeavour to protect farmers 10.30 Newid Hinsawdd, Newid Byd. With Steffan Griffiths 11.30pm-12.05am Y Ditectif

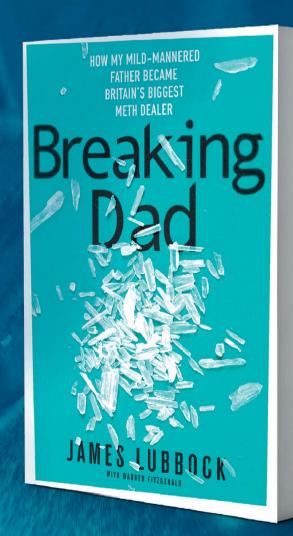
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Sport

SKY SPORTS MAIN EVENT

6.00am Good Morning Sports Fans 8.30 My Icon 8.40 LIVE ANZ Premiership Netball: Mainland Tactix v Northern Stars Action from Christchurch 10.15 My Icon 10.30 Sky Sports News. Headlines 11.30 Sportswomen. A look at all the biggest stories 12.00noon Sky Sports News 7.00 Sky Sports Tonight 7.30 LIVE Premier League: Tottenham Hotspur v Brighton & Hove Albion (Kick-off 7.45pm)

10.30 Sky Sports News at Ten 11.00 Sky Sports News 1.00am LIVE WWE: Late Night Smackdown
3.00 LIVE NBA A game from the NBA play-offs 5.30-6.00am Sky Sports News. Latest headlines

SKY SPORTS PREMIER LEAGUE

6.00am Premier League Greatest Games **7.00**Premier League Legends **8.00** Best Premier League Goals **9.00** Premier League Preview **9.30** As 10.30pm **10.00** Premier League Years 12.00noon Premier League 3.30 Best Premier League Goals 4.00 Premier League Greatest Games
5.00 Premier League 100 Club 6.00 Best Premier League Goals 6.30 Premier League Review
7.30 LIVE Premier League: Tottenham Hotspur v Brighton and Hove Albion (Kick-off 7.45pm) Coverage from Tottenham Hotspur Stadium 10.30 Premier League Highlights 11.30 Premier League 100 Club. Focusing on Robbie Keane

12.00m't Premier League Review 1.00 Premier League

SKY SPORTS FOOTBALL

Years 3.00 Premier League Greatest Games 4.00

As 6.00pm 5.30-6.00am Premier League 100 Club

6.00am EFL Greatest Games. Highlights 7.00 Championship Football Goals 8.00 EFL Goals 8.30 Football Countdowns 9.00 Football 9.30 Championship Football Goals 10.30 EFL Goals 11.00 One2Eleven 11.30 Football's Greatest
12.00noon As 6.00am 12.30 SPFL Greatest Games 1.00 Football Countdowns 2.00 Football Years **3.00** As 6.00am **5.30** SPFL Greatest Games **6.00** Football Years 6.30 Soccer AM - The Best Bits 7.00 SPFL Round Up Show 7.15 SPFL Greatest Games
7.30 MLS Round Up Show 8.00 Championship Football Goals 9.00 EFL Goals 9.30 Championship Football 11.30 Football's Greatest. Iker Casillas 12.00m't Football Years 1.00 Football Countdowns 2.00 SPFL Greatest Games 2.30 One2Eleven 3.00 As 6.00am 4.30 Football Countdowns 5.00 Football's Greatest 5.30-6.00am Football Years

SKY SPORTS ARENA

6.00am Sporting Greats 7.00 WWE: Smackdown 8.00 Sporting Greats 8.30 Super League Highlights **8.45** Great Sporting Moments **9.00** Sporting Records **10.00** Sporting Greats **10.30** Sporting Greats 11.00 Eddie Hemmings: Voice of Rugby League 11.45 Super League Highlights 12.00noon Sporting Greats 12.30 WWE: From the Vault 1.00 Great Sporting Moments 1.30 NBA:
The Starters 2.00 Sporting Greats 2.30 Sporting Greats 3.00 Sporting Records. Archive clips 3.30 NBA: The Starters 4.00 Sporting Records 4.30 Super League Highlights 4.45 WWE: From the Vault **5.00** WWE: Smackdown. All the action **7.00** NBA Gametime **7.30** NBA: The Starters **8.00** NBA Gametime. In-depth discussion 8.30 NBA: The Starters 9.00 WWE: Late Night Raw 12.00m't Super League Fulltime. With Bill Arthu 1.00 LIVE WWE: Late Night Smackdown
3.00 LIVE NBA A game from the NBA play-offs 5.30-6.00am Sporting Records. Classic highlights

BT SPORT 1

6.00am Indian Premier League Cricket 7.00 Fed Cup Tennis Highlights 9.00 Bundesliga. Highlights 10.30 **LVE** Stuttgart Open Tennis Coverage of the WTA event at the Porsche-Arena in Germany **4.30pm** The WRC Magazine **5.00** As 10.45pm 5.30 IVE Stuttgart Open Tennis Coverage of the first round on day two of the women's indoor clav court tournament at the Porsche-Arena 9.30 Coppa Italia Football Preview 10.00 National League Football. The best of action 10.30 Premie League Reload 10.45 Premier League Tonight 11.15 Goals Reload 11.30 Fishing: On the Bank 12.30am The Race of Their Lives 1.30 The Supporters Club 1.45 Premier League Reload 2.00 National League Football 2.30 UFC Top 10: Slugfests 3.00 The Football Archives **4.30** A-League Highlights **5.30-6.00am** Goals Reload. The greatest goals

BT SPORT 2

6.00am Ligue 1 Highlights. French football 7.00 A-League Highlights 8.00 Premier League Review 9.00 IVE Istanbul Open Tennis Action from day two of the women's tournament in Turkey **7.00pm** SPFL Highlights **7.30** Coppa Italia Football Preview 8.00 European Le Mans Series Highlights 9.00 UFC: Unleashed 10.00 UFC: Profiles in Combat 10.30 UFC: NOW 11.30 Classic Boxing 12.30am No Mas 2.00 Tommy 3.30-6.00am As 11.30pm

EUROSPORT 1

7.30am Tour of the Alps Cycling 8.30 As 10.00pm 10.00 **IVE** World Championship Snooker Day four 1.00pm World Championship Snooker. Highlights 2.30 LIVE World Championship Snooker Day four 5.30 World Championship Snooker. Highlights6.30 LIVE World Championship Snooker Coverage of day four at the Crucible Theatre in Sheffield 10.00 World Championship Snooker. Highlights
12.00m't EWC All Access Motorcycling 12.30 Italian Rally Championship. Highlights 12.35 WATTS 12.40 Eurosport News 1.00-7.30am This is Eurosport



Live Premier League Sky Sports Main Event, 7.30pm With Harry Kane out injured. Tottenham will need livewire forward Son Heung-Min, left, to step up as they host Brighton at their new home



Rembrandt BBC4, 9pm The three-part series concludes. examining how, as the Dutch artist's, left. bankruptcy worsened, former students take the commissions he was once offered.

Looking for



Phantom Thread Sky Cinema Drama & Romance, 9.45pm Oscar-winning drama about a shy but strongwilled waitress (Vicky Krieps, left) who falls for a celebrated British dressmaker. played by Daniel Day-Lewis

Entertainment & Factual

BBC4

7.00pm Beyond 100 Days 7.30 Great British Railway Journeys. A journey through southern Scotland from west to east **8.00** Blue Planet II Following sperm whales as they hunt for squid a kilometre down into the abyss **9.00** Looking for Rembrandt. See **CHOICE 10.00** The Secret History of Our Streets. A look at three archetypal streets in Edinburgh, Glasgow and Aberdeen 11.00 Shakespeare's Mother: The Secret Life of a Tudor Woman. Michael Wood tells the story of an ordinary woman in a time of revolution 12.00m't Sex & Sensibility: The Allure of Art Nouveau. Documentary 1.00 Gaga for Dada: The Original Art Rebels 2.00 Blue Planet II 3.00-4.00am Looking for Rembrandt

E4

6.00am Hollyoaks 7.00 Rules of Engagement 8.00 Sabrina the Teenage Witch 9.00 Baby Daddy 10.00 The Big Bang Theory 11.00 The Goldbergs 12.00noon Brooklyn Nine-Nine 1.00 The Big Bang Theory **2.00** Baby Daddy **3.00** Brooklyn Nine-Nine **4.00** The Goldbergs **5.00** The Crystal Maze 6.00 The Big Bang Theory 7.00 Hollyoaks 7.30 Speechless 8.00 The Big Bang Theory 9.00 Charmed 10.00 Timeless. New series 11.00 8 Out of 10 Cats 12.00m't The Big Bang Theory 1.00 First Dates 2.05 Gogglebox 3.00 Charmed 3.40 The Big Bang Theory 4.20 2 Broke Girls **5.05-6.00am** Rules of Engagement

MORE4

8.55am A Place in the Sun: Summer Sun 10.55 The Great British Bake Off 12.15pm Find It, Fix It Flog It 1.15 Four in a Bed 3.50 Food Unwrapped 4.55 The Secret Life of the Zoo 5.55 The Supervet 6.55 Emergency Helicopter Medics 7.55 Grand Designs 9.00 Wild Amazon. A look at spiders that use the trees' giant buttress roots as anchor points for their webs 10.00 24 Hours in A&E. A man is treated after being involved in a high-speed collision 11.05 Nightwatch Nation: Emergency 911 12.00m't As 6.55pm 1.00 8 Out of 10 Cats Does Countdown **2.05** 24 Hours in A&E **3.10-3.55am** 8 Out of 10 Cats: New Year Special

ITV3

6.00am Classic Coronation Street **6.55** As 6.00pm **8.00** As 7.00pm **9.00** Judge Judy **10.30** As 3,50pm 12.40pm As 6,00pm 1.45 Classic Emmerdale **2.50** Classic Coronation Street 3.50 Agatha Christie's Poirot 6.00 Heartbeat 7.00 Murder, She Wrote 8.00 Midsomer Murder. 10.00 DCI Banks. Drama 12.05am As 3.50pm 2.10 ITV3 Nightscreen 2.30-6.00am Teleshopping

ITV4

6.00am The Protectors 6.25 The Avengers 7.20 Kojak 8.10 Oujncy, ME 9.15 Minder 10.20 The Sweeney 11.25 The Professionals 12.30pm The Avengers 1.35 Kojak 2.40 Quincy, ME 3.40 Mindel 4.45 The Professionals 5.50 The Sweeney 6.55 The Chase. Quiz 8.00 River Monsters 9.00 FILM Lethal Weapon 4 (1998/15) Action thriller sequel starring Mel Gibson and Danny Glover ***

11.30 FILM Magnum Force (1973/18) Starring Clint Eastwood ★★★★ 2.05am Lethal Weapon 2.50 ITV4 Nightscreen 3.00-6.00am Teleshopping

ITVBe

6.00am Shop 9.00 Engie Benjy 9.15 Sooty 9.30 The Hive 9.50 BabyRiki 10.10 Animanimals 10.15
Pingu in the City 10.35 The Oddbods Show 10.55 Florrie's Dragons 11.05 Lilv's Driftwood Bay 11.30 Pip Ahoy! 12.00noon Income Property 12.25 The Real Housewives of New Jersey 1.20 The Bacheloi 2.20 Million Dollar Listing: LA 3.10 As 10.00pm 4.10 The Real Housewives of Beverly Hills 6.00 Buyers Bootcamp **7.00** Buying and Selling **8.00** Dinner Date **9.00** The Real Housewives of Atlan 10.00 The Real Housewives of Orange County 10.55 Vanderpump Rules 11.50 The Only Way Is Essex 12.35am Be Beautiful 12.50 Nightscreen 12.55 Shop 4.00 As 12.50am 4.25-6.00am Shop

5 STAR

6.00am Shop 8.00 Will & Grace 8.20 Dance Moms 11.05 My Wife and Kids 12.00noon Two and a Half Men 1.00 3rd Rock from the Sun 2.00 Will & Grace 3.00 Neighbours 3.30 Home and Away 4.00 My Wife and Kids 5.00 Smallville 6.00 Neighbours 6.30 Home and Away 7.00 Two and a Half Men 8.00 FILM Blended (2014/12) Comedy ** 12.05am Two and a Half Men 2.10 Empire 3.05 Star 3.50 Access 4.00-6.00am Teleshopping

5 USA

6.00am Teleshopping 9.00 Catch a Contractor 9.20 CSI: NY 11.00 Law & Order 1.05pm FILM lesse Stone: Innocents Lost (2011/15) 3.00 Murder, She Wrote 5.05 NCIS 6.05 Law & Order 8.05 NCIS 9.00 Law & Order: Special Victims Unit 12.55am CSI: NY 2.50 Chicago PD 3.50 Access 4.00-6.00am Teleshopping

5 SPIKE

6.00am Teleshopping **9.00** Access **9.10** Criminals: Caught on Camera **9.40** The Virginian: Men From Shiloh 11.20 Can't Pay? We'll Take It Away! 12.20pm As 7.00pm 1.25 FILM Midnight in St Petersburg (1997/15) *** 3.10 TLM Suicide
Battalion (1958/PG) ** 5.00 The A-Team
7.00 Police Interceptors 8.00 Traffic Cops 9.00 Airport Security: Peru. New series 10.00 FILM Sabotage (2014/15) Action ★★★ 12.10am Killer Weather: Nature Fights Back 1.05 Black Sails 2.20 As 9.10am 2.50 Access 3.00-6.00am Teleshopping

PICK

6.00am Border Patrol 7.00 Motorway Patrol 8.00 ighway Patrol 9.00 As 1.00pm 10.00 Police Ten 7 11.00 Nabbed 12.00noon Border Patrol 1.00 Police Force Australia 2.00 Border Security: Australia's Front Line 3.00 Nothing to Declare 4.00 Stop, Search, Seize **5.00** Without a Trace **6.00** Stargate SG-1 **7.00** Warehouse 13 **8.00** Lost Girl **9.00** Britain's Most Evil Killers 10.00 Air Ambulance 11.00 Brit Cops 12.00m't The Force: North East 1.00 Brit Cops 2.00 Road Wars 3.00 Banged Up Abroad 4.00-4.30am Highway Patrol

SKY ONE

6.00am Monkey Life 7.00 Animal House 7.30 Wild Vets **8.00** The Dog Whisperer **9.00** Air Ambulance **10.00** Babylon 5 **11.00** NCIS: Los Angeles 1.00pm Hawaii Five-0 3.00 David Attenborough's Galapagos 4.00 Modern Family 5.00 The Simpsons 5.30 Futurama 6.30 The Simpsons 8.00 Arrow 9.00 SEAL Team. Bravo's hopes for an easy deployment in Manila aidashed 10.00 A League of Their Own 11.00 Hawaii Five-0 **1.00am** DC's Legends of Tomorrow **2.00** Motorway Patrol **2.30** Comedians Watching Football with Friends 3.00 NCIS: Los Angeles

6.00am Fish Town 7.00 Richard E Grant's Hotel ecrets 8.00 Storm City 9.00 The West Wing 11.00 CSI: Crime Scene Investigation 12.00noon Micro Monsters with David Attenborough 12.30 David Attenborough's Natural History Museum Alive 2.00 Blue Bloods 3.00 The West Wing 5.00 Without a Trace 7.00 CSI: Crime Scene Investigation 8.00 Blue Bloods 9.00 Game of Thrones 10.10 Billions 11.20 Veep 11.55 Barry 12.30am The Wire 1.45 Our Cartoon President 2.55 Gomorrah 4.00-6.00am The West Wing

SKY WITNESS

6.00am Motorway Patrol **7.00** UK Border Force **8.00** Border Security: Canada's Front Line 9.00 Criminal Minds 10.00 CSI: Crime Scene nvestigation 11.00 Road Wars 12.00noon Brit Cops 1.00 Nothing to Declare 2.00 Motorway Patrol 3.00 Road Wars 4.00 Nothing to Declare 5.00 UK Border Force 6.00 Border Security: Canada's Front Line 7.00 Nothing to Declare 8.00 Criminal Minds 9.00 9-1-1 10.00 Joanne Dennehy: Britain's Most Evil Killers 11.00 Criminal Minds 12.00m't World's Most Evil Killers 1.00 Grey's Anatomy 2.00 Station 19 3.00 Brit Cops 4.00 Road Wars 5.00-6.00am The Real A&F

6.00am Mighty Ships 7.00 Wheeler Dealers 8.00 Left for Dead **4.00** Mighty Ships **5.00** Gold Rush **6.00** Fast 'n' Loud **7.00** Outback Truckers 8.00 Alaska: The Last Frontier 9.00 Gold Rush: Parker's Trail 1.00 Outback Truckers 2.00 Gold Rush: Dave Turin's Lost Mine 3.00 Gold Rush: Parker's Trail 3.50 Mighty Ships **4.40** Gold Rush **5.30-6.00am** How It's Made

FO)

6.00am Teleshopping 8.00 Monk 9.00 Bones 10.00 Monk 11.00 NCIS 12.00noon Bones 2.00 The Mentalist 3.00 NCIS 4.00 Monk 5.00 Bones 6.00 The Mentalist 7.00 NCIS 9.00 American Dad! 10.00 Family Guy 11.00 American Dad! 12.00m't Family Guy 1.30 American Dad! 2.00

4.00 Babylon 5 5.00-6.00am Stargate SG-1

SKY ATLANTIC

DISCOVERY CHANNEL

Gold Rush 9.00 Outback Truckers 11.00 Wheeler Dealers 12.00noon Baggage Battles 1.00 Combat Dealers 2.00 Wheeler Dealers 3.00 Ed Stafford: Rush: Parker's Trail 10.00 Gold Rush: Dave Turin's Lost Mine 11.00 Wheeler Dealers 12.00m't Gold

Family Guy 4.00 Monk 5.00-6.00am Shopp

Williams 1.00am Up All Night 5.00 Morning Reports 5.15-6.00am Wake Up to Money CLASSIC FM

1.00pm Nihal Arthanayake 4.00 5 Live Drive

7.00 5 Live Sport 10.00 5 Live Sport 10.30 Phil

100-102MHz 6.00am Classic FM's More Music Breakfast with Aled Jones, Uplifting tunes 9.00 John Suchet 1.00pm Anne-Marie Minhall 5.00 Classic FM Drive with John Brunning 7.00 Smooth Classics at Seven with John Brunning Relaxing music **8.00** The Full Works Concert with Jane Jones 10.00 Smooth Classics with Margherita Taylor 1.00-6.00am Sam Pittis

TALKSPORT

1053/1089kHz 6.00am The Alan Brazil Sports Breakfast. Football discussion **10.00** Jim White 1.00pm Hawksbee and Jacobs 4.00 Drive 7.00 Kick Off – Champions League Live 10.00 The Sports Bar 1.00-6.00am Extra Time

ABSOLUTE RADIO

1215kHz 6.00am The Dave Berry Breakfast Show, Music and chat 10.00 Leona Graham 1.00pm Ben Burrell 4.00 Hometime with Bush & Richie 7.00 Danielle Perry 10.00 Pete Donaldson 1.00-6.00am Jay Lawrence

Movies

11.00am The Boxtrolls (2014/PG) Animation, with the voices of Isaac Hempstead-Wright, Elle Fanning, Ben Kingsley and Steve Blum **

1.00pm Flash Gordon (1980/PG) Action, starring Sam J. Jones and Melody Anderson ** 3.25 The Longest Ride (2015/15) Drama, starring Britt Robertson and Scott Eastwood 6.10 Exodus: Gods and Kings (2014/12) Action, starring Christian Bale, Joel Edgerton, Ben Kingsley and John Turturro 9.00 Jack Ryan: Shadow Recruit (2014/12) Action starring Chris Pine and Kevin Costner 11.10 Riddick (2013/15) Action, starring Vin Diesel, Jordi Molla and Matt Nable 1.30-3.20am Learning to Drive (2014/15) Comedy, starring Patricia Clarkson, Ben

SKY CINEMA PREMIERE 6.30am Teen Titans Go! to the Movies (2018/PG)

Kingsley and Grace Gummer ***

See 3.35pm for details 8.00 Alpha (2018/12) See 5.15pm for details 9.40 Mamma Mia! Here We Go Again (2018/PG) See 7.00pm for details *** 11.40 The Neighbor (2018/18) See 11.00pm for deatails ** 1.30pm Ant-Man and the Wasp (2018/12)

As 9 00pm for details ** 3.35 Teen Titans Go! to the Movies (2018/PG) Animation, with the voices of Greg Cipes Scott Menville and Khary Payton ***

5.15 Alpha (2018/12) Adventure, starring Kodi Smit-McPhee Johannes Haukur Johannesson and Marcin Kowalczyk ***

7.00 Mamma Mia! Here We Go Again (2018/PG)

Comedy, starring Lily James, Amanda Seyfried and Meryl Streep 9.00 Ant-Man and the Wasp (2018/12) Action

starring Paul Rudd, Evangeline Lilly, Michael Douglas and Michael Pena 11.00 The Neighbor (2018/18) Drama, starring William Fichtner and Jessica McNamee

12.45am Samson (2018/15) Action, starring Taylor James and Jackson Rathbone ★★

2.40 Blame (2017/15) Drama, starring Quinn

Shephard and Tate Donovan ***

4.25-6.20am Lu Over the Wall (2017/PG) Animation, with Kanon Tani, Shota Shimoda and Shin'ichi Shinohara ***

SKY CINEMA DRAMA & ROMANCE 5.55pm Same Kind of Different as Me (2017/12)

Drama, starring Greg Kinnear, Renee Zellwege Djimon Hounsou and Jon Voight ** 8.00 Wonder Wheel (2017/12) Drama, starring Justin Timberlake and Juno Temple ★★★ 9.45 Phantom Thread (2017/15) See CHOICE ***

12.00m't Alfie (2004/15) Drama, starring Jude

Law, Sienna Miller and Susan Sarandon ★★★

1.50 Indecent Proposal (1993/15) Drama, starring Robert Redford and Demi Moore *** 4.00-6.00am Hope Floats (1998/PG) Drama, with Sandra Bullock and Harry Connick Jr. ★★★

SKY CINEMA FAMILY

.20pm The Chronicles of Narnia (2010/PG) Adventure, starring Georgie Henley, Skandar Keynes, Will Poulter and Ben Barnes ***
6.20 Patrick (2018/PG) Drama, starring Beattie Edmondson and Ed Skrein 8.00 Matilda (1996/PG) Comedy, starring Danny DeVito and Rhea Perlman ** **9.45 The Count of Monte Cristo** (2002/PG) Action, starring Jim Caviezel, Guy Pearce, Richard Harris and James Frain *** 12.00m't The Sandlot (1993/PG) Comedy drama starring Denis Leary and Tom Guiry *** 1.50 Curious George (2006/U) Animation, with Will Ferrell and Drew Barrymore ★★★ 3.30 Batman Unlimited: Monster Mayhem (2015) PG) Action, starring Troy Baker, Eric Bauza, Steve Blum and Janell Cox ** 5.00-6.35am Thumbelina (1994/U) Animation. with Jodi Benson and Gary Imhoff

TCM

4.50pm Gun Fight (1961/PG) Western drama starring James Brown and Joan Staley 6.20 Arizona (1940/U) Western, starring Jean Arthur and William Holden 🛨 9.00 The Dead Pool (1988/18) Thriller, starring Clint Eastwood and Liam Neeson **

10.55 Get Carter (1971/15) Drama, starring Michael Caine and Ian Hendry 1.20am Striking Distance (1993/18) Action, with Bruce Willis and Sarah Jessica Parker 3.30-6.00am Hollywood's Best Film Directors

SONY MOVIE CHANNEL

5.00pm Dan in Real Life (2007/PG) Comedy. starring Emily Blunt and Steve Carell **
7.05 NYC: Tornado Terror (2008/PG) Sci-fi drama, with Nicole de Boer, Sebastian Spence Jerry Wasserman and Winston Rekert ** 9.00 Unbreakable (2000/12) Sci-fi drama, starring Bruce Willis and Samuel L Jackson ★★★★

11.15 Legion (2010/15) Action adventure, starring Paul Bettany and Dennis Quaid *** I.10am The Killer Inside Me (2010/15) Thriller starring Casey Affleck and Kate Hudson *** 3.30-5.50am Mr Jones (1993/15) Drama, starring Richard Gere and Lena Olin ★★★

Clara Amfo 12.45pm Newsbeat 1.00 Scott Mills 4.00 Nick Grimshaw 5.45 Newsbeat 6.00 Nick Grimshaw 7.00 Annie Mac 9.02 Rickie. Melvin and Charlie 11.00 Radio 1's Indie Show with Jacl Saunders 1.00am Annie Nightingale presents... 3.00 Radio 1 Comedy 3.40 Radio 1 and 1Xtra's Stories 4.00-6.33am Adele Roberts

BBC RADIO 1

97.6-99.8MHz 6.33am Matt and Mollie 10.00

BBC RADIO 2

88-91MHz 6.30am The Zoe Ball Breakfast Show **9.30** Ken Bruce **12.00noon** Jeremy Vine 2.00 Steve Wright in the Afternoon 5.00 Sara Cox **7.00** Jo Whiley **9.00** The Jazz Show with Jamie Cullum **10.00** Trevor Nelson's Rhythm Nation 12.00m't OI Borg 3.00 Sounds of the 80s with Gary Davies **4.50** Sounds of the 80s Mastermix 5.00-6.30am Vanessa Feltz

BBC RADIO 3

90.2-92.4MHz 6.30am Breakfast **9.00** Essential Classics **12.00noon** Composer of the Week 1.00 Lunchtime Concert 2.00 Afternoon Concert **5.00** In Tune **7.00** In Tune Mixtape **7.30** Radio 3 in Concert **10.00** Free Thinking 10.45 The Essay 11.00 Late Junction 12.30-6.30am Through the Night

BBC RADIO 4 FM: 92.4-94.6MHz, LW: 198kHz 6.00am

Radio

Today **9.00** The Long View **9.30** The Genius of Accidents **9.45** Book of the Week **10.00** Woman's Hour 10.45 15 Minute Drama 11.00 The Bubble 11.30 The Art of Now 12.00noon News Summary 12.04 The Diaries of Adrian Mole 12.18 You and Yours 12.57 Weather 1.00 World at One 1.45 The Art and Science of Blending 2.00 The Archers 2.15 Drama 3.00 The Kitchen Cabinet 3.30 Costing the Earth 4.00 Word of Mouth 4.30 Great Lives 5.00 PM 6.00 Six O'Clock News 6.30 My Teenage Diary 7.00 The Archers 7.15 Front Row 7.45 15 Minute Drama 8.00 The Populist Curtain 8.40 In Touch 9.00 All in the Mind 9.30 The Long View 10.00 The World Tonight 10.45 The Diaries of Adrian Mole 11.00 Fred at The Stand 11.30 Today in Parliament 12.00m't Midnight News 12.30 Book of the Week **12.48** Shipping **1.00** Selection of BBC World Service Programmes **5.20** Shipping 5.30 News Briefing 5.43 Prayer for the Day 5.45 Farming Today **5.58-6.00am** Tweet of the Day

BBC RADIO 5 LIVE

693/909kHz 6.00am 5 Live Breakfast 9.00 5 Live Breakfast 10.00 The Emma Barnett Show

YOUR VOICE

Edited by **FIONA PARKER**

PICK YOUR WORDS **AND WIN £25**

Well done to Christine Gray from Birstall, Leics, for this funny caption to our picture of golf champion Tiger Woods donning the famous green jacket after his recent emotional victory in the Masters.



Next week's photo shows Brexit Party leader Nigel Farage with the EU's chief Brexit negotiator Michel Barnier in Strasbourg. Email or send your funny captions to the address below.



Every day we'll be asking your opinion on one of Britain's big talking points. You can have your say and vote at mirror.co.uk

> After Line of Duty writer Jed Mercurio killed off a key character, some fans said they would boycott the show.

Will you still watch Line of **Duty?**

No. I'm bored with it

now, I've completely

lost interest in it.

NEIL GRAHAM

Yes. I have been watching Yes. For crying out this from the start and I loud Jed Mecurio is well can honestly say I am not known for killing off furious nor about to main characters early boycott the show! Get over it. As if you are DARREN FRAZER going to stop watching it. Clearly there will more

> twists and turns to come.

SPG76

No. I'm gutted, didn't PAM SMITH

telly by a country mile in my opinion.

No. I am furious, so much so I refuse to watch the final episodes now. What the hell is going on? BILLWIZZ

Yes. Best show on FRANK SHACKCLOTH

Major parties must be wary of Farage

So the polls are predicting the Brexit Party is on course to do well at the forthcoming European elections (Mirror, April 18). But I'm at a loss as to understand why.

Who in their right mind would vote for a charlatan, opportunist and hypocritical chancer like Nigel Farage? This is a man who supposedly opposes the European Union with a passion and yet he keeps taking his MEP's allowance.

It saddens me to think that people in this country can vote for someone who preaches the politics of hatred and intolerance - what kind of nation are we becoming?

Keith Bowman, Bolsover, Derbys

■Who else should the betrayed Brexit supporters back at the European elections other than the **Brexit Party?**

Shall we back the duplicitous current PM who's tried every trick in the book to subvert the national vote? Or should we support the Leftist in opposition who seems incapable of giving an open and honest answer to anything?

Farage, for all his faults, cannot be worse than either of these two chancers in charge of the two largest parties in the country. My decision is made.

O Alden, Leeds

■I'm amazed that so many working people are still taken in by Nigel Farage. On various occasions he advocated scrapping our precious NHS in favour of expensive American-style private health insurance, getting rid of workers' rights to fair pay,

Nigel Farage's Brexit Party could take the lead in the European elections, according to a recent poll. The elections, which Farage wanted to axe, will go ahead on May 23 unless MPs pass the Prime Minister's stalled EU Withdrawal Agreement. You say...

referendum result, but the majority

obviously have backtracked. Then

there's UKIP, who appear to have

sold out to the far right, leaving only

Farage and his Brexit Party who

must wind up favourites.

Bob Rust, Chesterfield, Derbys

decent working hours and paid holidays, not to mention abolishing animal welfare and environmental protection laws and bringing back foxhunting. Mr Farage is a politician who apparently cares little for the values of the majority of working people in Britain. Don't be fooled! John Bainbridge, Penrith, Cumbria

■How anyone could vote for the so-called Independents – a handful of turncoats who couldn't get their own way - is beyond me, while the

Lib Dems are a spent force. Then you have Conservatives and Labour, who both entered the last election on a

platform to support the



new Brexit Party. If we're dragged into the Euro elections, I believe the Brexit Party will win many seats and relegate the Conservatives

and Labour into second and third place. In the unlikely event of us having a general election, I believe the result

would be the same. The

two major parties have only

themselves to blame. I Bentley, Pudsey West Yorks

Favourite Kevin's let us all down

We older fans of Strictly are very disillusioned to hear our favourite boy next door, Kevin Clifton, is a bit of a ladies man who's apparently been having a secret relationship with last year's winner of the show, Stacey Dooley.

Kevin always comes over as so down to earth and humble, but I think he will lose some fans now. Diane Hughesdon, South London

Pub quiz answers

How many of our daily pub quiz brainteasers did you manage to get right?

- 1 Cricket
- 2. Hawaiian Islands
- 3. Beach Boys
- 4.90
- 5. Richard III

Tests axe is wrong

■ I cannot fully agree with Labour's position on scrapping Sats (Mirror, Apr 17). Schools have become stultifying for pupils, but parents need to know how children are doing. Pupils can't be cosseted forever. They should be tested at 10 in the basics, with schools using results to ensure they are brought up to scratch in their last year before secondary school. **David Rimmer** Hertford Heath, Herts

Tweet

Actor Morgan Freeman joins calls to impeach President Trump following the publication of the Mueller report

@mifree - MUELLER REPORT: "The President's efforts to influence the investigation were mostly unsuccessful, but that is largely because the persons who surrounded the President declined to carry out orders or accede to his requests." Attempted crimes are still crimes. #ImpeachTrump

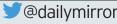
■ If only the population would rise up against DWP harassment of the sick and disabled and Universal Credit with the same enthusiasm they show for extinction rebellion. Just imagine if Jobcentres, assessment centres and DWP offices were blockaded in the same fashion. Perhaps the Government would be forced to back down. Gary Walker Banstead, Surrey

■ More people are in work than any time since records began, according to the latest figures. But there is no mention that more people in work are claiming in-work benefits and using food banks.

So not all work pays when wages are not enough to cover higher household bills and reduced working hours. Andrew Nutt Bargoed, Caerphilly

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YESTERDAY'S RESULTS & PRICES

FAIRYHOUSE

5.00: BURROWS SAINT (R Walsh 6-1f)
1; Isleofhopendreams (20-1) 2; Acapella
Bourgeois (18-1) 3. 30 ran. 1¾, 5½. (W P
Mullins). Tote: €6.50. €2.20, €5.50, €5.10, €3.40. Tote Exacta: €124.00. Csf: €135.17. Tricast EUR2,175.54. Tote Trifecta: €2,405.10.

HUNTINGDON

1.40: LORD SPARKY (C Hammond 9-1)
1; Goldrapper (9-2) 2; Sinakar (7-2) 3.
Sheila's Fancy 5-2f. 9 ran. 1, 12, (Mrs Caroline Bailey). Tote: £7.90. £2.00, £1.80, £1.70.
Tote Exacta: £77.60. Csf. £50.82. Tricast: £172.13. Tote Tirflecta: £517.40

2.15: ARBORETUM (D McMenamin 7-1 13-8f) 3. 7 ran. 6, 12. (M E Sowersby). Tote: 88.00. £3.10, £2.40. Tote Exacts: £43.10. Csf. £54.65. Tote Trifects: £146.80 **2.50**. **ARCH MY BOY** (L P Aspell 2-7f)

2.50: AHCH MY BOY (L P Aspell 2-7), 1; **Takbeer** (11-4) 2; **Glendun** (5-1) 3. 9 ran. 30, 1½. (Martin Smith). Tote: £1.10. £1.10. £1.10, £1.70. Tote Exacta: £1.80. Csf. £2.33.

Tote Tiffecta: £3.30

3.25: SO LONELY (H Skelton 2-1f) 1;
5 annur (3-1) 2; Green Or Black (7-1) 3.
5 ann. 11, ½. (D Skelton). Tote: £2.20. £1.40
£1.60. Tote Exacta: £7.80. Csf; £8.79. NR: al's Sunset. Tote Trifecta: £19.90

Admirals Sunset. Tote Tiffecta: £19.90
4.00: TOWNSHEND (S Twiston-Davies 11-4) 1; Charming Zen (5-1) 2; Dicosimo (2-1f) 3. 5 ran. 9, 12. (N A Twiston-Davies). Tote: £3.20. £1.40, £2.40. Tote Exacta: £14.10. Csf. £15.71. Tote Tiffecta: £41.10
4.35: COSMIC KING (P J Brennan 9-2)
1; Third Estate (Evens) 2; Templepark (6-4) 3. 3 ran. 1½, 3½ (F O'Brien). Tote: £4.50. Tote Exacta: £7.70. Csf. £9.26. NB: Thornas Blossom. Tote Ifffecta: £7.50.

Blossom. Tote Trifecta: £7.50.

5.10: MISTER COFFEY (G Sheehan

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8-11f) 1; Kap Auteuil (13-2) 2; Mr Woolley (14-1) 3. 6 ran. 8, 2¼. (H Whittington). Tote: £1.60. £1.20, £3.20. Tote Exacta: £6.60. Csf: £6.53. Tote Tirkeda: £375. O Quadpot: £22.60. Placepot: £294.20

FAKENHAM

1.45: RED ROYALIST (C Gethings 6-4f) 1; Sudden Destination (15-8) 2; Zoffany Bay (2-1) 3. 4 ran. 2¾, 15. (Stuart Edmunds). Tote: £1.80. Tote Exacta: £4.30. Csf: £4.91.

2.20: LLANCILLO LORD (C J Todd 1-2f) 1; Cyrius Moriviere (9-4) 2; Allie Beag (9-1) 3. 3 ran. 6, 16. (R Potter). Tote: £1.30. Tote Exacta: £1.60. Csf: £2.03. NR: Postbridge.

Tote Tritecta: £2.50

2.55: SID HOODIE (H Bannister 5-1) 1; Jobe Imecia: \$2:50

2.55: SID HOODIE (H Bannister 5-1) 1;
Working Class (6-1) 2; Ravenous (3-1f) 2, 30, 21:

£11.94. NR: Heresmynumber. Tote Trifecta

5.15: SILVERGROVE (Alex Chadwick 10-3) 1; Sir Jack Yeats (1-5f) 2 2 ran. 47. J P Owen). Tote: £3.40. Quadpot: £27.10. Placepot: £182.60.

PI.IIMPTON

1.50: PRAECEPS (W Hutchinson 8-11f) 1; Zanzi Win (11-8) 2; Flaminger (10-1) 3. 5 ran. 4, 10. (A King). Tote: £1.40. £1.10, £1.10. Tote Exacta: £2.10. Csf: £2.17. NR: Furia D'Oudairies. Tote Tiffecta: £2.10

247.32. Tricast: £162.94. Tote Trifecta: £163.60
3.00: MERCIAN PRINCE (J Quinhan 2-1)
1; Romain De Senam (4-5f) 2; Militarian (9-2)3. 3 ran. 3, 35. Miss Arry, Murphy). Tote: £19.0. Tote Exacta: £4.90. Csf: £4.06. NR: Not Another Muddle. Tote Trifecta: £3.00
3.35: PASSING DREAM (J McGrath 11-1)
1; Itsonlyrocknroll (7-2) 2; Midnight Jittlerbug (5-2)7.8 r8 ran. fe 19, (J W Mullins). Tote: £11.30. £3.00, £1.10, £1.30. Tote Exacta: £47.90. Csf: £52.38. Tricast: £130.77. Tote Trifecta: £243.60

NO NO CARDINAL (F Austin 5-2) 4.10: NO NO CARDINAL (£ AUSTIN 5-2) 1; Brother Bennett (10-11f) 2; Goonjim (6-1) 3. 4 ran. 16, 14. (Mark Gillard). Tote: 23.30. Tote Exacta: £6.60. Csf: £5.57. NR: Kilinakin. Tote

Exacta: 15.6.0. Cst. 15.5.7. Nirt Fullmarin. Ioe 11 frifecta: £15.60 4.45; STREAM LADY (T Scudamore 6-1); The Tin Miner (9-4f) 2; Pray For A Rainbow (11-4)3.9 ran. 3½, 7, (D Pipe). Tote: £5.70. £2.20, £1.20, £1.20. Tote Exacta: £21.70. Csf. £21.65. Tilicast: £47.40. Tote Trifectar

£96.40.
5.20: DAREBIN (J E Moore) walked over. (G L Moore). NR: King Cnut.
Quadpot: £65.40. Placepot: £107.60

REDCAR

1.55: COUNTRY (D Tudhope 1-2f) 1; Dancingwithwolves (7-1) 2; Fragrant Dawn (7-1) 3. 7 ran. 3%, shd. (W J Haggas). Tote: 14.0. £1.10, £2.40. Tote Exacta: £5.00. Csf: £4.61. NRs: Heart In Havana, Power Player. Tote Tiffects

24.61. NRs: Heart In Havana, Power Fiesy...
Tote Trifecta: £14.50
2.30: GALLOWAY HILLS (5 H James
15-2) 1; Epeius (12-1) 2; Mustadel (7-2) 3.
Joran 34, 2 (Philip Makin), Tote: £7.00. £2.10,
23.70, £1.60. Tote Exacta: £108.10. Csf: £92.32.
Tricast: £380.13. Tote Trifecta: £591.00
3.05: HORTZADAR (0 Tuchope 4-7f) 1;
Amplification (81-1); Tadaawol (5-1) 3. 8
ran. 114, 11½. (0 O'Meara), Tote: £1.30. £1.10,
£1.70, £1.80. Tote Exacta: £6.30. Csf: £6.71.
Tricast: £15.10. NR: Petifiogger. de Trifecta:

\$24.20 **3.40:** THE ARMED MAN (P Muir 11-2) 1; Saluti (6-5f) 2; Seen The Lyte (25-1) 3. 6 ran.

WOLVERHAMPTON

11/4, 1. (C W Fairhurst). Tote: £5.90. £2.00, £1.40. Tote Exacta: £13.50. Csf: £12.25. NR: Muta-5.10 ADVENTUREMAN Total Exacta: £13.00. CSf: £12.25. NH: Muta-farid. Tota Effecta: £151.30 4.15: LEXIKON (J Gormley 9-1) 1; Fitzy (50-1) 2; Kensington Art (3-1) 3. Mushaageb 5-2f. 10 ran. nk, 2% (Ollie Pears). Tota: £6.20. £1.90, £9.60. £1 20. Total Exacta: £266.80. Csf. 528.76. Tricast: £1,696.27. Total Trifecta: 5.40 KING OF ROOKS

1.30, 159.00, 11.00 e Exacta: 12:00.80.05; 2538.76. Tifocast: £1,696.27. Tote Trifecta: £3.296.30 4.50; ANNA BUNINA (J Garritty 7-2) 1; Kodi Dream (9-1) 2; Blazing Dreams (4-1) 3. Toro Dorado 7-4f. 8 ran. nk, 3½. (Jedd O'Keeffe). 10s: £45.0.£17.0; £20, £1.10. Tote Exacta: £33.40, Csf. £33.10. Tricast: £129.44.

Exacta: \$33.40. CSI: \$33.10. Incast: £129.44. NR: Good Looker. Tota Tiffecta: £126.80. **5.25: ECHO** (J Garritty 4-1) 1; **Divin Bere** (3-1) 2; **Highway Robber** (16-1) 3. Extreme Appeal 2-1f. 9 ran. 1, 3. (Jedd O'Keeffe). Tote: £3.40. £1.40, £1.40, £3.90. Tote Exacta: £16.60.

Csf: £16.09. Tricast: £168.18. Tote Trifecta

6.00: ASCOT DREAMER (L Edmunds

4-1f) 1; **Lincoln Red** (20-1) 2; **Frosted Lass** (10-1) 3. 15 ran. 1½, hd. (D H Brown). Tote: £4.10.£1.90, £6.00, £3.70. Tote Exacta: £83.50. Csf. £91.91. Tricast: £785.16. NR: Kyroc. Tote

Jackpot: £15.384.60. Quadpot: £9.90.

CHEPSTOW

CHLEPSTUW

2.00: SILK RUN (5 Sheppard 6-4f) 1;
Picture Painter (10-1) 2; Tamarillo Grove
(5-1) 3. 6 ran. ¾, 2¾, (Tom Lacey). Tote: £2.10.
£1.50, £3.70. Tote Exacta: £19.10. C.5£; £165.
Tircast: £62.62. NRs: Cape Hideeway, Jefferson
Davis, Mon Eldorado. Tote Tirlecta: £52.90

2.35: GENERAL BUX (J O'Neill Jr. 8-11f)
1; Trafalgar Rock (Evens) 2 2 ran. 64. (Mrs
S. Leech). Tote: £1.40. NR: Cld Harry Rocks.
3.10: FORGET ME KNOT (A Wedge 7-2)
1; Stephanie Sunshine (11-8f) 2; Lady
Marwah (2-1)3. 6 ran. 1, 15. (Miss E C Lavelle).
Tote: £3.80. £1.40, £1.20. Tote Exacta: £8.40.
€5; £9.46. Tote Tiffecta: £19.20

Csf: £9.46. Tote Trifecta: £19.20
3.45: SIZING PLATINUM (J O'Neill J

4.20: FRIEND OR FOE (H Cobden 1-25f

Tilson (10-1) 2 2 ran. 6. (P F Nicholls). Tote

1; Tilson (10-1) 2 2 ran. 6. (P F Nicholls). Tote: £1.02. NR: Peppay Le Pugh.
4.55: LOVELY JOB (S Bowen 2-1) 1; Shanahan's Turn (6-1) 2 The Dellercheckout 5-4f. 4 ran. 89. (F O'Brien). Tote: £2.50. Tote Exacta: £13.80. Csf: £12.02. Quadpot: £38.00. Tote Tiffecta: £13.60 Placepot: £139.00. 5.30: SOUTHIFIEL DHARVEST (H-Cobden 2-5f) 1; Stolen Silver (3-1) 2; Silver Nickel (20-1)3. 4 ran. nk, 6. (P F Nicholls). Tote: £12.0. Tote Exacta: £2.00. Csf: £2.07. NR: Piggy Winkle. Tote Tiffecta: £2.70.

WOLVERHAMPTON

2.10: FALSE ID (L Coughlan 13-2) 1; Ghazan (6-1) 2; Street Poet (7-2f) 3. 12 ran. 1, 2%, (David Loughnane). Tote: £7.77. £2.10, £2.20, £1.80. Tote Exacts £57.10. Csf. £45.08. Tricast: £160.97. NR: Bell Heather. Tote Ti

2.45: LILIOFTHELAMPLIGHT (J Fanning 1-1) 1: Sunset Flash (5-6f) 2: Fields Of

2.45: LILIOFTHELAMPLIGHT (J Fanning 11-1); Sunset Flash (5-67) 2; Fields Of Dreams (14-1) 3.6 ran. nk. 11. (M Johnston). Tote: C7-90. C2-90, C1-10. Tote Exacta: C22-20. C3: C21-86. Tote Trifecta: £89.80 3.20: ADELANTE (C Fallon 12-1); Diamond Oasis (15-87) 2; Laxmi (12-1) 3.7 ran. 114, 2/2. (George Baker). Tote: £10.40. C3-60, £1.80. Tote Exacta: £53.30. Csf: £24.80. Tote Trifecta: £489.40 3.55: MY TOWN CHICAGO (C Lee 10-1); Liamba (8-1) 2; Mansfield (13-2) 3. Naralsaif 11-4f. 11 ran. ½, 1½. (Kevin Frost). Tote: £12.60. £4.10, £2.70, £2.50. Tote Exacta: £80.20. Csf: £89.57. Tricast: £569.51. NR: The King's Steed. Tote Trifecta: £285.30

King's Steed. Tote Tirfecta: £285.30

4.30: RED INVADER (O Murphy 4-1) 1

cta: £1 082 90

610 NICE TO SEA 640 MARQUE 7.10 GLOBAL ACCLAMATION 7.40 DUBAWI MEEZNAH

JACKPOT CARD

GOING: Standard COURSE: Left handed, very tight Tapeta track of

1m, with a 330yd run in.

DRAW: Little effect.

TOP TRAINERS: J Gosden 65-189 (34.4%) M Johnston 61-453 (13.5%), M Loughnane 56-661 (8.5%), A Carroll 55-507 (10.8%), D O'Meara 48-440 (10.9%), M Botti 43-317 (13.6%).

TOP JOCKEYS: Robert Havlin 54-273 (19.8%), David Probert 49-394 (12.4%), Franny Nortor 397 (11.3%), P J McDonald 41-378 (10.8%).

5.10 THA'IR 5.40 MAGICAL MOLLY JOE 610 GREENVIEW PARASIDE 6.40 RECKLESS ENDEAVOUR 7.10 GLOBAL ACCLAMATION 7.40 LOCAL AFFAIR

1ST TIME HOODS: None.

6.40 Reckless Endeavour

CHEEKPIECES: 5.10 Mans Not Trot, 5.40 Bilyoakes, The Bull, 6.10 Earthly, Qayed, 7.10 Havana Ooh Na Na, Your Mothers' Eyes*, 8.10 Hikayah, Sadler's Soul*

TONGUE STRAPS: 5.10 Jeremy's Jet, Quiet Moment, Sea Shack, 5.40 Breathoffreshair, 6.10 Earthly, 6.40 Quixote, 8.10 Seraphim

1ST RUN SINCE WIND OP: 5.10 Ronnie

The Rooster, 5.40 Tiger Lyon
PROFITABLE RACES FOR FAVS: None.

5.10 FRUIT SHOOT APPRENTICE HANDICAP (6) 1m If Winner £3,105 (13 run) ...S B Kirrane (7) 69 SF Connor Murtagh 67 G nmer Hansen (3) 64 STS P Davis 68 G

04700** ROWNIE THE ROUSTER (17) J LEYPE 5**:
63303 MANS NOT TROT (39) B Barr 49-5........
52050- MAJESTE (147) Rebecca Bastiman 5 9-2....
15418- SILK MILL BLUE (165) R M Whitaker 5 9-2... head 4 9-2 Toby Eley (3) 9 (7) 0-0901 THA'IR (7) PMcBride 9 9-2 (CD4) (SF). 10 (10) 85709- QUIET MOMENT M Barnes 5 9-0 11 (11) 9740-2 CAPTAIN PEAKY (47) Liam Bailey 6 M Crehan (3) ST S ST .. H Si lev 6 8-12 (FW) 12 (4) 056460 JEREMY'S JET (20) A Carroll 8 8-12 (CD).
13 (1) 30-629 ONE LINER (27) J G O'Shea 5 8-12.....Poppy Bridgwater 66 Kate Leahy (7) 65

nan, 11-2 Sea Shack, 6 Captain Peaky, Mans I

5.40 FRUIT SHOOT HANDICAP (6) 6f

•	_	-	Willie 25/105 (15 full)		
			MAGICAL MOLLY JOE (7) T D Barron 5 9-6 (C2) (SF) P J McDonald		
2	(10)	23686-	INGLEBY MOLLY (175) J Ward 4 9-4 (CD)S Woods (5)	65	ST
3	(13)	7607-0	TIGER LYON (59) J Butler 4 9-4 (BF, C)	48	
4	(6)	64-411	KRAZY PAVING (29) Olly Murphy 7 9-4 (CD) (F) Megan Nicholls (5)	68	G
5	(3)	9-8647	KING OF ROOKS (55) H Spiller 6 9-3 (D)R Havlin	69	G
6	(8)	2-0777	BREATHOFFRESHAIR (64) R C Guest 5 9-3 (D3)P Prince	61	ST
7	(2)	455804	BILLYOAKES (17) C Wallis 7 9-3 (BF, C, D5) David Egan	66	G
8	(7)	92160-	CUPID'S ARROW (147) Mrs R Carr 5 9-3 (D2)	●71	GS
9	(9)	4541-6	THE BULL (25) B Haslam 4 9-3 A Mullen	67	ST
10	(11)	5438-4	LOULIN (25) Mrs R Carr 4 9-3	64	G
11	(5)	2/230-	OLAUDAH (183) H Candy 5 9-2 (BF) D Probert	38	ST
12	(1)	2-9851	POPPY MAY (26) J Given 5 9-2 (D2) (EW)	67	ST
			SEAFORTH (7) A Wintle 7 9-2 (C)		
			agical Molly Joe, 11-2 Krazy Paving, 7 Poppy May, 8 Billyoakes, 10 The I		
_	٠.	40	DDITVIC HANDICAD (6) 1m 66		

6.10 BRITVIC HANDICAP (6) 1m 6f Winner £3,105 (13 run)

			WALLY'S WISDOM (83) M Loughnane 7 9-6 (F) Jones		
2	(6)	098/5-	HIGHCASTLE (374) Henry Oliver 4 9-6 Fahy	-	
3	(9)	07400-	KERRERA (178) P Webber 6 9-6	60	SF
4	(12)	9260/9	BEAU KNIGHT (69) A Dunn 7 9-5S Woods (5)	-	
5	(4)	1-4948	YASIR (29) Mrs S Leech 11 9-5 (C7)	65	ST
6	(13)	689/09	GUARACHA (13) A Dunn 8 9-4	24	G
7	(7)	231131	HARRY CALLAHAN (20) M Channon 4 9-4 (SF)C Shepherd	63	G
8	(3)	-47337	HUSSAR BALLAD (19) A Brittain 10 9-4 (CD)	64	ST
9	(8)	32329-	EARTHLY (139) B J Llewellyn 5 9-4 (BF)F Norton	67	ST
			NICE TO SEA (29) Olly Murphy 5 9-3 S P Davis (5)		
			EURATO (19) D Shaw 9 9-2 (CD)P Mathers		
			QAYED (29) W Brisbourne 4 9-2P J McDonald		
			GREENVIEW PARADISE (6) J Scott 5 9-2 (D) (EW) D O'Neill		
BI	ETTII	NG: 11-8	B Harry Callahan, 5 Wally's Wisdom, 8 Greenview Paradise, 10 Nice To Se	a.	
4		40	PEPSI MAX HANDICAP (3) 7f		

6.40 Winner £7,246 (10 run)

1	(1)	52779-	LAMLOOM (209) D O'Meara 5 9-7 (EW)	102	S
2	(6)	008/0-	QUIXOTE (326) J Unett 9 9-4 (D4)Toby Eley (7)	37	G
3	(2)	/1172-	MARGUB (217) M Tregoning 4 9-2 (BF, D2) (SF)	98	SF
4	(7)	1/677-	GHALIB (306) Rebecca Bastiman 7 9-2R Scott (3)	93	G
5	(3)	214-	ELERFAAN (293) Rebecca Bastiman 5 9-1 (D)L Edmunds	95	G
6	(8)	15257-	HUMBLE GRATITUDE (228) Williams 4 9-1 (D)David Egan	100	G
7	(4)	11-545	ROBERO (55) Miss G Kelleway 7 8-13 (CD)	103	GS
8	(9)	966115	HAMMER GUN (24) D Shaw 6 8-11 (D4)P Mathers	101	ST
9	(5)	288-31	SUREYOUTOLDME (10) Mrs R Carr 5 8-9 (CD) (F)	99	ST
10	(10)	534666	RECKLESS ENDEAVOUR (11) T D Barron 6 8-8 (D) P J McDonald	104	ST
BE	TTI	NG: 7-2	Surevoutoldme, 4 Margub, 5 Elerfaan, 6 Lamloom, 8 Robero, 10 Hamm	er Gu	ın.

1.50 7.25 5.25

MULLINS GLEE AT 1-2-3 BONU

BY DAVE MITCHELL WILLIE MULLINS (right) broke a career long Irish National hoodoo when he saddled the first three home at Fairyhouse yesterday.

Burrows Saint, well-backed 6-1 favourite, was given a confident ride by Ruby Walsh, who was winning the race for a third time, to come home ahead of Isleofhopendreams and Acapella Bourgeois.

Mullins, who won his first Cheltenham Gold Cup with Al Boum Photo last month, said: "It's fantastic to have won the race after years of trying and to have a one-two-three.
"He travelled very well

for much of the race and he found more in the closing stages. It was a pity that

two of ours fell." He added: "It was Burrow Saint's third win in just over six weeks and that tells you a lot about what

future he might have. "It was only his fourth

run over fences for us and Ruby fancies a go at Tiger Roll at Aintree next year.'

7 10 J20 HANDICAP (6) (3-Y-0) 7f

			mner	とう,10つ	(12)	un <i>)</i>							
1	(4)	95406-	I'M B	ILLY MU	RPHY	(206) N	Tinkler 9-	7	***********	R	Scott (3)	63	G
2	(1)	80-712	GLOB	AL ACC	LAMA	TION (4	l2) E Dunlo	p 9-7 (SF).		•••••	.R Havlin	68	ST
								9-7 					SF
4	(6)	70-716	HAVA	NA 00H	I NA I	VA (12) K	Burke 9-6	5 (CD)		•••••	C Lee	67	ST
5	(9)	0-566	FORT	BENTO	N (12)	T D Barro	n 9-5			PJ1	AcDonald	68	
6	(2)	9-2055	KLIPE	PERTY K	(LOPP	(22) A B	Brittain 9-5	(EW)		•••••	.C Hardie	69	SS
								n 9-5					
8	(3)	78-5	ANTIC	CO LAD	(26) E	3 Ellison 9	9-3			B Rob	inson (3)	65	GF
								9-3 (F)					
10	(7)	644-	LIAM'	'S LASS	(158) N	irs P Sly 9	9-3				R Hornby	62	ST
								9-2					
12	(11)	9535-8	MI LA	DDO (22) Oliver	Greenall	9-1			•••••	D Nolan	69	ST
BE	TTI	NG: 4 G	lobal A	cclamati	ion, 11-	-2 Peruv	vian Sum	mer, 6 Kli	pperty	Klopp	7 Havana	o Ooh	Na
Na	1, 8 I	Fort Be	nton, 1	0 I'm Bill	y Mur	phy, Lia	m's Lass	, 12 Peter:	s Puddir	ıg. İ			
_	_												

7.40 PEPSI MAX EBF FILLIES' NOVICE STAKES (5) 1m 4f Winner £3,752 (9 run)

(9)	4	CHERI	RIES AT I	DAWN (25)	D F Davis 4 10-0.		C Shepherd	59	S
(6)	3-	DUBA	WI MEEZ	NAH (236)	D M Simcock 4 10-	-0S	P Davis (5)	64	S
(3)	0-	GOSC	DTE (211) H	Candy 410	-0		D Probert	25	G
(7)	9	WEST	ERN DIXI	IE (10) Jenni	ie Candlish 5 10-0		A Mullen	46	S
(1)		CONS	TRAINT A	Balding 3 8	-8 (EW)		R Hornby	-	
(2)	930-	EESH/	A MY FLO	WER (131)	M Botti 3 8-8	P	J McDonald	69	S
(8)		LOCAL	. AFFAIR	S Crisford 3	8-8 (SF)		J Mitchell	-	
(5)	30	SAMS	TAR (11) M	Johnston 3	8-8		F Norton	61	S
(4)	5-6	SUAK	N (8) J Go	sden 3 8-8 (F)		R Havlin	68	G
					r, 5 Local Affair te, 33 Western	, 6 Constraint, Dixie.	7 Dubawi Me	eznal	n,
•		FDIIIT	CHOOL	FILLIFS	NOVICE ST	AKES /5\ 1m	1f		

8.10 FRUIT SHOOT FILLIES' NOVICE STAKES (5) Winner £3.752 (13 run)

Mykindofsunshine

Nearooz

Nice To Sea Nightboattoo

One Liner

Onecallaway

		Willier £3,732 (13 full)		
(7)	1-	NEAROOZ (193) R Varian 3 9-4 (SF)David Egan	84	G
(6)	3-5	AIGIARNE (63) C Cox 3 8-11H Crouch	76	ST
12)	0	FABULOUS VIEW (12) Mrs R Carr 3 8-11	-	-
(3)	64	HIKAYAH (25) D O'Meara 3 8-11C Hardie	72	SS
10)		JAIDAA S Crisford 3 8-11	-	-
(9)	64	LADY MASCARA (31) J Fanshawe 3 8-11 G Wood	76	ST
(4)	6-	MASAI SPIRIT (171) P McBride 3 8-11 D Brock	43	GS
11)	35-	NEW JAZZ (262) J Gosden 3 8-11 (BF) (F)R Havlin	94	G
(2)	2	SADLER'S SOUL (25) Archie Watson 3 8-11 (EW) A Mullen	79	SF
(1)	5	SERAPHIM (32) M Botti 3 8-11 D Probert	75	SS
(5)	0-0	SWEET POEM (80) C Cox 3 8-11Amelia Glass (7)	65	SS
13)		TAALDARA B Haslam 3 8-11P Mulrennan	-	-
(8)	6	UNDER THE STORM (25) J Tate 3 8-11P J McDonald	63	SS
TING:	: 15-8	3 Nearooz, 7-2 New Jazz, 7 Sadler's Soul, 8 Aigiarne, 10 Hikayah, Jaida	a.	

TODAY'S ABC GUIDE TO FIVE CARDS No Winner Machine qualifier. Civil Unrest Clubora Cock A Doodle Come On Dave Come On Tier Comeonfeelthe

7.55 LI

12 (1: 13 (1

Lady Of Ardvar

Land Of Legend

Lippy Lady

430: RED INVADER (O Murphy 4-1) 18 Abanago (*-1); Atysad (*-2-6) 3. 10 ra. 1.14, 44. (J Butler). Tote: £4.10. £2.20, £2.40, £1.70. Tote Exacta: £36.50. Csf: £32.77. Tricast: £104.75. NR: Foxy Boy, Tote Trifrecta: £145.00 5.05: RAVEN'S RAFT (L Coughlan 33-1) 1; Lost History (50-1); £ Bopaa (13-3). Dream Magic 3-ff. 12 ran. 1, 34. (David Loughnane). Tote: £53.00. £11.50, £16.90, £2.10. Tote Exacta: £446.60. Csf: £1,136.39. Tricast: £11,458.08. Quadpot: £326.30 Placepot: £1,306.10. 5.35: SETTING SAIL (W Buick 10-11f) 1; Charles Kingsley (7-1) 2; Heart Of Soul (7-2) 3. 10 ran. 6, 2. (C Appleby). Tote: £1.60. £1.10, £2.30, £1.10. Tote Exacta: £9.00. Csf: £9.99. Tote Tiffecta: £21.40 Quadpot: £326.30. Placepot: £1,306.10 **GREYHOUNDS**

PERRY BARR. -11.03 Moandulf Fact 9-4j (2-5-4, £14.39, TC £29.95). 11.19 Lake Belle 6-1 (6-2-1, £83.78, TC £20.90). 11.43 Break The Clock 5-1 (6-3, £35.3, TC £78.30). 11.48 Treanmanagh Moth 4-1 (2-5-6, £34.3), TC £77.28, 12.04 Crown Prince 10-1, £1-13, £63.21, TC £37.83). 12.18 Sabbatical 9-4f (5-2-4, £14.26, TC £67.58). 12.33

12.48 Go Hunter 3-1c (6-5.3, £16.01, TC: £40.18).
1.04 Gortnaskeha John 7-4f (2-3-4, £79.4).
1.05 Gortnaskeha John 7-4f (2-3-4, £79.4).
1.14-52, £24.94, TC: £58.2).
1.14-53, £24.94, TC: £58.2).
1.14-53, £24.94, TC: £58.2).
1.15 Cronody Magic 6-4f (1-4-6, £76.1).
1.15 Cronody Magic 6-4f (1-4-6, £76.1).
1.15 Gift Of May 2.
1.13-16, £13.23, TC: £64.70).
1.1.41 Mohican Kingsley 5-2 (1-3-1-5, £12.18, 11.26, TC: £25.7), 1.1.56
1.13-16, £13.23, TC: £64.70).
1.14.11 Jim Boy -4f (5-4-6, £12.14, TC: £37.70).
1.15 L11 Jim Boy -4f (5-4-6, £13.94, TC: £0.70).
1.15 Mohican State (1-4-2, £12.74, £12.14, TC: £12.02).
1.15 Mohican State (1-4-2, £12.74, £12.14, TC: £12.02).
1.15 Mohican State (1-4-2, £12.14, TC: £12.28).
1.15 Mega Mai 4-1 (5-2-3, £22.92, TC: £19.19).
1.15 Mega Mai 4-1 (5-2-3, £22.92, TC: £19.19).

Russelena Eclair 9-2 (3-1-5, 22869) TC 19442). 247 Hanks Jet 9-2 (5-1-6, 22443, TC 271.7). 3.07 Mineola Aunty 5-2 (3-4-6, 12.9). TC 235.94), 3.27 Rockette 3-1 (6-2-1, 2643, TC 274.7). 347 An La Fada 7-1 (1-2-4, 232.67, TC 280.71). 4.07 Sugar Ray Kate 2-1 (1-6-5, 55.65, TC 1835.9). 4.27 Grephairs 7-2 (6-4, 525.02). TC 266.50). 4.46 Swift Casper 11-4 (6-13, £2895, TC £102.52). 5.06 Black Sparklet 5-2f (6-4-2, £18.82, TC £51.54). 5.22 Russelena Donut 7-4f (4-6-5, £11.10, TC £35.95). 5.39 Cudbe Magic 7-2 (1-6-2, £27.64, TC £110.65). 5.56 Knockra Tom 7-4f (4-3-6, £9.06, TC £21.47). 6.11 Cuisle Mo Chroi 7-4f (6-5-3, £8.72, TC £28.95).

LUDLOW - LU SEDGEFIELD - SE WOLVERHAMPTON YARMOUTH - YA Adventur Agent Basterfield Ahorsewithnoname Aigiarne Air Glider Air Gilder Airwaves Al Le Gone Aladdin Sane All Is Good Allez Sophia Almontaser Alnasherat 4.05 YA 4.15 SE 1.40 SE 2.25 LU 2.25 2.00 1.50 6.25 7.55 LI 5.25 LI

LINGFIELD - LI

7.10 4.55 6.55 7.25 3.15 3.25 Arctic Sea Arvensis At Your Se Atlantic Bi Aubusson 7.25 4.05 2.35 2.25 3.55 1.40 6.25 Axel Jacklin Barnay Be Like Me 6.10 WO 5.00 LU 3.35 YA Bergamot Best Haaf 5.10 WO 2.25 LU 5.40 WO 3.55 LU 3.55 LU 5.40 WO 7.55 LI Billy Hicks Breathoffreshair Brooklyn Boy Burning Issues Calarules Camachess Capofaro Captain Peaky Carter Mckay Celtic Legend Chasma Cherries At Dawn

Conqueress Constraint Cool Exhibit 5.25 5.55 3.35 5.40 Creek Harbou Croqueta Crystal Tribe Cupid's Arrow Dancing Doug Dark Alliance Deadly Accurate Dotted Swiss Dr Jekyll Dreaming Of Paris Dubai Mission Dubawi Meeznah Earthly Ebony's Manor Edaraat Eesha My Flower Electron Bleu Endless Joy Eurato Exclusive Rights Expresstime Fabulous View Fair Loch

Fountain Of Life Fricka Fujaira King Fullmoon Luna Lady

Companion Connaught Ra

3.35 YA 7.40 WO 3.25 LU 6.40 WO 4.45 5.00 7.25 6.55 1.40 1.40 Felix Mendelssohn First Of Never Kerrera King Of Comedy King Of Rooks Kingdom Of Dubai Klass Action Fort Benton Fountain Of Life 7.10 WO 3.35 YA 5.00 LU

Havana Ooh Na Na Hepijeu Here's Two Hey Bill Hey Bob Hi Ho Silver Highcastle Highway Robbery Hikayah Hillview Lad Homesick Boy Humble Gratitude Humble Gratitude
Hurricane Alert
Hurricane Vic
Hussar Ballad
Hypnos
I'm Billy Murphy
I'm Brian
Ingleby Molly
Jack Lamb
Jaidaa Jaunty Flyer Jeremy's Jet Jo Cashflow Jungle Inthe Kelinda Dice

Klipperty Klopp

Ginge N Tonic

Hammer Gun

Haraz

7.10 W0 2.55 LU 4.55 LI 3.25 LU 1.40 SE 1.30 YA 7.55 LI 8.10 WO 3.55 LU 7.25 LI 4.15 SE 6.10 WO 2.35 YA 7.10 WO 3.35 YA 5.40 WO 3.45 SE

7.10 WO 3.35 YA 5.40 WO 5.25 LI

6.10 WO 6.55 LI 3.55 LU 3.05 YA 6.40 WO 5.25 LI 3.55 LU 3.45 SE 7.40 WO 5.25 LI Local Affair Lord Digby Loulin Love So Deep Lovin
Lucipherus
Lucky Robin
Luna Wish
Mac Cennetig
Magical Molly
Mah Mate Bob Mahler Sup Maid Millie Maid Millie Maid Of Spirit Mainsail Atlant Majeste Majorette Majorette
Manning Estate
Mans Not Trot
Manton Warrior
Margub
Martha Brae
Masai Spirit Master Burbidge Master Dancer Mi Laddo Mi Manchi

Misu Bula

Motagally Mother of Dragons

Mrs Davies Murchison River

4.45 3.35 1.40 4.45 Mochalov Molly Whuppie Monoxide Moon Artist 1.30 2.45 3.05 7.55

6.40 WO 3.35 YA 1.50 LU 2.45 SE 7.10 WO 5.55 LI

Paddling
Painters Lad
Peak Time
Percy Toplis
Peruvian Sum 2.15 1.40 3.45 7.10 WO 7.10 WO 7.25 LI 6.55 LI 4.35 YA 5.55 L 5.40 WC 6.25 I 6.25 Y Peters Pudding Pharoh Jake Physics Point Zero Poor Auld Paddy ayed Raha Rapid Fritz 3.35 YA 1.40 SE Reckless Ende Rock N Roll Queen Rock in Roll Queen Rockliffe Ronnie The Rooster Rosarno Ruacana Sacred Warner Sadler's Soul Samstar Sandfrankskipsgo Santani Savannah Moon

Sea Shack

SE SE YA

Spy Fi Stealth Fighter Strangsmill Suakin 4.45 SE Sultans Hero Sultans Hero
Supreme Chance
Sureyoutoldme
Susie Mac
Sussex Girl
Sweet Poem
Swiss Peak Taaldara Take It Down Under The Bull The Third Man The Warrior Thelongwayaround Tiger Lyon Toboggan's Fire Torolight Trouble Shooter True Belief Trysor Ynys Tunnel Creek Turquoise Frie Two Hoots Under The Storm Vendredi Trois Virak Wally's Wisdom Weloof Western Dixie Wiff Waff Wondergirl

Yasir

She Relieves

Shyron Silk Mill Blue Sir Hector Sirius Slew Solar Park Spanish Mane

Spock Sporting Press

7.40 WO 1.40 SE 5.55 LI

2.35 YA

1.30 YA 5.55 LI 4.35 YA 5.10 WO 5.40 WO 5.10 WO 4.55 LI 2.45 SE 5.40 WO 1.40 SE 7.55 LI 5.55 LI

1.50 LU 1.40 SE 6.55 LI 2.15 SE 8.10 WO

4.35 YA 1.50 LU

5.10 WO

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BEST ODDS

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YARMOUTH

NEWSBOY 1.30 TAKE IT DOWN UNDER 2.00 QUIET PLACE 2.30 KINGDOM OF DUBAI (NB) 3.05 STEALTH FIGHTER 3.35 HAT YAI 4.05 SOLAR PARK 4.35 WIFF WAFF

BETTING: 13-8 Endless Joy, 7-4 Quiet Place, 7-2 Companion, 12 Allez Sophia, 20 Luna Wish.
2018: CARRIE'S VISION 9 0, James Doyle 9-4 (W Haggas), drawn (5), 8 ran.
2.35 JOHN KEMP 4 X 4 CENTRE OF NORWICH HANDICAP (5)
(3-Y-0) 1m 2f Winner £3,752 (9 run)

CARD SEE PAGE 4

TOMORROW'S LUDLOW

LUNA WISH G Margarson 9-0...... QUIET PLACE S bin Suroor 9-0 (F)

BOUVERIE 1.30 TAKE IT DOWN UNDER 2.00 COMPANION 2.35 AZETS 3.05 HAMFUL

course.

TOP TRAINERS: W Haggas 34-130 (26.2%),
D M Simcock 27-98 (27.6%), R Varian 24-96
(25.0%), J Gosden 23-71 (32.4%), C Wall 18-90
(20.0%), S C Williams 18-98 (18.4%), M Johnston
15-74 (20.3%) 3.35 KING OF COMEDY (NAP) 4.05 KLASS ACTION 4.35 POINT ZERO 1.30 HAVEN SEASHORE HOLIDAY HANDICAP (STR) (6) 1m Winner £3,105 (8 run)

G Wood 977

...O Murphy 72 GL Morris 73 GS

.... P Cosgrave T P Queally

...... G Mosse O Murphy S De Sousa ..D E Hogan (5) S Donohoe

1ST TIME RI INKERS: None 1ST RUN SINCE WIND OP: None. 1ST TIME HOODS: None.

GOING: Good to Firm-Good in places COURSE: Left handed, long, narrow course of 1m 4f with a 5f run in. 5-8f races run over the straight mile.

DRAW: High numbers best on the straight

TOP JOCKEYS: Silvestre De Sousa 43-192 (22.4%), Jamie Spencer 41-181 (22.7%), Andrea Atzeni 37-124 (29.8%), R L Moore 28-93 (30.1%), Frankie Dettoni 17-37 (45.9%), Luke Morris 16-157 (10.2%), James Doyle 15-59

SKY

TRAINER TARGETS (won today's race at least twice in last 10

years): None.
CHEEKPIECES: 1.30 Percy Toplis, 2.35

TONGUE STRAPS: 1.30 Take It Down Under*, 2.35 Lucipherus* (*=1st time)
PROFITABLE RACES FOR FAVS: 3.05

2 EASTERN POWER SYSTEMS OF NORWICH NOVICE STAKES

J	● ● (STR) (5) (3-Y-0) 1m Winner £3,752 (16 run)		
1 (9			GF
2 (13	 12- KING OF COMEDY (168) J Gosden 9-9 (BF) (SF)L Dettori 	90	G
3 (0 BEST HAAF (18) M Appleby 9-2 A Rawlinson	28	G
4 (1	0 CRYSTAL TRIBE (10) W Haggas 9-2James Doyle	49	GS
5 (12		-	-
6 (4	EDARAAT R Varian 9-2Ryan Moore	-	
7 (8	FOUNTAIN OF LIFE P McBride 9-2 P Dennis	-	-
8 (6	5) 0- FUJAIRA KING (208) R Varian 9-2 A Atzeni	50	G
9 (15	5) 0 HAT YAI (18) A Balding 9-2 DOUBTFUL	-	-
10 (16	6) 0 I'M BRIAN (41) Miss J Feilden 9-2	57	ST
11 (3		80	SS
12 (7	T) LAND OF LEGENDS S bin Suroor 9-2 P Cosgrave	-	-
13 (10		37	ST
14 (9		-	-
15 (14		-	-
16 (2	RAHA Miss J Feilden 8-11 Shelley Birkett	-	-
BETT	TING: 11-8 King Of Comedy, 9-2 Cool Exhibit, 7 Edaraat, 8 Land Of Legends, 10 Se	ende	ed.
2018:	CORROSIVE 9 9, Josephine Gordon 11-4 (H Palmer), drawn (2), 12 ran.		

4.05 THANKS JAN LEEDER AND BEST WISHES HANDICAP (5) (3-Y-0) of Winner £3,752 (8 run)

	(4)	42118	SOLAR PARK (24) J Tate 9-9 (D2)Rya	n Moore	80	ST
	(8)	21-372	KLASS ACTION (39) Sir M Prescott 9-7 (SF)	L Morris	8 4	ST
	(2)		AIRWAVES (117) M Meade 9-7 (D) (F)	Murphy	78	ST
	(1)	6262-	SIRIUS SLEW (243) A Bailey 9-6	Haynes	76	ST
	(7)	660-	MYKINDOFSUNSHINE (251) C Cox 9-6	G Mosse	74	G
	(5)	464-	MY EXCELSA (176) G Scott 9-2	UBTFUL	-	-
	(6)	5-7111	CAMACHESS (41) P McBride 9-0 (D3) (EW)	Dennis	83	ST
	(3)	442169	AXEL JACKLIN (29) P Howling 8-13 P	Spencer	81	G
E	TTII	NG: 5-2	Klass Action, 3 Solar Park, 4 Camachess, 9-2 Airwaves, 10 Si	rius Slew	ı.	
01	18: E	NZO'S LA	AD 9 1, Clifford Lee(3) 7-1 (K Burke), drawn (3), 8 ran.			

4.35 INJURED JOCKEYS FUND HANDICAP (5) 5f Winner £3,752 (7

1 TOO TUIN		
1 (7) 351056 POINT ZERO (19) M Appleby 4 9-9 (D2) (F)T Ladd (5)	8 1	SF
2 (2) 25640- GRANDFATHER TOM (174) R Cowell 4 9-7 (D3)L Morris		
3 (4) 543452 WIFF WAFF (13) S C Williams 4 9-6 (CD) (SF)	78	G
4 (5) 2444-6 SIR HECTOR (28) C Wallis 4 9-5 (D)	75	ST
5 (3) 42313- PRINCESS KEIRA (166) M Quinn 4 8-12 (C)	80	GF
6 (1) 58-486 TERRI RULES (10) Miss J Feilden 4 8-9 (CD2)	70	G
7 (6) -49759 MOTHER OF DRAGONS (13) P McEntee 4 8-7 (C)	77	G
BETTING: 9-4 Wiff Waff, 7-2 Point Zero, 4 Sir Hector, 6 Princess Keira, 10 Terri Rules	i.	
2018: No corresponding race.		

BOUVERIE

SKY SEDGEFIELD

1.	40	MANSIONBET FALLER INSURANCE HANDICAP HURDLE (5) 2m 1f Winner £3,119 (12 run)	[4 0	
		MILLIE THE MINX (18) Mrs D Saver 5 11-12 (CD2) D McMenamin (7)	99	S
2	433P60	TOBOGGAN'S FIRE (13) D McCain 6 11-8 H Brooke	103	S
3	607690	SULTANS HERO (17) G Boanas 5 11-7	92	FM
4		BARNAY (20) Clare Ellam 4 11-3K Edgar		
5		TUNNEL CREEK (24) Sean Conway 7 11-1		
5		FELIX MENDELSSOHN (28) W Coltherd 8 11-0 (EW)Sam Coltherd (3)		G
7	746851	HEY BOB (48) C Grant 7 10-13 (SF) S Quinlan	97	Н
3		FIRST OF NEVER (18) Miss L Siddall 13 10-7 W T Kennedy		
9		MAC CENNETIG (18) M Hammond 7 10-3 (F)Miss Becky Smith (3)		
0	5-PP58	PAINTERS LAD (106) Mrs A C Hamilton 8 10-3 C Bewley	96	G
1	P-PU80	ALADDIN SANE (236) H Hogarth 5 10-0J Hamilton	86	GS
2	8PP8PP	RAPID FRITZ (33) V Thompson 10 10-0	33	G
		8 Hey Bob, 4 Mac Cennetig, 11-2 Millie The Minx, 7 First Of Never.		
2012	 BUCKLIEF 	F 5 10 13 F O'Toole/3) 8-1 (M Hammond) 14 ran		

■ LE RAAJ SEDGEFIELD HANDICAP CHASE (4) 2m 3f

_	.IJ	Winner £4,614 (7 run)		
1	375311	CHASMA (18) M W Easterby 9 11-12 (CD) (SF)	112	GI
2	120644	LUCKY ROBIN (20) B Ellison 7 11-9 (D2)	108	(
3	-32443	EXPRESSTIME (17) C Grant 6 10-7C Bewley	115	ŀ
4	2789PF	BURNING ISSUES (51) Miss J Foster 12 10-5J Hamilton	77	G
5	561421	TWO HOOTS (18) Miss J Foster 8 10-5 (CD)	112	9
6	12/F-7	HARLEYS MAX (26) S Corbett 10 10-3Mr D Hurst (7)	74	(
7	-35734	PADDLING (25) M Hammond 8 10-0 (D) (F)	114	GS
BET		3 Chasma, 4 Two Hoots, 9-2 Paddling, 6 Lucky Robin, 8 Expresstime.		

2018: JUSTFORJAMFS 9 11 7. Miss Becky Smith(5) 13-8 Fay (M Hammond). 7 ran. 45 DOWNLOAD THE MANSIONBET APP MAIDEN HURDLE (5) 2m 4f Winner £3,119 (9 run)

	• ••	Willier 23,117 (7 Iuli)		
	58-635	MAHLER SUPREME (15) G Bewley 5 11-0	118	GS
!		THELONGWAYAROUND (63) Mrs S Smith 6 11-0 (EW) D Cook		
3	92P13	GO TO COURT (12) M Hammond 6 10-7 J Colliver	106	FM
ļ	47PP8	JO CASHFLOW (18) C Grant 5 10-7	75	GF
,	084F53	LATE AGAIN (12) C Byrnes (IRE) 5 10-7 (F) K J Brouder (5)	124	G
,	633669	MOLLY WHUPPIE (12) T Fitzgerald 6 10-7T Dowson (3)	98	G
•	F29457	MRS DAVIES (8) K Dalgleish 5 10-7Craig Nichol	93	GF
}	433	SAVANNAH MOON (18) P Kirby 5 10-7 (SF)	130	GF
)	-66766	SHE'SASUPERMACK (18) I Jardine 6 10-7Ross Chapman	87	Н
BET	TING: 11-8	3 Late Again, 5-2 Savannah Moon, 4 Thelongwayaround, 7 Mahler Supr		
io 1	o Court,	33 She'sasupermack, Mrs Davies, 50 Molly Whuppie, 100 Jo Cashflow.		
Λ1 Ω	· HIIBBIUNI	NF DVI AN 7 11 0 Aidan Coloman 4-5 Fay (Koyin Frost) 10 ran		

IDET HANDICAD CHACE (4) 2m

3.	.15	Winner £4,614 (5 run)			
1	424611	SPORTING PRESS (15) K Dalgleish 6 11-10 (D) (SF)	B Garritty (7)	126	GF
2		MIDDLEBROW (126) D McCain 8 11-8			
3	222342	CIVIL UNREST (54) J Ewart 13 11-3 (C2, D5)	Steven Fox (5)	127	G
4	4047-P	ATLANTIC BREAKER (27) Sean Conway 9 11-0	D R Fox	-	-
5	75P633	FAIR LOCH (12) B Ellison 11 11-0 (D4) (F)	H Brooke	129	FM
		ns Sporting Press, 3 Middlebrow, 5 Fair Loch, 11-2 Civi AGE 8 10 13, Ross Chapman(3) 7-4 Fav (Mrs A Hamilton),		Brea	ker.

TOP DOG'S BEST

CRAYFORD (12 races): 11.31 Black Sniper, 12.16 Calendar Lilly, 1.01 Inouropinion, 1.31 Whats Kath Upto. CRAYFORD (PM) (12): 6.33 Blundel Aggie, 7.23 Anns Lucky, 8.27 Witches Tea, 9.16 Beaming Passion. HOVE (14): 3.11 Cappake.el Polly (NAP), 4.09 Forest Capri, 4.48 Joyita, 6.02 Gemini Potie.

TODAY'S BAGS DOGS

NOTTINGHAM 11.03: Derwille Sue (2-5-6), 11.19:
Old Fort Jesse (NAP) (3-1-8), 11.34: Hinbos Vino
(1-4-3), 11.48: Slippy Lisa (4-2-6), 12.04:
Haggswood Kirk (2-43), 12.18: Go Smart Girl
(NB) (3-1-6), 12.33: Comerford (2-3-4), 12.48:
Fritars Well (5-2-1), 1.08: Haddington May (2-4-3), 11.9: The Other Yolo (5-2-1), 1.33: Miranda
(5-2-1), 1.15: Sporting Diana (2-4-5).
WINSLEY, 11.5: Expect The Rep (AIDM 6-6)

(5-2-1), 1.51: Sporting Diana (2-4-5).
KINSLEY 1.11: Forget The Past (NB)(1-5-3).
11.26: Drumleen Cait (3-1-6). 11.41: Russanda
Relic (5-1-2). 11.56: Drumliff Rocket (5-4-3). 12.11:
Mineola Outlaw (6-5-2). 12.26: Five Alley Diva
(1-6-2). 12.42: Frainey Lady (4-2-3). 12.57: Mucho

Macho Max (2-5-6), 1.12: Glosha Craft (3-4-1), 1.27: Klähamy Cara (3-2-1), 1.44: Peacock Flyer (1-3-4), 1.59: Edermine Abu (NAP) (5-4-6), SUMDERLAMD D.CB Witton Lucy (3-4-5), 2.27: Possibly (4-6-1), 2.47: Ballylmock Fizz (2-4-5), 3.07: Blue Royale (5-1-2), 3.27: Feffans Champion (3-1-2), 3-47: Klüvest Razl (2-4-5), 4.07: Pylcehill Product (5-2-3), 4.27: Klötcluff Manor (5-6-1), 4.46: Cordluff Whacker (1-2-3), 5.06: Coallown Ash (3-1-6), 5.22: Cairns Lulu (5-3-4), 5.39: Katies Caress (NAP) (6-1-2), 5.56: Whites McCool (2-4-6), 6.11: Rathmore Feather (NIB) (6-3-5)

NEWSBOY

NEWSBOY
1.40 FIRST OF NEVER
2.15 CHASMA (NAP)
2.45 SAVANNAH MOON
3.15 SPORTING PRESS
3.45 DANCING DOUG
4.15 CARTER MCKAY
4.45 SUSIE MAC

GOING: Good
COURSE: Left handed, sharp, undulating track of
m2 f, with 8 easy fences to a circuit, 200yd run in.
TOP TRAINERS: D McCain 51-278 (18.3%),
M Hammond 36-271 (13.3%), B Ellison 34-157
(21.7%), Mrs S Smith 22-179 (12.3%), Mrs D Sayer
19-92 (20.7%), C Grant 13-150 (8.7%), Miss J Toster 13-82 (15.9%), K Dalgleish 13-54 (24.1%). CHEEKPIECES: 1.40 Sultans Hero, Tunnel Creek, 2.15 Burning Issues, Chasma, Lucky Robin, Paddling*, Two Hoots, 3.15 Middlebrow, 3.45 Rockliff 1ST TIME BLINKERS: 1.40 Toboggan's Fire 1ST RUN SINCE WIND OP: 1.40 Painters Lad, 2.45 Thelongwayaround, 4.15 Exclusive Rights 1ST TIME HOODS: 2.45 Mrs Davies

TOP JOCKEYS: Henry Brooke 34-211
(16.1%), Danny Cook 25-141 (17.7%), Sean Quinlan
20-155 (12.9%), J Colliver 15-82 (18.3%), Will
Kennedy 14-127 (11.0%), J England 13-88 (14.8%),
Thomas Dowson 10-125 (8.0%), Callum Bewley
8-104 (7.7%), Craig Nichol 7-95 (7.4%), J Hamilton
6-106 (5.7%), Craig Nichol 7-95 (7.4%), J Hamilton
6-106 (5.7%), Traig Nichol 7-95 (7.4%), J Hamilton
6-106 (5.7%), Harry Bannister 6-19 (31.6%).
TRAINER TARGETS (won today's race
at least twice in last 10 years): None.
TONGUE STRAPS: 1.40 Aladdin Sane, Hey
Bob, Mac Cennedig, Rapid Fitz, 2.15 Expressime,
Two Hoots, 3.15 Atlantic Breaker, Middlebrow, 3.45
Murchison River, Peak Time*, 4.45 Fullmon Luna
Lady*, Midnight Antics* ("=18 time)

BOUVERIE
1.40 TUNNEL CREEK
2.15 CHASMA
2.45 SAVANNAH MOON
3.15 SPORTING PRESS
3.45 JACK LAMB
4.15 CARTER MCKAY
4.45 MIDNIGHT ANTICS

Lady*, Midnight Antics* (*=1st time)
PROFITABLE RACES FOR FAVS: 3.15

3.45 PAXTONS SERVING FARMERS SINCE 1853 HANDICAP HURDLE (4) 2m 5f Winner £4,094 (8 run)

	-F3736	DANCING DOUG (40) P Kirby 6 11-12	109	GF
	-81412	JACK LAMB (12) J O'Keeffe 7 11-12 (CD) (SF)	112	FM
	747	PEAK TIME (64) Rebecca Menzies 6 11-7N Moscrop (5)	94	G
	844214	MAH MATE BOB (17) G Bewley 7 11-6 (C) (EW)	108	FM
	346153	ROCKLIFFE (56) M Hammond 6 10-13 (C)Miss Becky Smith (3)	109	G
		LITTLE DOTTY (146) G Fierro 10 10-13T Phelan		
		AIR GLIDER (24) Sean Conway 9 10-13 D R Fox		
		MURCHISON RIVER (20) Sam England 5 10-11 (F)		
		Jack Lamb, 10-3 Mah Mate Bob, 4 Murchison River, 5 Dancing Doug, 6 R	ockli	ffe.
)18:	EVER SO	MUCH 9 10 7, Richie McLernon 7-1 (B Haslam), 12 ran.		
_				

4.15 MANSIONBET NOVICES' HUNTERS' CHASE (6) 2m 3f Winner £1,872 (4 run)

787/6 AL LE GONE (16) Miss C Walton 8 11-12 Mr G Beaumont (7)	-	
0-7562 CARTER MCKAY (51) C C Pimlott 8 11-12 (D) (SF) Mr Thomas O'Brien	127	G
1-5235 HURRICANE VIC (30) S J Robinson 9 11-12 Mr Philip Armson (7)	92	S
2P332U EXCLUSIVE RIGHTS (10) Mrs Claire Hardwick 11 11-5 (F) .Mrs Claire Hardwick (3)	110	FM
TING: 1-6 Carter Mckay, 10 Exclusive Rights, 12 AI Le Gone, 16 Hurricane Vic.		
3: MANTOU 7 11 12, Mr E Glassonbury(3) 16-1 (S Allwood), 11 ran.		

4.45 ALDERCLAD MARES' TRANDARD OPEN NH FLAT RACE (5) 2m 1f

\neg	Willier £2,009 (12 rull)		
	CELTIC LEGEND P Kirby 6 10-12 T Dowson (3)	-	
4	FAIR SHERIFF (48) Rebecca Menzies 5 10-12N Moscrop (5)		
	LADY OF ARDVAR Jardine 5 10-12Ross Chapman	-	
2	MIDNIGHT ANTICS (36) Mrs S Smith 5 10-12 (SF)	110	
9	ONECALLAWAY (76) D Whillans 5 10-12	21	G
863	RED REMINDER (42) C Grant 5 10-12C Bewley	99	G:
54	SPY FI (108) J Norton 5 10-12 Mr Philip Armson (7)	99	F١
43	AHORSEWITHNONAME (143) B Ellison 4 10-7 (EW) D McMenamin (7)	102	(
	FULLMOON LUNA LADY M Hammond 410-7Miss Becky Smith (3)	-	
	MARTHA BRAE W Greatrex 4 10-7 (F)	-	
0	MISU BULA (14) P Kirby 4 10-7Tom Midgley (10)	94	(
	SUSIE MAC K Ryan 4 10-7 S Quinlan	-	

BETTING: 9-4 Midnight Antics, 9-2 Martha Brae, 5 Susie Mac, 6 Ahorsewithnoname. 2018: IT'S 0 KAY 5 10 12, R Johnson 8-11 Fav (Olly Murphy), 8 ran.

TODAY'S FAB 4 TIPS

NORTHERNER'S NAP TOPSPOT NONIOS (3.05 Yarmouth)

NEWMARKET'S BEST GLOBAL ACCLAMATION (7.10 Wol) SPEEDHORSE
PROBABILITY (6.25 Lingfield)

LINGFIELD

NEWSBOY 4.55 ARCTIC SEA 5.25 LACAN 5.55 TEMUJIN 6.25 PRAIRIE SPY 6.55 HABUB 7.25 FABEEO 7.25 FAREEQ

7.55 RICH CUMMINS

GOING: Standard
COURSE: Polytrack all weather course, running
inside turf track, left handed and 1 m 2f round.
DRAW: AWT-Little effect.
TOP TRAINERS: R Hannon 98-554 (17.7%),
M Johnston 72-373 (19.3%), Archie Watson 40-197
(20.3%), J Osborne 36-310 (11.6%), J Bridger
35-404 (8.7%), D M Simcook 31-215 (14.4%), C
Hillis 29-29/8 (13.9%), R Huinber 28-29/20 (12.6%), M Hills 29-208 (13.9%), R Hughes 28-222 (12.6%), M Channon 27-255 (10.6%), L Carter 25-341 (7.3%), M Botti 24-206 (11.7%).

TRAINER TARGETS (won today's race at least twice in last 10 years): 1ST TIME BLINKERS: None

BOUVERIE 4.55 ARCTIC SEA 5.25 LACAN (NB) 5.55 SACRED WARNER 6.25 ALNASHERAT 6.55 HABUB 7.25 FAREEQ 7.55 RICH CUMMINS

TOP JOCKEYS: Adam Kirby 159-816 (19.5%), Jim Crowley 93-488 (19.1%), Joe Fanning 62-300 (20.7%), Tom Marquand 56-405 (13.8%), Shane W Kelly 54-559 (7%), Liam Kenny 48-555 (8.6%), Richard Kingscote 42-269 (15.6%), JF Egan 37-317 (11.7%), Kieran O'Neill 31-345 (9.0%). CHECKPICES: 5.55 Dorchester*, Touble Shootler, 7.25 Awsaaf*, 7.55 Ginge N Tonic, Highway Robhery*

Robbery* TONGUE STRAPS: 4.55 Nawar*, 5.55 Comeonfeeltheforce, 7.25 Fareeq, Ghepardo*

(*=1st time) 1**ST RUN SINCE WIND OP:** 4.55 Nawar

1ST TIME HOODS: None.
PROFITABLE RACES FOR FAVS: None.

4.55 CHOICE TRAINING HANDICAP (5) 1m Winner £3,752 (12 run) SW Kelly 62 SF L Keniry 79 G J Fanning 88 G R Da Silva 87 SF J Crowley 84 ST A Kirby 86 ST P Bradley (3) 83 GS J Watson 84 H K O'Neill 83 ST L J Walsh 71 GS T Marquand - - K Fox 81 GF BETTING: 5-2 Weloof. 11-4 Arctic Sea, 6 Dark Alliance, 7 The Warrior, 8 Nawar, 12 Connaught Ranger.

5.25 DOWNLOAD THE STAR SPORTS APP NOW! SELLING STAKES (6)

_		_	III Willie 25,105 (1 Iuli)		
	(1)	825547	CREEK HARBOUR (3) R Hughes 4 9-12George Rooke (7)	72	ST
	(3)	-15437	SHYRON (32) L Carter 8 9-12 (CD) (F)	79	ST
	(2)	346674	COME ON TIER (19) D M Simcock 4 9-7 (D)	80	ST
	(4)	-55789	HARAZ (3) P Butler 6 9-7	55	SF
	(6)	55-955	LACAN (32) B Johnson 8 9-7 (BF, D6) (SF) T Marguand	85	SF
	(5)	9-964	LORD DIGBY (47) Adam West 4 9-7L Keniry	42	ST
	(7)	4-7336	ALTAR BOY (13) S Kirk 3 8-7 Ben Curtis	75	ST
E	TTI	NG: 2 La	acan, 5-2 Shyron, 3 Come On Tier, 7 Altar Boy, 8 Creek Harbour, 33 Har	az.	

STARSPORTS.BET HANDICAP (6) (3-Y-0) 1m

•	J.	JJ	Winner £3,105 (12 run)			
1	(2)	00403-	TEMUJIN (178) C Hills 9-7 (EW)	C Fallon (7)	67	
2	(1)	4839	DORCHESTER (26) M Botti 9-6	H Bentley	69	S
3	(9)	55-047	MAID MILLIE (26) R Cowell 9-6	J Fanning	68	S
			POOR AULD PADDY (13) D Elsworth 9-5			
5	(8)	968	SACRED WARNER (18) C Cox 9-3	A Kirby	97 1	S
			CAPOFARO (11) J Osborne 9-2 (D) (SF)			
7	(11)	-44581	COMEONFEELTHEFORCE (11) L Carter 9-1 (D) (F) Geo	rgia Dobie (7)	68	
8	(5)	77-8	CLUBORA (31) R Hannon 9-1	T Marquand	64	S
9	(7)	645-54	LIPPY LADY (43) Paul George 9-0	J F Egan	66	
			CROQUETA (11) R Hannon 8-11			
			TROUBLE SHOOTER (47) S L Keightley 8-9			
12	(10)	000-0	SUPREME CHANCE (88) M Blanshard 8-7	K O'Neill	56	S
			apofaro, 4 Temujin, 9-2 Comeonfeeltheforce, 8 Sacred orchester, Trouble Shooter.	Warner, Lippy	Lady,	1
	_					

6.25 DOWNLOAD THE STAR SPORTS APP NOW! HANDICAP (4) (3-Y-0) 6f Winner £5,531 (8 run)

1	(3)	213111	PROBABILITY (11) Archie Watson 9-7 (CD) (F)	91	ST
2	(1)	13049-	PRAIRIE SPY (222) M Johnston 9-5 (D2)	88	G
3			BE LIKE ME (11) M Botti 9-4 (D)H Bentley		SF
4			MOTAGALLY (192) C Hills 9-4 (EW)		SF
			LOVIN (61) D O'Meara 9-4 A Kirby		SF
6	(7)	6609-6	JUNGLE INTHEBUNGLE (24) M Channon 9-3 (C)T Marquand	89	G
7	(2)	33-4	ALNASHERAT (12) Sir M Stoute 9-0 (BF) (SF)R Kingscote	92	G
			AEGEAN MIST (139) J Bridger 8-8 (CD) K O'Neill		GS
			Inasherat, 11-4 Probability, 4 Motagally, 10 Prairie Spy, Jungle Intheb		, 12
Be	Lik	e Me, 14	4 Lovin, 25 Aegean Mist.	•	

6.55 CALL STAR SPORTS ON 08000 521 321 NOVICE STAKES (5) 6f Winner £3,752 (8 run)

	(2)	1-	HABUB (210) Owen Burrows 4 10-2 (D) (SF)	I Crowley	NΩ	CE
	(4)					
	(8)	14-	MAID OF SPIRIT (231) C Cox 4 9-11 (BF) (F)	A Kirby	74	G
	(3)	8	FARHHMOREEXCITING (24) D Elsworth 4 9-9	J Watson	59	ST
	(4)	8	GONZAGA (18) J Bennett 4 9-9	Racheal Kneller (5)	43	ST
	(6)	56	PHYSICS (43) P Cole 3 8-12 (BF)	R Da Silva	64	ST
	(7)	475-0	TRUE BELIEF (11) B Johnson 3 8-12	T Marquand	77	G
	(5)	47-2	TURQUOISE FRIENDLY (81) R Cowell 3 8-12 (EW)	K O'Neill	70	ST
	(1)	09	ARVENSIS (13) H Morrison 3 8-7	C Bennett	47	SF
E	TTIN	G: 11-1	Habub, 3 Maid Of Spirit, 5 Turquoise Friendly, 6	Physics, 20 True Belie	f.	

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	•4		HANDICAP (6) 5f Winner £3,105 (10 run)			
	(3)	78279-	GHEPARDO (182) P Chamings 4 9-7 (D)	T Marquand	74	SF
	(5)	-74213	FAREEQ (17) C Wallis 5 9-6 (BF, CD) (SF)	R Kingscote	75	G
	(6)	08-052	COME ON DAVE (17) J Butler 10 9-6 (CD3) (F)	L Keniry	72	ST
			DOTTED SWISS (10) Archie Watson 4 9-5 (CD)			
ĺ			MAJORETTE (46) B Barr 5 9-3 (C)			
	(1)	42-196	AT YOUR SERVICE (17) P Howling 5 9-3	DOUBTFUL	-	-
			SANDFRANKSKIPSGO (17) P Crate 10 9-0 (CD4)			
ŀ			AWSAAF (17) M Wigham 4 8-11			
			PHAROH JAKE (17) J Bridger 11 8-5 (CD7)			
0	(2)	-5318D	HURRICANE ALERT (12) M Hoad 7 8-5 (CD2) (EW)	A Beech (7)	75	ST
E	TTI	NG: 9-4	Come On Dave, 7-2 Fareeq, 11-2 Dotted Swiss, 15-2 I	Majorette, 8 Hurrica	ne Al	ert.
7	7 1		FIRST FOR INDUSTRY JOBS VISIT STARR	ECRUITMENT.BE	T	

		ככ	HANDICAP (6) (3-Y-0) 1m 4f Winner £	3,105 (8 run)		
			TOROLIGHT (41) R Hughes 9-10 (BF) (F)		70	S
2	(3)	050-6	ALRAMZ (25) L Carter 9-7	P Bradley (3)	66	9
3	(7)	538	MI MANCHI (25) M Botti 9-6	Aaron Jones (3)	66	SF
4	(8)	677-	BROOKLYN BOY (124) H Dunlop 9-5 (EW)	J Crowley	67	SS
5	(6)	090-22	RICH CUMMINS (10) M Johnston 9-2 (SF)	J Fanning	97 1	ST
6	(2)	70-187	GINGE N TONIC (19) Adam West 8-8 (CD)	N Currié	69	SF
7	(1)	4800-6	MOON ARTIST (66) M Blanshard 8-3	K O'Neill	68	SF
8	(4)	8296-7	HIGHWAY ROBBERY (17) Miss J Feilden 8-3	Sophie Ralston (7)	66	(
BE	TTI	NG: 6-4	Rich Cummins, 11-4 Torolight, 7 Mi Manchi, 8 B	rooklyn Boy, 12 Ginge N	l Toni	ic.
11	M I	en D	Mr.			

TRAINERS: C Wallis 3-8 (38%), D Skelton 18-49 (37%), J Scott 5-14 (36%), A Watson 10-29 (34%), J Tate 4-12 (33%), W Greatrex 4-15 (27%), P Cole 3-11 (27%), O Murphy 6-26 (23%). JOCKEYS: J O'Neill Jnr 5-18 (28%), M Dwyer 4-15 (27%), G Dobie 3-11 (27%), A Atzeni 7-29 (24%), G Sheehan 5-21 (24%), F Norton 5-23 (22%), T Ladd 4-18 (22%), G Mosse 5-24 (21%), S Quinlan 5-24 (21%.

Cieren Fallon and trainer Charlie Hills have a 75% strike rate on Lingfield's all-weather track, showing a profit of £4.50 to a £1 le Lingfield's all-weather track, showing a profit of £4.50 to a £1 level stake, so looks out for **TEMUJIN** (5.55).

LONGEST TRAVELLER

PRAIRIE SPY (6.25 Lingfield) and RICH CUMMINS (7.55 Lingfield) travel 271 miles from Mark Johnston's base in Middleham Moor, North Yorkshire

Cyr's name

PAUL NICHOLLS has left the door open for Ascot Chase winner Cyrname to take on Altior in Saturday's Grade 1 bet365 Celebration Chase at Sandown.

But he stressed a final decision on the sevenyear-old's participation will depend on there being enough ease in the Sandown ground.

"He's been entered in both the Celebration Chase and the Oaksey Chase," Nicholls said.

"He's definitely a possible but nothing is set in stone at the moment."

Sandown clerk of the course Andrew Cooper is hopeful of producing ground no quicker than good.

SPOTFORM GOINGS

Heavy - H; Soft - S; Good to soft -GS; Good - G; Good to firm - GF; Firm - FM; Hard - HD; Yielding - Y; Yielding to soft - YS, A-W; Standard - ST; Slow - SL; Standard

SINGLE-SHOT STAR

(top in-form jockey with just one booked ride) Martin Dwyer: AZETS (2.35 Yarmouth)

POOLS GUIDE

April 27

PREMIER LEAGUE Newcastle Man City Brighton X Burnley 2 Crystal Palace X Everton Cardiff Leicester Arsenal Man Utd Chelsea

Bournemouth Watford Wolverhamptor

SKY BET CHAMPIONSHIP Wigan Brentford Bolton **Bristol City** Derby Aston Villa Reading Stoke Millwall Norwich Blackburn Preston NE QPR Sheff Utd Sheff Wed Nottm Forest **Ipswich** Swansea

West Brom Rotherham LEAGUE I **Plymouth**

20

21 Accrington Stan X 22 AFC Wimbledon X Wycombe Blackpool Luton Barnsley Burton Albion Shrewsbury 25 Coventry 1 26 Fleetwood Town 1 **Bristol Rover** Charlton Doncaster Southend 29 Rochdale 30 Scunthorpe **Bradford** Portsmouth Peterborough 31 Sunderland

LEAGUE TWO

33 Cambridge Utd 34 Carlisle 35 Cheltenham Milton K Dons 36 Colchester 37 Crew Forest Green Oldham 38 Exeter 39 Mansfield Stevena 40 Newport C 41 Northampton Lincoln City Yeovil 42 Notts County 43 Port Vale 44 Tranmere Bury

LADBROKES SCOTTISH CHAMPIONSHIP

Inverness CT 46 Dundee Utd Falkirk 47 Dunfermline Morton 48 Partick 49 Ross County Ayr Queen of South

LONGSIGHT'S BEST TEN DRAWS Birmingham, Bristol City, Cambridge Utd, Carlisle, Gillingham, Man Utd. Millwall, QPR, Sunderland, Tranmere, **TEN HOMES** Barnsley, Exeter, Fulham, Middlesbrough, Northampton, Rochdale, Scunthorpe, Sheff Utd, Southampton,

SIX AWAYS Bolton Burton Albion

LUDLOW

NEWSBOY 1.50 COCK A DOODLE DOO 2.25 BABY KING 2.55 HEPIJEU 3.25 JAUNTY FLYER

3.55 CALARULES 4.25 VIRAK 5.00 BERGAMOT

GOING: Good-Good to Firm in places COURSE: Right handed, flat track of 1m 4f, with 9 fences to a circuit and a 250yd run in. **TOP TRAINERS:** D Skelton 28-127 (22.0%), E Williams 28-225 (12.4%), K Bailey 21-109 (19.3%), T R George 20-111 (18.0%), H Daly 20-117 (17.1%).

(18.0%), H Daly 20-117 (17.1%). 1ST RUN SINCE WIND OP: 1.50 Almontaser, 2.55 Master Dancer TOP JOCKEYS: R Johnson 43-184 (23.4%), Paddy Brennan 25-100 (25.0%), David Bass 22-76 (28.9%), Adam Wedge 12-119 (10.1%), A Tinkler 10-67 (14.9%).

BOUVERIE 1.50 COCK A DOODLE DOO 2.25 BABY KING 2.55 MANNING ESTATE 3.25 AUBUSSON 3.55 BALLYFLLIS 4.25 VIRAK 5.00 BERGAMOT

1ST TIME BLINKERS: 2.55 Ruacana CHEEKPIECES: 1.50 Cock A Doodle Doo", 2.25 All Is Good", 2.55 Hepijeu, Master Dancer, 3.25 Hey Bill, Master Burbidge, Vendredi Trois, 3.55 Boland's Mill, Hahadi",

Ventical mus, so the Market Ma

1.50 JEAN WILLIAMS MEMORIAL NOVICES'

U	HURDLE (4) 2m Winner £4,874 (8 run)	M (•
05	ALMONTASER (138) Mrs N Evans 5 10-12 James Davies	71	S
	LAST CHANCE PADDY S-J Davies 5 10-12. C Hammond (3)	-	-
795	COCK A DOODLE DOO (14) D Skelton 7 10-11 (D) (SF). Bridget Andrews	116	G
	SANTANI T Symonds 4 10-7 (F)B Poste	-	-
PP0	EBONY'S MANOR (13) R Dickin 8 10-5 Miss T Worsley (7)	94	GF
0F	GILWEN GRACELYN (2) E Williams 5 10-5 A Wedge	-	-
	TRYSOR YNYS (7) E Williams 6 10-5C Ring (3)		FM
87	WONDERGIRL (22) R Dickin 5 10-5 (EW) J Quinlan	103	FM
	Santani, 13-8 Cock A Doodle Doo, 8 Gilwen Gracelyn, 12 Wo		girl,
r Yny	s, 25 Last Chance Paddy, 33 Ebony's Manor, 50 Almontase	er.	

2.25 WATCH RACING TV NOW 'CONFINED' HANDICAP

		CHASE (3) ZIII WIIIIEI E1,530 (4 IUII)		
	38F	BABY KING (45) T R George 10 11-12 (D5) (SF)P Brennan	140	S
2	32P	ALL IS GOOD (19) R Dickin 7 10-2 (D) (F)	135	FM
3	438	BILLY HICKS (15) S Drinkwater 8 10-0 (CD) D England	113	GF
1	646	SPOCK (38) Lady S Brooke 14 10-0 (D)Miss L Brooke (7)	110	G
BE	TTING: Eve	ns All Is Good, 11-8 Baby King, 7 Billy Hicks, 25 Spock.		

2.55 MIKE BUNN MEMORIAL HANDICAP HURDLE (3) 3m Winner £6,888 (5 run)

-OF	MASTER DANCER (157) T Vaughan 8 11-11R Johnson	109	GF
433	YOUNG WOLF (60) Jonjo O'Neill 6 11-6 (BF) (F) .Jonjo O'Neill Jr. (3)	127	GS
214	MANNING ESTATE (25) 0 Sherwood 5 11-3 (SF)L Aspell	132	GF
	HEPIJEU (14) Stuart Edmunds 8 11-1C Gethings		
-56	RUACANA (114) T Vaughan 10 11-0 A Johns	123	S
ETTING: 13-8	Young Wolf, 5-2 Hepiieu, 3 Manning Estate, 6 Master Dancer, 20	Ruaca	ana

25 H R SMITH GROUP HANDICAP CHASE (3) 3m Winner £12,086 (6 run)

		AUDUJJUN (41) MIS J WIIIIdilis IU 12-2 (UZ) (r) Cilestel Willidilis (1)		וט
!	F33	ELECTRON BLEU (34) T Vaughan 5 12-2 A Johns	-	
		JAUNTY FLYER (150) T Vaughan 7 11-11R Johnson		
ļ	652	MASTER BURBIDGE (32) N Mulholland 8 11-10 T Scudamore	126	ŀ
,	323	VENDREDI TROIS (173) Emma Lavelle 10 11-6 (SF) A Wedge	128	(
i	454	HEY BILL (25) G McPherson 9 11-0 (CD)K Woods	126	(
ETTIN	G: 5-2	Master Burbidge, 3 Vendredi Trois, 7-2 Jaunty Flyer, 13-2	Hey I	Bil
Aubu	ccon S	Floctron Plau		

- HERE	FORD AND	WORCESTE	:R ANIMAL	RESCUE NO	VICI	ES.
.55HERE	DICAP HUR	DLE (4) 21	m 5f Winn	er £4,938 (12 rı	ın)
766 BALLY	ELLIS (20) N Tv	viston-Davies 6 11-	13 <mark>(SF)Mr J</mark> A	Anderson (10)	115	G
758 DON •	JUAN DU G	OUET (24) H D	aly 6 11-12	A Tinkler	99	S
				D Bass		
536 CALA	RULES (33) 1	T Vaughan 6 11-4	4 (EW)	R Johnson	113	G
				K Woods		G
				3L Aspell		G
006 BOLA	ND'S MILL ((16) T Gallagher	7 10-9	J Quinlan	106	GF
-PP STRA	NGSMILL (16	6) Sheila Lewis 1	10 10-9	C Ring (3)	-	-
653 HAHA	DI (24) David	Dennis 7 10-7 (I	F) S Tv	viston-Davies	112	S
UU3 HILLV	IEW LAD (4	4) Sheila Lewis	11 10-0	B Poste	-	-
406 BOUT	AN (33) Grace	Harris 6 10-0 ((BF)	. M Hamill (3)	111	G
68P VERE	INA (33) Olive	er Greenall 4 10-	·0Ro	ss Turner (5)	105	GF
TTING: 3 Hahadi, !				Calarules, 8 I	on J	uar
Gouet, Boutan, 12	2 Lissycasey,	, Delirious Lo	ve.			

4.25 EDDIE MAPP MEMORIAL GRASSROOTS HUNTERS'

11 VIRAK (23) Mrs R Loxton 10 12-4 (C0) (SF)...Miss Natalie Parker (5) •127 G

12 10 NOW BEN (16) Philip Rowley 11 11-10 (CD) Mr Alex Edwards 111 GS BETTING: 1-3 Virak, 9-4 Now Ben

5 OO PERROTT PROPERTIES LTD INTERMEDIATE OPEN NH

J. WFLAT RACE (4) 2m Winner £3,899 (5 run)			
9 FAIR TO DREAM (43) S-J Davies 6 11-2 C Hammond (3) !	91	S
NIGHTBOATTOCLYRO David Dennis 5 11-2 (F) S Twiston-Davie	S	-	-
JAUNTY VIKING B Eckley 4 10-11 J Quinla	n	-	-
623 FRICKA (14) A Carson 6 10-9 G Carson (10) 📵 (17	G
532 BERGAMOT (19) D Skelton 4 10-4 (SF) Bridget Andrew	s 1	15	G
ETTING: 5-4 Bergamot, 11-8 Fricka, 8 Jaunty Viking, Nightboattoclyro, 33 Fai	r To D	rea	m.

MOBILITY (SALES)





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SNOOKER

WORLD CHAMPIONSHIP FROM THE CRUCIBLE



BY **HECTOR NUNNS**

LUO HONGHAO is officially the worst player in Crucible history after being whitewashed by Shaun Murphy yesterday.

The 19-year-old tour rookie was making his debut at the Betfred World Championship in Sheffield.

But Honghao, a talented musician who could have been a concert pianist, hit all the wrong notes against former world champion Murphy.

It was only the second time that a player had failed to register a single frame at the iconic venue. In 1992 John Parrott beat veteran Australian Eddie Charlton 10-0.

And it also smashed the record for the lowest points total scored in any

Crucible match. Luo managed just 89 points less than half of the 191 by former binman and maggot-farm worker Danny Fowler in a 10-1 loss to Stephen Hendry in 1993.

And he even left the arena with the lowest-ever high break in a match of just 25.

After his dream debut turned into a nightmare, Luo said: "It is a bit like playing the piano. You can practise, but the big performance is very different.

"I was so nervous coming to the Crucible, I found it hard to concentrate because of the crowd being so close and the lights.

"I wasn't comfortable, and I think that is one of the reasons I have become the first player not to win a frame for so long. It was

obviously the first time I had played at the Crucible, which was my dream.

"It was like nothing I had ever experienced, even playing Ronnie O'Sullivan this season.

"It makes me want to work harder, improve my game and technique. I am not good enough yet and they are still too strong. If I get back, I will be better.

"Shaun said to me don't be sad, and keep going and working hard."

Murphy, impressive after

MATCH FACTS HONGHAO **MURPHY** 89 928..... Total points... Balls potted. 31Pot success...... 66% 94%. 68%..Long pot success.22% 89%.... Safety success.... 69% .. High break...

a poor season, said: "I it off and be inspired to really hope it doesn't crush improve. him, I remember losing on my debut 10-4 to Stephen Hendry and that felt bad.

"So it's about him as a person, does he want to be just a tour pro, or does he want to be a winner? And if he does, and I think so, he will learn from it, shrug

After the terrible season I have had, never in my wildest dreams would I have thought I could come

here and win 10-0. "I showed him all respect throughout because he has had a great rookie season. For a firstyear pro to get to the

. Crucible is amazing. "And I think he will really do some damage in the years to come, a great player in the making. But this place can do funny things to you, especially on a debut.

"Going out today at 9-0, I couldn't avoid the possibility of the whitewash, it's all anyone was talking about and all over social media. But for me, I felt like Shaun Murphy again out there."

CRICKET TWENTY20

ASHTON TURNER set an unwanted record after he became the first player in Twenty20 cricket to make five successive ducks.

The middle-order Australian batsman (right) has been out first ball in all three of his Indian Premier League innings this season.

His previous Twenty20 innings before his spell with

the Rajasthan Royals saw him fall without scoring for Australia against India in February, which was preceded by another scoreless innings in the Big Bash League for Perth Scorchers against Sydney Strikers.

Turner, 26, has played in three ODIs for Australia where he averages 62.50 and five T20s



CYCLING TOUR OF THE ALPS

JOY GEO

TAO GEOGHEGAN HART sprinted to the first victory of his career as he won the opening stage of the Tour of the Alps.

The Londoner (right), 24, edged out Alexander Aranburu and Roland Thalmann at the end of the 89.5mile ride around Kufstein, Austria. Team Sky team-

sixth. It is Team Sky's last race with their current sponsor before Ineos

takes over on May 1. "I'm really happy to take my first professional win,"

Geoghegan Hart said. "I've been trying for two-and-a-half years as a pro."

RUGBY LEAGUE

Zak ends Warriors' sorry run

Salford 26 Wigan 30

BY JULIE STOTT

ZAK HARDAKER stopped the rot of three successive Wigan defeats with a dramatic late winner.

But Salford have only themselves to blame for gifting Hardaker (left) his try after they

allowed a George Williams high kick to bounce. They were just four minutes away from backing

up their surprise Good Friday thrashing of Warrington Wolves, to the annoyance of coach lan Watson.

He said: "We should see that game out, but errors and some lack of individual concentration came to bite us again."

Relieved Wigan coach Adrian Lam said: "We made it tough for ourselves but a bit of brilliance by George and Zak got us home."

ROUND-UP

BY GARETH WALKER

SAM TOMKINS played another key role as Catalans Dragons completed a perfect Easter by beating Castleford 37-16.

Tomkins made it 35 personal points for the holiday period with a try and six goals from as many attempts, while prop Julien Bousquet touched down twice.

It keeps Steve McNamara's side in touch with the top five and opens up a four-point gap with the bottom half of the table.

Hull KR's miserable Bank Holiday weekend was compounded by a 54-6 thrashing at home to Warrington, meaning Tim Sheen's side has shipped a shocking 110 points in the space of just four very poor days.

And Leeds' struggles continue after they lost 26-24 at under-strength Wakefield, who had a try from debutant Lee Kershaw as they move up to third.

London Broncos stay bottom on points difference after a late Jermaine McGillvary try and a disallowed Alex Walker effort soon after saw them lose 24-19 at Huddersfield.



JUST FLYING Holbrook hails his leaders after 11-try blitz of Hull

St Helens 62 Hull FC 16 BY **GARETH WALKER** Rugby Lge Correspondent

@garethwalker



JUSTIN HOLBROOK believes St Helens are better placed for a sustained title bid this season than they were 12 months ago after Jonny Lomax steered them to a thumping win.

Kevin Naigama scored four tries and Adam Swift three as the leaders followed comprehensive victories over Warrington and Wigan with another impressive display.

Holbrook's side finished six points clear at the summit last term but lost in the semi-finals of both major competitions.

They have again led from the front this time, but with Lomax combining superbly with James Roby and the inform Lachlan Coote, look a better balanced team than the class of 2018.

Holbrook said: "We seem to be controlling games really well, that's

probably the main difference. Last year coach Lee Radford said: "Opposition. from my point of view we flew out of the block in round one and tried to maintain that.

"I said we would start slower and get better, mainly due to a few new players, and some of them were itching to step it up in January.

I wanted to start the season well and was confident we would, but I knew our combinations would get better and that's been the case."

Holbrook hailed Lomax's performance as one of the best he has seen by a halfback, and also praised young prop Matty Lees, 21, after he played 70 minutes following an ankle injury to Luke Thompson.

For Hull this was a major dip on a rollercoaster Easter weekend, having hammered city rivals Hull KR on Good

between the contrasting displays,

Asked what was the main difference

If that's the top two then we've clearly some work to do.

That's the second time we've played the top two this year and the clear dominance in the middle has been astoundingly worrying."

Radford's side started the game brightly, scoring twice in the opening stages through Joe Westerman

and Carlos Tuimavave to lead 10-0.

But by half-time they were 20 points behind as Lomax took control.

The Saints half-back scored twice himself and had a hand in tries to Naiqama (left) and Swift, before full-back Coote strode over.

Jez Litten's try seven minutes after the restart briefly hinted at an unlikely Hull revival, but the visitors conceded six tries in the closing half hour, Swift and Naiqama completing their hauls and youngster Jack Welsby also crossing.

RUGBY UNION



DYLAN HARTLEY'S long-awaited rugby comeback is being pencilled in for Saturday week.

England's co-captain has not played since December 21 due to what Eddie Jones termed a "grumbly knee", which required surgery in February.

There were fears the Northampton hooker, who has made just eight Premiership appearances in 2018/19, would not play again this season.

But Saints boss Chris Boyd revealed that Hartley (above) is earmarked to return against Worcester at Franklin's Gardens on May 4.

Boyd said: "He's not very far away now and latest medicals say he could be available for Worcester.

'Time will tell, but he's been really positive around what he's been able to do post surgery. He's been working bloody hard and there's plenty of his sweat on the floor."

Hartley, 33, is England's senior player with 97 caps as well as their most successful-ever captain in terms of win-loss ratio.

With Lions hooker Jamie George enjoying an excellent campaign, Hartley has been missed less for his playing ability than his leadership.

World Cup winner Paul Grayson feels Hartley has a big leadership role to play going forward.

"England never won a Grand Slam without Martin Johnson, Matt Dawson and Lawrence Dallaglio," he said. "They lost games when one of those three wasn't in. That balance took them to a World Cup.

Assuming Hartley emerges unscathed on his return, Jones has four World Cup warm-up matches in late summer to reintegrate him prior to the tournament in Japan.



BY **ALEX SPINK**

SHAUN EDWARDS has told Wasps he will not be rejoining them because he wants to stay in international rugby.

The Wales defence coach (above) was expected to move in the summer but Wasps boss Dai Young last night ruled that out.

"We've had clarification from Shaun that he's probably looking to stay in international rugby," said Young. "Shaun coming here, that doesn't look like it's going to happen.

"We've very recently had confirmation from Shaun that he's likely to be staying in international rugby and won't be looking to come to us in the short term."

Edwards is set to remain with Wales after the World Cup as one of two defence coaches working with Wayne Pivac, who will succeed Warren Gatland as head coach after the tournament in Japan.

TODAY: April 23

ON THIS DAY: 2009



Roy Keane was appointed Ipswich manager on a two-year contract. He was sacked 20 months later.

1962: The career of racing driver Stirling Moss ended when he crashed his Lotus-Climax at 110mph during a Formula One race at Goodwood. He sustained a broken leg, broken ribs and serious head injuries.

1983: Cliff Thorburn recorded the first maximum 147 break in snooker's World Championship at the Crucible. 1986: Former England cricketer Jim Laker died, aged 63. His record of taking 19 wickets in one Test match. against Australia in 1956, still stands. 2013: Sarah Stevenson, GB's most successful taekwondo fighter and a two-time world champion, retired.

BACK PAGE: 2003

MANCHESTER UNITED boss Sir Alex Ferguson called on his side to summon the spirit of the Nou Camp to overcome Real Madrid in the Champions League quarter

final. United famously won the Treble in 1999 thanks to two late goals in the final in Barcelona. And they needed to overturn a 3-1 deficit to get

past Real. In the end United won a dramatic return leg 4-3, but a hat-trick by Brazil striker Ronaldo saw Real through 6-5 on aggregate.

SPORT ON TV

FOOTBALL: Premier League,

Tottenham v Brighton - Sky Sports, 7.30pm.

SNOOKER: World Championship -BBC Two & Eurosport 1, 10am. TENNIS: WTA, TER BNP Paribas Istanbul Cup - BT Sport 2. 9am: Porsche Tennis Grand Prix in Stuttgart - BT Sport 1, 10.30am. CYCLING: Tour of the Alps -Eurosport 2, 1pm.

QUICK QUIZ

1 Snooker player Judd Trump is from

which UK city? 2 Thomond Park is the home ground of which Irish rugby club? 3 Who scored the only goal in Chelsea's win over Manchester United in the 2018 FA Cup Final?

4 What is the nickname of **Warwickshire County Cricket** Club's 50-overs team?

5 Which golfer won the Masters in 2017 - his first Major title at his 74th attempt?

5 Sergio Garcia ◆ The Bears; 3 Eden Hazard;

1 Bristol; 2 Munster Rugby;



FROM **DAVID ANDERSON** Boxing Correspondent in New York

@MirrorAnderson

AMIR KHAN admits his wife Faryal will be upset he is carrying on fighting.

Faryal hates Khan boxing and hid away in her hotel room during his defeat to Terence Crawford at Madison Square Garden.

She dearly wants him to quit because she is worried for him. She longs for him to spend more time with her and their daughters, Lamaisah and Alayna.

Khan understands her concerns and was not relishing telling her he cannot hang up his gloves just yet.

"I know she's going to be upset," said Khan, his face badly marked, as he sat in his hotel suite overlooking the Garden.

"She hates me fighting,

she's always said it. She's time always afraid. She says the worst time is when I fight. She turns off her phone and

Khan knows he puts his family through hell when he fights, but says it would be a mistake to retire before he is ready.

"I give my family a heart attack every time I fight and they hate me fighting," he said.

"But it just has to be me for this one time in my life and then after that I can spend the rest of my life with

"I know it hurts them and upsets them, but it's what I'm good at. I have to be ready to finish. I don't want to finish thinking, 'Could I have fought again?'

"You have to do it at the right time, it has to be a solid

"Retiring at the wrong

would haunt me. I don't want to retire and then

come back. When I call it a day, I'll call it a day." Khan (above with his wife

Faryal) knows his eldest daughter Lamaisah, who is four, will be upset by his cut and bruised face, but he feels hard work is. Everything I do

it is important she understands what he has to endure.

"Lamaisah gets upset when she sees the marks because she understands now and it's not nice," he said

"She's proud of me and I explain to her this is what is for them, I get hit in the face for them.

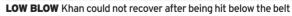
"I've been apart from her for three months, but she and Alayna will be sleeping with me now, cuddled up with daddy."

Khan, 32, is a free agent after his promotional deal with Matchroom ended and says he is only interested in having "one or two more big fights"

He will stick with Virgil Hunter, even though his trainer controversially ruled he was too hurt to continue against Crawford because he suffered a low blow.

"I'm too old to make another big move, to go to a new trainer and start learning new things," said the former unified lightwelterweight champ.

"Virgil knows me well, I like him, I like what he does. He looks after me and treats



NBA PLAYOFFS

WARD'S 20 PLENT

GORDON HAYWARD racked up 20 points as Boston beat Indiana Pacers 110-106 for a series sweep and be the first team to reach the NBA playoffs' second round. Hayward (right) added

three rebounds and two assists as the Celtics came from behind to take a first 4-0 series win in eight years. Golden

State Warriors are one win off clinching a first-round playoff series after beating Los Angeles Clippers 113-105.

Portland Trail Blazers have a 3-1 series lead after a 111-98 win over the Oklahoma City Thunder. Toronto Raptors closed on the second round with a 107-85 win over Orlando Magic.



TENNIS FEDERATION CUP

ANNE KEOTHAVONG believes Great Britain's Fed Cup success indicates a good summer ahead for her women stars.

A 3-1 victory over Kazakhstan at London's Copper Box earned Britain promotion to World Group II of the competition for the first time since 1993.

Johanna Konta (left) claimed comeback victories over Zarina

Diyas and Yulia Putintseva, while Katie Boulter secured the winning point against Divas.

Captain Keothavong said: "This should be used as a springboard for bigger and better things for all the players.

"For British women's tennis it's great that we have the strength in depth and they need to use it in a positive way."

CRYSTAL PALACE

RESULTS AND FIXTURES

FOOTBALL
PREMIER LEAGUE
CHELSEA (2) 2 BURNLEY (2) 2 Name 12 Hendrick 8
Higuain 14 Barnes 24
SKY BET CHAMPIONSHIP
ASTON VILLA (1) 1 MILLWALL (0) 0
Kodiia 30 Kodjia 30 BLACKBURN (1) 2 BOLTON (0) 0 Att: 14,495 BLACKBURN (1) 2 Brereton 30 Armstrong 50 BRENTFORD (1) 2 Maupay 45 Canos 62 DERBY (0) 2 LEEDS (0) 0 Att: 11,580 QPR (0) 0 Wilson 90+4, 90+11 HULL (0) 0 Att: 25,986 SHEFF UTD (3) 3 McGoldrick 10, 22 IPSWICH (0) 0 SWANSEA (0) 1 Att: 17,247 Routledge 57
NOTTM FOREST (1) 3 MIDDLESBRO (0) 0
Lolley 39 pen, 85 Att: 27,653
Milosevic 64
READING (0) 0 WEST BROM (0) 0
Att: 17,255
ROTHERHAM (1) 1 BIRMINGHAM (0) 3
Crooks 22 Maghoma 56 WEST BROM (0) 0

Maghoma 56 Jota 63 Mrabti 90 Crooks 22 Att: 10,703 SHEFF WED (2) 2 BRISTOL CITY (0) 0 Bannan 17 Att: 23,998

SHEFF WED (2 Bannan 17 Lucas Joao 39 STOKE (0) 2 Williams 47 Edwards 69 Att: 25,487 WIGAN (1) 2 Clarke 11 Evans 68 NORWICH (1) 2 Hernandez ∠ Pukki 66 PRESTON (0) 0

SKY BET LEAGUE ONE BLACKPOOL (1) 2 Spearing 31 pen Delfouneso 90 FLEETWOOD (1) 1 Att: 11.713 BRADFORD CITY (1) 1 GILLINGHAM (0) 1

BRISTOL ROV (0) 0 ROCHDALE (0) 1 Att: 8,516 Hamilton 82 CHARLTON (1) 4 SCUNTHORPE (0) 0

Dijksteel 24 Att: 11,973 Aribo 57 Vetokele 63, Taylor 66 PETERBORO (0) 1 SUNDERLAND (0) 1 Godden 90 Att: 11.277

PLYMOUTH (0) 0 Att: 10,898 BARNSLEY (3) 3 Woodrow 15 Att: 10,898 Woodrow 15
Brown 21
Mowatt 28
PORTSMOUTH (0) 2 COVENTRY (1) 1

Naylor 66 Hiwula-Mayifuila 9
Pitman 83 Att: 18,884
SHREWSBURY (2) 2 OXFORD UTD (1) 3 Norburn 17 pen Docherty 40 Att: 7.189 SOUTHEND (1) 3 BURTON (0) 2 BURTON (0) 2 Brayford 60 Harness 86 Att: 6,169 WALSALL (0) 0 Att: 5,595 D L F A Pts 12 5 84 37 90 13 6 77 36 88 11 7 79 46 86 18 3 77 42 84 Mantom 18 Bunn 48 Dieng 77 WYCOMBE (O) 1 McCarthy 54

Doncaster. 43, 19, 12, 12, 71, 54, 69
Peterboro 43, 18, 12, 13, 65, 56, 66
Coventry 44, 18, 10, 16, 53, 51, 64
Blackpool 44, 15, 17, 12, 49, 47, 62,
Blackpool 44, 15, 17, 12, 49, 47, 62,
Gulfingham 44, 16, 12, 16, 63, 53, 60
Oxford Utd 44, 15, 14, 15, 55, 59, 59
Fleetwood 43, 15, 12, 16, 56, 50, 57,
Gillingham 44, 14, 10, 20, 58, 70, 52
Bristol Rov 44, 12, 14, 18, 45, 49, 50,
Bristol Rov 44, 12, 14, 18, 54, 59, 50
Bristol Rov 44, 12, 14, 18, 54, 55, 58
Bristol Rov 44, 12, 14, 18, 54, 56, 56, 50
Accrington 43, 12, 12, 19, 43, 64, 48, 41, 10, 23, 46, 71, 43
Bradford (R) 44, 12, 10, 12, 32, 46, 71, 43
Bradford (R) 44, 10, 7, 27, 46, 75, 37
SKY BET LEAGUE TWO
BURY (1), 3
Stokes 39

Williams 27

William

Stokes 39 Att: 4.407 Mayor 65

CRAWLEY (1) 1 NOTTS CO (1) 1 Mackail-Smith 8 Att: 2.800 FOREST GREEN (0) O CAMBRIDGE (0) O

GRIMSBY (0) 1 CARLISLE (0) 0 Grayson 90 LINCOLN (0) 0 Att: 3,647 TRANMERE (0) 0 Att: 9,658 Macclesfield (0) 0 Newport (0) 0 Att: 2,269 **MK DONS (0) 1** PORT VALE (0) 1 Wheeler 52 Att: 8.386 MORECAMBE (O) 4 CHELTENHAM (O) 0 Oliver 49 Att: 3,066 Oliver 49 Ellison 53 Lavelle 81 Collins 85 OLDHAM (1) 3 MANSFIELD (0) 2 Nepomuceno 29, 67 Maouche 56 Walker 60 Bishop 76 EXETER (1) 1 STEVENAGE (1) 1

Δtt· 3 195 SWINDON (0) 0 Doughty 63 pen Att: 6.107 CREWE (0) 0 Porter 3, 45 COLCHESTER (0) 1 Eastman 75 YEOVIL (0) 1 Gray 53 Att: 3.370

VANARAMA PREMIER
Aldershot 2 Havant & W O,
Barnet 1 Bromley 1, Barrow 1
Hartlepool 0, Braintree 2 Dag &
Red O, Chesterfield 3 Boreham
Wood 2, Eastleigh 2 Maidenhead
O, Ebbsfleet 0 Dover 1, Halifax 2
Wrexham 1, Harrogate 2
Gateshead 0, Salford 0 AFC
Fylde 1, Solihull 0 L Orient 0,
Sutton 2 Maidstone 2
VANARAMA NORTH

VANARAMA NORTH Telford O Alfreton O, Altrincham Hereford 1, Boston 2 Ashton 1, Bradford PA 1 York 3, Chester O

Hereford 1, Boston 2 Ashton 1, Bradford PA 1 York 3, Chester 0 Brackley 0, FC United 1 Blyth Spartans 2, Guiseley 1 Darlington 0, Leamington 3 Nuneaton 0, Southport 2 Kidderminster 2, Spennymoor 1 Chorley 0, Stockport 2 Curzon Ashton 0 VANARAMA SOUTH Bath 1 Oxford 0, Chelmsford 0 Wealdstone 3, Concord 2 St Albans 1, Dartford 2 Billericay 1, Dulwich 1 Woking 3, E Thurrock 4 Welling 1, Gloucester 3 Chippenham 2, Hamp & Rich 2 Truro 2, Hemel 0 Weston-S-M 2, Slough 1 Eastbourne 1, Torquay 0 Hungerford 1

RUGBY LEAGUE

BETFRED SUPER LEAGUE**

CATALANS (12) 37 CASTLEFORD (4) 16 HUDD'FIELD (12) 24 BRONCOS (8) 19 HULL KR (6) 6 WARRINGTON (18) 54 ALEODIO (12) 24

HULL KR (6) 6 WARRINGTON (18) 54
SALFORD (6) 26 WIGAN (14) 30
ST HELENS (30) 62 HULL (10) 16
WAKEFIELD (12) 26 LEEDS (12) 24

SALFORD (6) 26
ST HELENS (30) 62
WAKEFIELD (12) 26
SNOOKER
WORLD CHAMPIONSHIPS
Sheffield, 1st Round (selected)
S Murphy (Eng) bt L Honghao
(Chn) 10-0, J Higgins (Sco) bt M
Davis (Eng) 10-7
DARTS
PDC GERMAN DARTS GRAND
PRIX, Quarter-final: M Van
Gerwen (Ned) bt T Evetts (Eng)
6-5, R Cross (Eng) bt M Suljovic
(Aut) 6-5, M Hopp (Ger) bt K
Sedlacek (Cze) 6-5, S Whitlock
(Aus) bt J Cullen (Eng) 6-1
Semi-final: M Van Gerwen (Ned) bt R
Semi-final: M Van Gerwen (Ned) bt R
Semi-final: M Van Gerwen (Ned) bt R Cross (Eng) 7-1, S Whitlock
(Aus) bt M Hopp (Ger) 7-6
BASKETBALL
BBL CHAMPIONSHIP
London Lions 84 Cheshire 88
SPEEDWAY
PREMIERSHIP
Peterborough 45 King's Lynn 45
TODAY'S FIXTURES
FOOTBALL
(7.45pm unless stated)

FOOTBALL

FOOTBALL
(7.45pm unless stated)
Premier League
Tottenham v Brighton
Watford v Southampton
Sky Bet League One
Doncaster v Accrington Stanley
Luton v AFC Wimbledon
Scottisc Champingship

Scottish Championship Ayr v Partick CRICKET Royal London One-Day Cup (11am)

Group A Edgbaston: Warks v Notts Group B
Bristol: Gloucestershire v Kent
Ageas Bowl: Hants v Middlesex
The Oval: Surrey v Essex

MYTOUGH TOUGH 358 DAYS

> Goal-starved Christian has a resurrection at Easter

BY MIKE WALTERS @MikeWaltersMGM

CHRISTIAN BENTEKE emerged from 358 days of purgatory with a droughtbusting goal and admitted: "It's been a tough, tough

The Belgian target-man hit the bullseye for the first time since April 28 last year in Crystal Palace's shock 3-2 win at Arsenal on Sunday.

And Benteke, a £27million dud since his move from Liverpool to Selhurst Park three years ago, was also involved in livewire Wilf Zaha's goal at the Emirates.

Left out of Belgium's World Cup squad by manager Roberto Martinez last year because of his deteriorating form, Benteke hinted on Easter Sunday that his international resurrection might just be imminent.

He said: "I'm really happy and really pleased to get back

the on scoresheet. It's been a tough, tough year for me, first with injury and then with having to

wait my turn. I'm not someone who shows emotion, but inside I was realy happy with myself. I know what I'm capable of when I'm in form, when I'm 100 per cent fit."

Palace's win made them mathematically safe from relegation and left manager Roy Hodgson vowing to keep Zaha at the club in the summer.

Barely 24 hours earlier, the Ivory Coast winger had expressed his wish to discover broader horizons beyond south London, but it will take bids of £75m upwards to make Palace

The Eagles capitalised on the frailty of Arsenal defender Shkodran Mustafi, who was blamed for all three goals by former Gunners centre-back Martin Keown.

Mustafi crowned a hapless performance by being booked for diving – for the second time this season. Match Of The Day pundit Keown accused the German of "schoolboy stuff" and scowled: "Your work needs to be done on the training pitch, not during a game."

Comedian Jack Whitehall, a Gunners fan, tweeted: "I think the FA should look at that Mustafi dive and take retrospective action.

"I suggest a two-year ban."

LEAGUE ONE ROUND-UP

BRETT PITMAN'S late winner secured Portsmouth a 2-1 win over Coventry that kept them in contention for

automatic promotion.
Pitman said: "It feels like a big result - they all do at this stage of the season. It's a massive three points."

Barnsley remain second after a 3-0 win at Plymouth with goals from Cauley Woodrow, Jacob **Brown and Alex** Mowatt. Sunderland lost ground with a 1-1 draw at Peterborough. with Matt Godden cancelling Max

SO ZAHA



LINCOLN'S 0-0 draw with play-off hopefuls Tranmere sparked celebrations at Sincil Bank as Danny Cowley's side were confirmed as League Two

champions (left). ´ Mansfield's failure to beat Oldham means the And the Stags' 3-2

defeat at Boundary Park

on the back of a 3-1 home win against Northampton.

Notts County remain at the bottom after a 1-1 draw at Crawley, while fellow strugglers Yeovil and Macclesfield also drew.

County boss Neal Ardley said: "If we lose ground on the other teams, we're done for."

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Hull City O Sheffield United 3 CHRIS WILDER insisted that the champagne would stay on ice despite United taking another huge stride towards the Premier League.

Two first-half goals from David McGoldrick and another from Enda Stevens helped the Blades cement their grip on second spot, made even stronger by Leeds' later defeat.

United's fate remains in their own hands and four points from their remaining two games - at home to Ipswich on Saturday and a final day trip to Stoke - will be enough to end their 12-year top flight exile.

Boss Wilder said: "We're ticking boxes with the way we're playing but can't get ahead of ourselves. We've got to prepare for the next game."

Hull boss Nigel Adkins said: "We were tipped for relegation, so credit the players for taking us this far with a chance of the play-offs until today."

ounty 2 QPR 0

WELSH dragon Harry Wilson breathed life into Derby's play-off bid with an added-time double to send them back into the top six.

The on-loan Liverpool winger (above) scored from the spot on 94 minutes following Luke Freeman's challenge on Jayden Bogle.

And when the Rams broke away in the 11th minute of added time, there was Wilson to finish from a pass by Jack Marriott.

At the final whistle, County boss Frank Lampard raced on to the pitch to celebrate knowing his players now hold their destiny in their own hands with a game in hand on Middlesbrough and a trip to Bristol City this weekend.

Lampard said: "It is great for us and where it puts us in the table." Interim QPR boss John Eustace said: "I don't think it is a penalty, but we had lots of chances.'

Aston Villa 1 Millwall 0

ASTON VILLA'S history boys are in the Championship play-offs.

Jonathan Kodjia's goal gave them an incredible 10th successive win.

No Aston Villa team in the club's 145-year history has done that, not the European Cup winners, not the seven-times champions of England.

Boss Dean Smith said: "If you'd asked me if we would go on and win the next 10 games after the draw at Stoke in February I'd have said you are a little bit crackers.

"But my focus is still on getting promoted - we are hoping there are still five more games to go and we are hoping we can win all five."

The defeat leaves Millwall clinging to survival and boss Neil Harris said: "Our season will be defined by home games with Stoke and Bristol City.

'We have to make sure the Den is a strong, hostile place."

IPIONSHIP ACTION

DELAYI FARKE DE TRIOMPHE

But Norwich promotion a matter of time



Stoke City 2 Norwich City 2 BY **DAVE ARMITAGE**

DANIEL FARKE has told his players not to get cold feet after their promotion party was put on ice.

Norwich players fell to the turf in disappointment after Stoke denied them the victory they needed to go up, but Leeds United's defeat later in the day at Brentford means Canaries need just a point from their final two fixtures to reach the Premier League.

And even if they lose their last two games, they will surely still reach the promised land on goal difference.

Boss Farke went out onto the pitch to console his upset players and said: "I like the fact that they feel that way but it's not necessary.
"I told them that they are on

a 12-game unbeaten run and we are the league leaders.

"Sometimes you have to do it the hard way, but there are 23 clubs who would like to change position with us."

When Norwich took the lead through Onel Hernandez midway through the first half, the champagne was readied.

But the mood changed within a few minutes of the second half when Ashley Williams smashed home a header at the far post to haul Stoke level.

Sam Clucas should have done better with a 65thminute effort which cleared the bar and the home crowd were suddenly reinvigorated.

But a minute later, Norwich rocked them when Teemu Pukki (left) plundered his 28th League goal of the season, shaking off the attention of Williams to glance home.

Farke's delight was clear for all to see but his joy was short-lived – Hernandez slipped and gifted the ball to Tom Edwards, who drilled a right-foot shot past Tim Krul.

Stoke boss Nathan Jones lamented his side's sluggish first-half display.

Our plan was to go after them from the start but we didn't start doing that until the second half," he said.

Norwich scorer Pukki said: "It's disappointing but it's still in our hands. It's been a good journey so far and we just need to get over the line."

IPSWICH boss Paul Lambert has only chalked up three wins in 35 games but was "overwhelmed and quite emotional" by the fans cheering off his team.

The supporters also showed deadpan humour as they sang: "Que sera, sera, whatever will be will be. We're going to Shrewsbury, que sera, sera."

Wayne Routledge cracked home the winner for

Swansea after star man Daniel James hit the post. Ipswich striker Will Keane's also hit a post, while team-mates Toto Nsiala and Collin Quaner went close



Blackburn 2 Bolton 0 BOLTON are doomed to League One status already. and the odds of Phil Parkinson being with them next season look slim.

The travelling fans even turned on Parkinson with chants of "You're getting sacked in the morning.'

Ben Brereton struck his

first goal for Rovers on the half-hour, dashing hopes of Bolton improving on their miserable tally of just 11 points from 20 matches since Boxing Day.

And five minutes into the second half Adam Armstrong swept home the rebound from Joe Rothwell's effort.



Brentford 2 Leeds 0 BY PAUL BROWN

STUNNED boss Marcelo Bielsa name-dropped Tiger Woods as he refused to accept the pressure had got to Leeds.

But it would take a comeback as stunning as the golfing great's historic Masters triumph to rescue their automatic promotion dream after this.

Bielsa made a point of shaking hands with his players after goals from Neal Maupay and Sergi Canos left them three points off second-placed Sheffield United with two games left.

But he could not console winger Pablo Hernandez, who was in tears as the final whistle blew on United's

second defeat in a row, and fourth in seven games.

Leeds have suffered play-off heartbreak four times and never won promotion via that route.

But, if that's where they do end up, they will have only themselves to blame.

Bielsa said: "To paraphrase Tiger Woods, when you are fighting for something important you have pressure. When something important is at stake there is pressure.

"But this team was never affected by pressure.

"Now it's going to be difficult for us. It's the summary of our season.

"If we had more efficiency, we would have 10 or 12 points more. As

long as automatic promotion threatened, 10-man Wigan is still possible, we will try. But we know our opportunity was in these last two games.

Asked about the handshakes, Bielsa added: "I thought they were deserved. I wanted the players to know Lidentified with this.

"Pablo deserved to finish first or second, the whole team but especially him, so I understand how he feels."

After somehow losing at home to relegationon Good Friday, Leeds had no margin for error.

They started well, with Patrick Bamford missing an early chance

But at the other end Canos blazed over for Brentford before forcing Leeds goalkeeper Kiko Casilla into a decent save, while Leeds centre-back Pontus Jansson twice blocked shots from Maupay.

Then, the dagger. Canos

BRENTFORD: Daniels 7, Konsa 7, Jeanvier

(Clarke 64, 6), Cooper 6, Alioski 5 (Dallas 12, 6), Forshaw 6, Hernandez 6, Roberts 5

played a brilliant, defencesplitting pass down the middle and Maupay pounced to smash home.

Leeds came out firing after the break but they rarely troubled Bees keeper Luke Daniels

Brentford grabbed a second on the break through Canos, who benefited from a lucky bounce which helped the ball deflect past Casilla. And as Bees fans gleefully

sang "you're not going up,"

Leeds players slumped to their knees, heads bowed.

Brentford boss Thomas Frank, whose side won for only the second time in nine games, said: "I'm delighted with the win and the way we did it. It was well deserved."

TONY PULIS says Middlesbrough's next game is a 'must-win' fixture after their play-off bid suffered a massive blow at the City Ground.

"Forget our final game against Rotherham, the next match is Reading and we've got to win."

Pulis (above) faces a tough test to revive his injury-hit side at home to the Royals after yesterday's flop saw Boro slip out of the top six.

Joe Lolley lashed a penalty into the roof of the net for his 10th Championship goal of the season.

Alex Milosevic volleyed home before the deadly Lolley side-footed home the third into the corner.

Forest boss Martin O'Neill said: "It was our best performance of the season. We have sold a lot of season tickets for next season and this is the football they want to see."

Sheffield Wed 2 Bristol City 0 BARRY BANNAN'S wonder goal sent play-off hopefuls Bristol City tumbling

out of the top six. The Robins now face a showdown with the team that leap-frogged them yesterday, Derby County.

Bannan's stunning 30-yard shot into the top corner and Lucas Joao's calm chip over the keeper kept alive the Owls' own wafer-thin chance of making the top six.

Jay Dasilva hit a post and Famara Diedhiou and Josh Brownhill were denied by Wednesday keeper Cameron Dawson to cap a frustrating afternoon for the visitors

City boss Lee Johnson said: "It was an opportunity missed that's for sure. it is very disappointing."

Owls manager Steve Bruce said: "You won't get a pair of goals as good as that across any league. They were right up there."

g O West Brom O

BAGGIES confirmed their place in the play-offs despite making five changes to the side that beat Hull on Good Friday.

Both sides looked content to play out a draw - a point effectively makes Reading safe - and West Brom caretaker boss James Shan clearly had an eye on future fixtures. "The idea is to try to build momentum and that's not just about winning games - it's about performances," he said. "This was a big chance to utilise the squad.'

The Baggies went closest to lifting the boredom when Rekeem Harper hit the crossbar with a shot from outside the box (above).

Reading boss Jose Gomes said: "My experience is that until we are mathematically safe we cannot relax. We must keep the focus."

MATCH STATS

POSSESSION 63% SHOTS ON TARGET SHOTS OFF TARGET CORNERS **OFFSIDE** CARDS

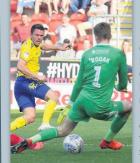
5, Sorensen 6, Odubajo 6, Mokotjo 7, Sawyers 7, Henry 6, MOTM Canos 9 (Marcondes 79), Maupay 8, Watkins 6 (Dasilva 87) LEEDS: Casilla 6, Ayling 5, Jansson 7

(Roofe 58, 6), Klich 5, Harrison 5, Bamford 5 REF: James Linington ATT: 11,580

PAUL COOK needed only one word to describe the way he felt after keeping Wigan in the Championship: "Shattered."

Last season's League One champions secured survival with goals from Leon Clarke (left) and Lee Evans, while Preston midfielder Ryan Ledson saw red for a flying lunge on Kal Naismith.

But Wigan boss Cook groaned: "I'm just tired. It's been a long season."



Rotherham 1 Birmingham 3 GARRY MONK praised his battling Birmingham as they sealed Championship survival and shoved Rotherham nearer an immediate return to League One.

Despite having nine points deducted for breaching EFL rules, the Blues secured safety with a stunning second-half comeback Matt Crooks claimed his third goal

in as many games with the 22nd-minute opener for the thirdbottom Millers. But City sparkled with goals from Jacques Maghoma, Jota and Kerim Mrabti (left), who scored his first for the club.

Monk said: "We changed tactically to win those second balls. We scored goals at the right moments and they were really good goals. It was a great reaction, great response."



BIG FAN Lascelles admires work of his boss Benitez

El to pay if the Toon lose Rafa

BY SIMON BIRD

JAMAAL LASCELLES has urged Newcastle to do everything to keep Rafa Benitez as manager.

The club skipper reckons their Spanish boss, 59, brings "perfectionist" ways and makes players want to impress him, even after three years in charge.

There is a feeling if he is allowed to shape a balanced squad with a budget of £50million a season plus profit from sales, the Toon could compete in the top eight.

Asked if it worried the players that Benitez might leave when his deal ends on June 30, Lascelles said: "Yes, of course it does. There aren't many managers like him.

"As players, we want him here and Newcastle should do everything they can to keep him. He's got all that respect off all the players, it brings a hard-working team and a hard-working team is tough to beat.

"As players, when you get a manager in for the first couple of days and the first week, you want to impress him so much.

"But with Rafa, that has staved for the whole time he has been here.

"I still want to impress him every single session, every single day.'

Fanfare is so Good

SEAMUS COLEMAN believes the return of the faith at Goodison Park has helped Everton's push for Europe.

After months of dissent and dissatisfaction, the atmosphere has been transformed, with fans finding their voice.

And results have been transformed, as Marco Silva's side ended a run of 26 games without beating a top-six side by smashing Chelsea, Arsenal and Manchester United.

Coleman said: "The fans and players have really been coming together at Goodison. The atmosphere has been great and it really helps the confidence.

TENHAM V BRIGHTON

KICK-OFF 7.45_{PM}



Already without Harry Kane for the rest of the season, Pochettino will be have Moussa Sissoko missing too.

The midfielder came off midway through last week's Champions League tie at City and will not have

to be fit, maybe for the next two weeks.

"Harry Winks we don't know because it is a problem one day very good, next day not very good, it is about assessing each day."

CHRIS HUGHTON has denied accusations that his Brighton side cannot stand the relegation heat. Seagulls, who visit Spurs tonight,

have won only two of their last 14 Premier League games to slip to within three points of the drop zone. And they have failed to score in their last five. But Hughton (left) said:

"Probably our poorest period came at the worst time, but that happens when you're playing in a division as difficult as this and when you are the level of club that we are."

THE LOWDOWN

TOTTENHAM: Lloris, Trippier, Sanchez, Vertonghen, Alderweireld, Rose, Skipp, Wanyama, Son, Eriksen, Moura BRIGHTON: Ryan, Montoya, Duffy, Dunk, Bong, March, Stephens, Kayal, Gross, Jahanbakhsh, Murray REFEREE: Chris Kavanagh HEAD2HEAD: Spurs 10 wins, Brighton 4 wins, draws 3 ODDS: Spurs 1/3, Brighton

their stadium, scoring seven goals and conceding none. None of Tottenham's last 67 Premier League games have ended 0-0 – the longest current such run in the division, and Spurs' longest ever run without a goalless draw in the competition. Brighton have failed to score in their last five Premier League games – the longest current run in the competition, and the jointlongest such run in total this season (Southampton also five). Spurs have not lost a Premier League hom e game on a Tuesday t 2007 (1-3 vs since Augu Everton), ing seven and nce then.

Tottenham have won all three of

competitions since moving into

their home games in all

"Now our energy is on Brighton.

10/1, draw 9/2



"I hope we keep getting the

same results, said the Spurs boss.

'Of course it's going to be very

"I hope and wish to keep the

Tottenham's semi-final

same results as the previous

opponents are another surprise

package, Ajax, with the first leg

players have come of age enough

'We're not thinking about

Ajax, like we showed at City," said

the Argentinian when Spurs gave

a decent second-half display

We showed there that we were

despite losing 1-0 last Saturday.

thinking of the Premier League.

to remain focused on the job in

hand against the Eagles and

not get carried away with their

Pochettino is confident his

next Tuesday at home.

European success.

helpful for us to play in our

stadium in front of our fans.

matches."

Watford v Southampton Vicarage Road, kick-off 7.45pm BY MIKE WALTERS

JAVI GRACIA has told his players he is not "obsessed" with working out the permutations required to finish seventh and take Watford into Europe.

But the Hornets' head coach (left) admits he was a maths geek at school - and

is smart enough to know three wins from their last four games could be enough to take the Premier League's 'best of the rest'

The FA Cup finalists are top of the table for results against teams outside the top six, and tonight's home game with Southampton presents Watford with the chance to go back into

seventh with just three games left.

Although three of their last four are at home, including a crunch date with Cup semi-final victims Wolves, Gracia said: "I am not obsessed with trying to work out how many points we need, or looking at the games other teams have to play - although I like maths a lot. The best mentality is

always to know we need the three points more than our opponents.

"I understand many people speaking about seventh position, but I don't want recognition - for me, the players, the club - only if we achieve that."

Winger Roberto Pereyra, who has missed the last two games, is fit and available again.

THE LOWDOWN

WATFORD: Foster, Femenia, Cathcart, Mariappa, Masina. Doucoure, Capoue, Hughes, Pereyra, Deulofeu, Gray SOUTHAMPTON: Gunn, Vestergaard, Yoshida, Bednarek, Valery, Hojbjerg, Romeu, Bertrand, Ward-Prowse, Ings, Redmond REFEREE: Mike Dean **HEAD2HEAD:** Watford 18 wins, Southampton 12 wins, ODDS: Watford 5/4 Southampton 12/5, draw 5/2

@StanCollymore



STAN COLLYMORE

The man who always speaks his mind

I WAS stunned Heung-Min Son didn't make the shortlist for the PFA Player of the Year award. And while I'm not dismissing the efforts of Sadio Mane and or Bernardo Silva, because both have had fine seasons, I'd have left one of those two out for the Tottenham man.

Unai needs to turn up the volume

IF you're fighting for a top-four finish and you lose at home to Crystal Palace then it says one thing about you: that the broken record Collymore has been playing for the last year is still the soundtrack of your club.

The quality Arsenal have is undoubted but they are the team equivalent of a confidence player.

They can put together a 10-game streak where they look amazing but then somethina happens and everything crashes around them.

Consistency has to be slowly injected back into this club and Unai Emery (above) seems to be doing that. He has made some positive signings and needs to be given the time he needs to get things back on track.

The fans have a part to play as well because they can also lack consistency.

And if they want their side to get back to the top of the tree then the passion and vibrancy off the pitch has to match it on it.

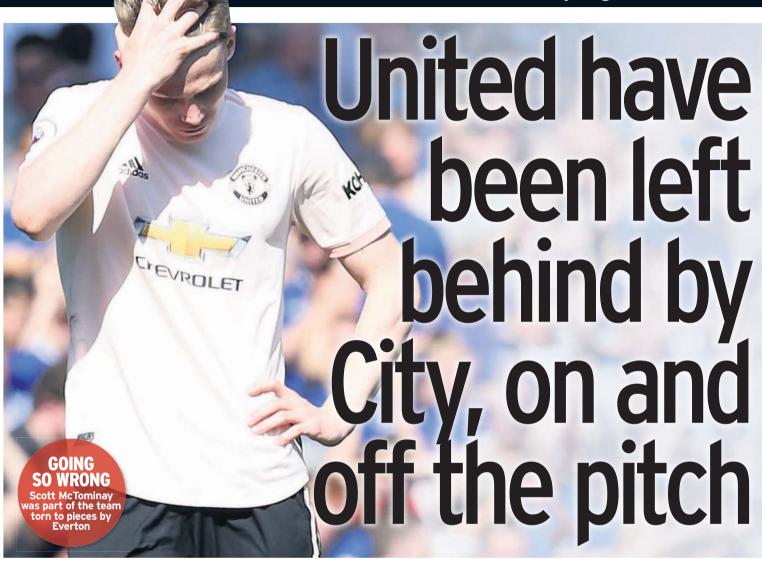
I know Tottenham have a new ground but 60,000-odd at the Emirates doesn't sound like 60,000odd down the road.

IF Wilfried Zaha were to move this summer then his best bet would be to join another London club.

That would put Arsenal, Chelsea and Tottenham in the frame and, if one of those clubs did sign him, I'd hope they'd give him the license Chelsea give Eden Hazard.

Zaha has the experience and football intelligence to drift into central positions and become a

If he is given that responsibility then he could go on and become one of the Premier League's outstanding attacking players in the next couple of years.



OLD TRAFFORD was the only stadium I played at, Wembley included, where I walked out for the first time and said, 'Suck it up, take it all in, because vou might not be here again'.

The famous old ground has a mystique about it like no other and can be a daunting place to go for any player.

The trouble is, mystique can disappear very quickly when things aren't going well and, certainly, Manchester City don't seem to have been cowed by the Old Trafford effect in recent seasons.

They have lost just twice in their last seven visits and, after seeing Manchester United demolished by Everton on Sunday, they will go there

tomorrow full of belief that they can add to the pain their neighbours have been feeling in recent weeks.

I played against two or three of the greatest teams in United's history and, if they were 10 out 10 then, the team which lost at the weekend were four out of 10 or five out of 10 at best.

That would worry me massively if I were a United fan, because they haven't been champions of England for seven vears and are two or three seasons behind City and Liverpool as things stand.

It isn't just at first-team level where United aren't doing as well as their rivals, though.

Delve a little deeper and you

will see they are being left behind in other areas. City and Chelsea are winning everything in the underage groups and women's football, and if United really are still the biggest club in the country then they need to be at the forefront in those areas too.

United have had a fantastic tradition of bringing young players through the ranks, but how many of the likes of David Beckham, Paul Scholes and Nicky Butt have they nurtured in recent seasons?

Executive vice-chairman Ed Woodward has clearly realised United need to appoint a director of football, or whatever title you want to give the right candidate.

But the name being mooted

Phelan, and I'm not sure he is the man for the job.

He has been a wonderful servant to United and many other clubs over a number of vears, but the role of assistantmanager or manager is very different from the role with which he is being linked, which is essentially about administration and the procurement of talent at every

Appointing him would just be a case of moving the soft furnishings around or fluffing the pillows rather than ordering the makeover that is so obviously needed.

There are plenty of strong candidates who have the qualifications required and

those two sides.

yesterday was that of Mike have been doing that role well on smaller budgets. Monaco, Borussia Dortmund, Atletico Madrid and Sevilla have punched well beyond their resources in recent years, so why not go for the men who have been key to that?

United should have people spotting the next gem such as Naby Keita or N'Golo Kante because they have the resources to do so.

For too many years now, the Reds have been following the curve instead of being ahead of it in every department.

And if they want to restore themselves to the position they have held for so long as England's grandest club, then they need to sort that out and fast.

I'm looking on Brighton side

THE relegation battle will go down to the wire and on the back of a couple of decent results for Southampton, it's going to be Cardiff or Brighton.

Neil Warnock (right) and Cardiff have the easier run-in on paper, but, by my reckoning,

Brighton's points on the board will see them squeeze home.

I have Cardiff taking a point at Fulham away, nicking a win against Crystal Palace at home and losing at Manchester United on the final day to finish with 35 points.

Brighton will lose at Tottenham, draw at home with Newcastle and Arsenal away then lose to Manchester City at home.

That's only two points from four games, but crucially it will take them to 36 and safety.



WE can put to bed the idea that Wolves are the greatest-ever promoted team. Their record against the bottom sides has for weeks suggested they weren't and now we know their points tally will not match the 77 points my old Nottingham Forest team won in 1994-95 or Kevin Keegan (right) and Newcastle achieved in 1993-94. Top 10, if Wolves make it, is decent, but it obviously doesn't match the third-placed finishes of



Kante 12, Higuain 14

CHELSEA KEPA Couldn't get close to either effort from which Burnley scored

EMERSON Should have been on hand to stop Barnes from scoring at back post 11117

Another tough night for the experienced old campaigner

CHRISTENSEN Not good enough with Burnley

better at set-pieces **AZPILICUETA** Twinkle-toed assist to tee up

Higuain's sizzling strike KANTF Cracking first-half finish to wipe out the Clarets' shock lead

JORGINHO Involved in the move for the second. The heartbeat

LOFTUS-CHEEK Unlucky to see a delicious, curling, first -half effort fly narrowly over

HA7ARD As always, the man who makes Chelsea tick

HUDSON-ODOI What a shame that his night was cut short by injury on 41 minutes HIGUAIN Powerful 14th-minute strike to put

Chelsea back in front SHRS.

Pedro (Hudson-Odoi 42) 6 Kovacic (Kante 45) 6 Giroud (Higuain 77) 6

PREMIER LEAGUE TABLE

	Р	W	D	L	F	Α	Pt:
Liverpool	35	27	7	1	79	20	88
Man City	34	28	2	4	87	22	86
Tottenham	34	22	1	11	64	35	67
Chelsea	35	20	7	8	59	38	67
Arsenal	34	20	6	8	68	43	66
Man Utd	34	19	7	8	63	48	64
Everton	35	14	7	14	50	44	49
Watford	34	14	7	13	49	49	49
Leicester	35	14	6	15	48	47	48
Wolves	34	13	9	12	41	42	48
West Ham	35	12	7	16	44	54	43
C Palace	35	12	6	17	43	48	42
Newcastle	35	11	8	16	35	44	4
Bournemouth	35	12	5	18	49	62	4
Burnley	35	11	7	17	44	62	4(
Southampton	34	9	9	16	40	57	36
Brighton	34	9	7	18	32	53	34
Cardiff	35	9	4	22	30	65	3
Fulham (R)	35	6	5	24	33	76	23
Hudd'field (R)	35	3	5	27	20	69	14

BURNLEY

HEATON Booked No real chance with either of the Blues goals to be fair LOWTON

Turned inside out by Hazard before the Belgian teed-up Kante TARKOWSKI

His 100th appearance for Burnley was a difficult one to say the least MEE Bamboozled by the footwork of

Higuain for the second goal **TAYLOR**

Too often he left space which Chelsea were able to exploit McNFII

Unable to cope with Chelsea's runs down the right

WESTWOOD Nice free-kick to start off the move leading to the second goal CORK

Lots of industry as the visitors fought their way back

HENDRICK Terrific early strike to stun the Bridge and put Burnley in front **BARNES**

Right place, right time to finish off a super move for the second WOOD

Blew chance to put his side in front after going clear on 50 minutes

SURS: None



POSSESSION 23% SHOTS ON TARGET SHOTS OFF TARGET 10 CORNERS **FOULS** CARDS

REF: Kevin Friend ATT: 40,642



BY DARREN LEWIS

Dyche's Burnley.

league matches.

finish.

staffs clashing.

claims another victim.

Never mind the Clarets'

three wins from their

previous three outings or

their 15 goals in their last 17

These were supposed to be

the three points that would

lift Maurizio Sarri's side above

Instead, they became the

third of the top-four

wannabes to blow it within 24

hours to leave Spurs, who

host Brighton today, as

masters of their own destiny

for a Champions League

Tempers flared towards the

Spurs into third place.

from the start after reaching the Europa League semifinals last week.

SO, squeaky bum time Within two minutes of kick-off, Eden Hazard's On this occasion it was a diagonal shot, through a Chelsea side that looked a crowd of players, was well shoo-in to see off Sean held by keeper Tom Heaton

Four minutes later, Hazard released Gonzalo Higuain down the left of the Burnley box and the Argentinian's flick appeared to be sneaking in at the back post - only for Ben Mee to hook it off the

line.

It looked just 🥻 matter of time before a goal would end, with referee Kevin Friend come. But when it sending Sarri down the did, the majority of tunnel and the rival coaching those inside Stamford Bridge vere stunned.

To be fair to Chelsea, they It was Burnley midfielder showed they meant business Jeff Hendrick who drew first

blood on eight minutes with a volley from the edge of the box so good it should have been preceded by a drum roll.

Hazard tends not to take kindly to being upstaged and just five minutes after that it was he who set up the equaliser. Clarets

full-back Matty Lowton was left in a heap as he tried and failed to close down the Belgian on the left of the box. And

Hazard rolled the ball into the path of N'golo Kante, the France midfielder swept it past Heaton. Soon after, Jorginho released Higuain whose footwork left Mee dazed and

confused.

Higuain traded passes with Cesar Azpilicueta before firing in off the bar for only

his fourth goal in 14 appearances since arriving in January.

Three goals inside the opening quarter-hour.

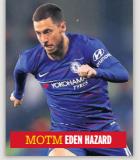
Surely from here Chelsea would go on to press home the advantage. It looked that way as Ruben Loftus-Cheek's curling effort only narrowly whistled past the angle of post and bar.

Yet in the 23rd minute, Burnley levelled again. From Ashley Westwood's free-kick, Mee headed into the six-yard box, Chris Wood flicked the ball onto the back stick and there was Ashley Barnes to score a superbly-worked goal.

To make matters worse for Sarri, Callum Hudson-Odoi limped off five minutes before the break with a suspected Achilles injury.

Kante failed to re-emerge after half time and was said to have been struggling with a back problem.

On this evidence it might be Chelsea's struggle to get back - into the Champions



MATCH STATS



PREMIER LEAGUE STAMFORD BRIDGE





Pat backed for Arsenal by Wenger

BY NEIL McLEMAN

ARSENE WENGER is backing Patrick Vieira to be a future Arsenal manager.

The Invincibles skipper was never offered a role at the Emirates under Wenger and started his coaching career at Manchester City and New York City,

Now 42, Vieira (above) has led Nice to eighth place in his first season as a Ligue 1 boss.

Wenger said: "I see him as the Arsenal coach one day because I think he is too young to go directly into international football. I think his life will go through club football.

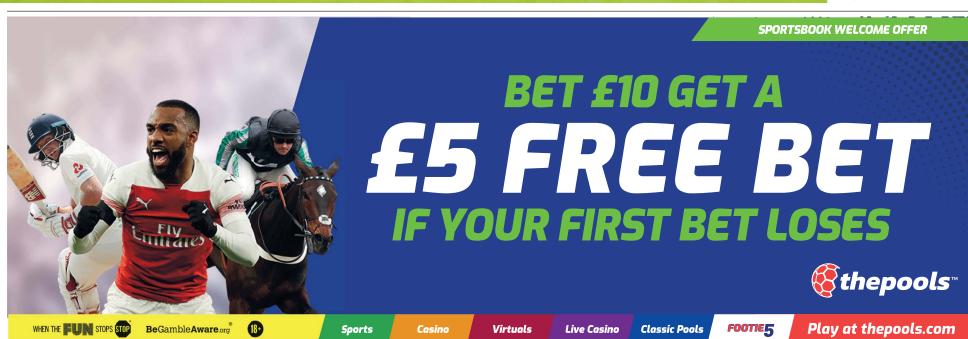
"He has constructed his career intelligently and patiently. He left when he was young, he went to New York, he is now in Nice and has taken time to mature and learn his profession.

"And something you can't give - he has a natural charisma, he is both elegant and authoritative.

"He has passed through a difficult time at Nice, but he showed no signs of weakness. It is in times of crisis you see the coach."

Vieira fell out with his former City team-mate Mario Balotelli, who left for Marseille in January.

"I expected him to act like a leader and he wasn't capable of doing it. We could not continue working together," said Vieira.







PLENTY TO THINK ABOUT

FROM BACK PAGE

disrespectful to Everton, but the way we played and the performance of myself, of the team, of everyone is disrespectful," said Pogba.

"We didn't respect ourselves, the club or the fans.

"Everything went wrong but the most important thing is the mentality that we put on the pitch - that has to change.

"What we did on the pitch is not respectful for the team-mates, for the staff, for the people, for the kitman, for everyone.

"For their work, they put their life on us, the team and this club. What we showed on the pitch, we did not give them the joy back and that's why we are angry with ourselves.

"We want to do better for sure and we have to. The reaction has to be there.'

Pogba is itching to put the record straight against City at Old Trafford.

'We are both in a race for something - them for the title and us for the Champions League for fourth or third place - so it is going to be a tough and a very important one," said the United midfielder in an interview with Sky Sports.

"I want to say to the fans - and I know it may not be enough - but the fans want a reaction from the players and the only way to apologise to them is to give everything on the pitch, do our best, create chances, score goals, defend, work for the team.

"We can even lose games, but with a good performance and pride.

"That's how we should apologise to the fans."

Ashley Young (above) added: "If we can't get up for the derby, there's something wrong.

"I've got confidence in every player we are going to be ready on Wednesday."

Milner was born in LEEDS, signed for them at 10, won trophies galore with MAN CITY and is a key man in Klopp's LIVERPOOL revolution but, for the first time in his life, he will cheer on the RED DEVILS tomorrow

HE was born in Leeds and signed for his local club at the age of 10.

He won the Premier League twice - with Manchester City, as well as the FA Cup and League Cup.

And for the last four years he has been an integral part of Jurgen Klopp's Anfield revolution that can taste a first Liverpool title in 29 years.

If any man has impeccable credentials to detest Manchester United, it is James Milner, a former and current employee of the three clubs

Old Trafford fans love to beat more than any others.

But tomorrow - for one night only -Milner quietly admits he will be supporting Manchester United.

Just don't ask him to actually watch them when they entertain Manchester City, in a game that may be Liverpool's best hope of finally rewarding their fans with the

Premier League

"It will be the first time in my life," Milner said when asked if he will be a United fan for the evening.

But he won't be cheering them on in front of his TV at home.

"I don't watch

them, to be honest," he said. "It's a bit of a waste of energy, isn't it - willing the ball into the goal and things like that. I can't do anything about it.

"Maybe İ'll put my phone away for a few hours and check it after. Maybe I'll go and grab some food or whatever."

Confidence may not be high that United will do them a favour after they got hammered on Sunday by Liverpool's other rivals, Everton.

"I don't want to start talking about that," said Milner. "Ĭ can't control it. I don't want to do a Kevin Keegan situation. between two good teams."

City face United, Burnley, Leicester and Brighton and know if they win all four they will retain an English league title for the first time in their

But Milner was in the City team when they won their first Premier League crown back in 2012 and they needed that stoppage-time winner from Sergio Aguero to see off QPR.

"United will be a challenge, but it's the old cliche - any game is tough in the Premier League, no matter who you

I'm sure it'll be a good game play," said Milner. "To try to on Sunday to go back to win a league title is not easy, whoever you play.

'Trust me, I know. Remember QPR? To beat anyone is tough when it is all on the line. 'We've still got some tough

games ourselves and we have to win those and keep the pressure up."

Liverpool have Huddersfield, Newcastle and Wolves to come with the clash against the Magpies their only away game remaining.

They have already surpassed their highest-ever points tally in the Premier League when they beat Cardiff

the top of the table with

If they beat Huddersfield on Friday they will have more points than Arsenal's 'Invincibles' team of 2004.

While if they get three points against Newcastle and Wolves, they will complete the campaign with 97 points and just one defeat – against City in January - all season.

But, despite currently leading City by two points, that will not be enough to end their wait for a title if their rivals also win all of their remaining four games.
"I think for a long time we

have had our head round the fact that we just need to win all our games, the former England midfielder added.

"And if we do that and it's not good enough, you have to hold your hands up and say, Well done City'.

'Of course it's frustrating that we could have one defeat all season and it might not be enough, but all we can do is win the rest of our games and put them under pressure."





PREM RUN-INS

MAN CITY Tomorrow Man Utd (a) Apr 28 Burnley (a) May 6 Leicester (h) May 12 Brighton (a) **LIVERPOOL**

Friday Huddersfield (h) May 4 Newcastle (a) May 12 Wolves (h)



UNITED WITH OLE Manchester United under Solskiaer

CAR	ETAKER	PERMANENT
19	Games played	6
14	Games won	2
2	Games drawn	0
3	Games lost	4
40	Goals	5
17	Goals conceded	12
244	Total shots	66
16.39	% Shot conv rate	7.58%
231	Shots faced	81
7	Clean sheets	0
429	Touches in opp be	ox 117
2.1	Goals per game	
0.9	Conceded per gan	
12.8	Shots per game	
12.2	Shots faced per ga	
22.6	Touches in opp. box pe	r game 19.5



United fans might not want Liverpool to win the title but they definitely don't want to lose to us... EVER

BY DAVID MADDOCK

THE idea that Manchester United fans WANT their team to lose to City tomorrow has become an enduring theme in recent months.

They would rather be relegated than hand the title to Liverpool, the narrative goes. Anyone but Liverpool.

Manchester City stars have heard the stories that their derby opponents will be urged by the Old Trafford faithful to roll over. They have been

told in the street by United fans they will be Blues for a night. Yet whatever

the United fans might want, the United players have only one thing on their mind heading in to tomorrow night's derby: to make up for the humiliations they have suffered at Barcelona and Everton in the past week.

City defender Kyle Walker is expecting a backlash from United players, no matter what Reds fans might wish for.

'United fans are in a difficult situation," he said. 'When I'm out and about or walking my dogs.

United fans are coming up to me saying, 'We'd rather City win the league than Liverpool.' It's strange to

hear but I can assure you the United players aren't going to leave a red carpet and say, 'Go on City, score past us.' They're going to make it difficult because it's a game of football and they're fighting for the top four."

But there is more up for grabs for United tomorrow than a place in the top four. Manager Ole Gunnar Solskjaer finds himself under pressure less than four weeks after being appointed permanent boss. His inability to inspire a clearly unmotivated squad is genuinely alarming.

United can't contemplate a repeat of Sunday's pathetic display at Goodison. And their players are the first to admit it. Juan Mata, who was an unused sub against both Barcelona and Everton, hinted at a malaise within the squad that must be addressed.

In a post on his blog entitled 'Honouring the shirt,' he wrote: "Just words aren't enough. There is only one way forward, to give everything for this shirt, for this club, and for all of you."

Keeper David De Gea, skipper at Goodison at the weekend, went a step further when he bluntly told his teammates the performance on Merseyside simply wasn't good enough for a United

"As captain, I want to say that the performance of the team today was not up to the standard expected when you pull on this shirt. We know that we have to improve but words mean little: we have to give everything for this club."

Walker saw last season what pride in the Red jersey can inspire - United prevented a title party for City at the Etihad with a shock comeback to win 3-2 there. And he expects a similar response tomorrow.

"We could have won it against them last season but they scored a couple of good goals and got the win," he said.

That was probably what every United fan wanted, with City not winning the title at the Etihad against United.

"But this is one for the fans, one for us to get closer to being champions.



HANDY Babel will attract

Babel up for grabs

BY **NEIL McLEMAN**

RYAN BABEL has put Premier League clubs on alert by revealing he will leave relegated Fulham in the summer.

The Dutch star has scored four goals and provided three assists since joining on a short-term deal in January. And Scott Parker wanted to offer the former Ajax and Liverpool star a new contract in the Championship next season.

But the 32-year-old, who helped Besiktas to the 2017 Turkish title, has decided he needs top-flight football if he wants to play in the Euro 2020 finals. "I have to make the right decision for my family and the future," he said. "I have enjoyed playing in the Premier League and I need to play top-flight football next season to be at the Euros.

"If I have the opportunity to stay in the Premier League, that would great. Staving in the Premier League would be my first choice. But there has to be interest and, at the moment, there is not."



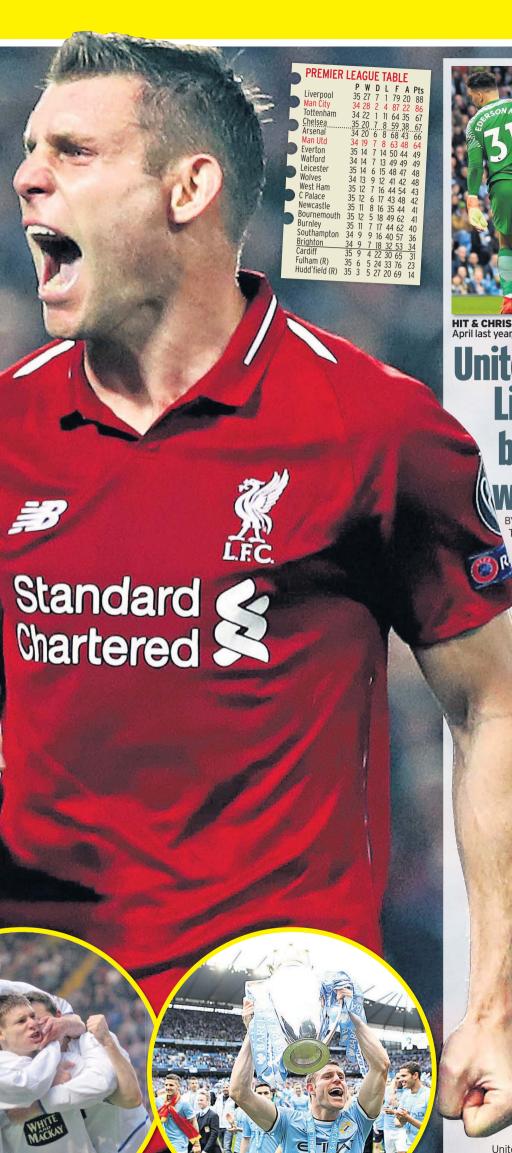
Battle on for Ryan

around £40million for the winger, who has been brought back into the side by caretaker boss Scott Parker (above) recently.

Tottenham have been tracking Sessegnon for some time and are favourites to land the winger, with boss Mauricio Pochettino a big fan.

But Manchester United, Liverpool and Paris Saint-Germain have also been linked with a player who will have only one year on his contract when this campaign ends.

Italian giants Juventus are also monitoring Sessegnon and will make a summer bid.





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tor Leeds leaves Norwich

JUVENTUS AND SPURS ARE ALL SET FOR SUMMER SESSEGNON JUVENTUS are ready to do battle with Tottenham this summer in the hunt for Fulham

starlet Ryan Sessegnon.

The 18-year-old (left) is certain to leave Craven Cottage this summer, with the club's relegation from the Premier League confirmed. Fulham though want





BY **DARREN LEWIS**

CHELSEA boss Maurizio Sarri was sent to the stands as emotions boiled over and visitors Burnley dented the Londoners' hopes of a top four place.

The Blues were desperate for all three points but were held by a brave Burnley side as they stuttered, and tempers flared in a dramatic finale.

Referee Kevin Friend had sent Sarri down the TOP OF THE PREMIER LEAGUE

tunnel before the final whistle and then coaching staff from both

P W D L F A Pts 35 27 7 1 79 20 88 34 28 2 4 87 22 86 34 22 1 11 64 35 67 35 20 7 8 59 38 67 34 20 6 8 68 43 66 34 19 7 8 63 48 64 Liverpool Man City Tottenham

ERI

MAN UTD **v** MAN CITY, TOMORROW, OLD TRAFFORD, KICK OFF 8.00PM

BY **DAVID MADDOCK** and **SIMON CASS**

PAUL POGBA insists Manchester United must apologise for their "disrespectful" defeat to Everton by beating Manchester City in tomorrow's derby.

United crashed to a 4-0 defeat at Goodison Park on Sunday - dubbed a rancid rancid performance - and prompted boss Ole Gunnar Solskjaer to say he would get rid of some of his players.

And Pogba (right) said they must make amends by damaging City's bid to retain the Premier League title.

Not to be disrespectfuland I am not

TURN TO PAGE 54

Pogba: Our body language and performances have disrespected the club, the fans, the red shirt (ESPECIALLY YOURS, PAUL!)





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